

## AFAA PROVIDER PROGRAM

Provider	Title	Course Type	CEUs	Expires On	Registration URL
[solidcore]	[solidcore] coach training – installment A	Workshop/Seminar	1.9	12/31/2025	<a href="https://www.solidcore.co/job-openings/">https://www.solidcore.co/job-openings/</a>
1996 Pilates Studio	Level 1 Reformer Pilates Instructor Training Course	Workshop/Seminar	1.9	12/31/2025	
3Waves Wellness & Marietta College	Mental Wellness Coach Training	Home Study	1.9	12/31/2025	<a href="https://www.credly.com/org/marietta-college/badge/certified-mental-wellness-coach-cmwc">https://www.credly.com/org/marietta-college/badge/certified-mental-wellness-coach-cmwc</a>
9Round Franchising LLC	9Round Kickboxing	Workshop/Seminar	0.5	12/31/2025	<a href="https://www.9round.com">9round.com</a>
9Round Franchising LLC	Kickboxing - Online Course	Home Study	0.5	12/31/2025	<a href="https://www.9round.com">9round.com</a>
A Fitness Education Online	4 Steps to a Successful Bootcamp (Level 1)	Workshop/Seminar	1.0	12/31/2025	<a href="https://fitnesseducationonline.com/fitnessbootcampmarketingcourse/">https://fitnesseducationonline.com/fitnessbootcampmarketingcourse/</a>
A Fitness Education Online	4 Steps to a Successful Bootcamp (Level 2)	Home Study	1.1	12/31/2025	<a href="https://fitnesseducationonline.com/fitnessbootcampmarketingcourse/">https://fitnesseducationonline.com/fitnessbootcampmarketingcourse/</a>
A Fitness Education Online	Battlerope Essentials	Home Study	0.5	12/31/2025	<a href="https://fitnesseducationonline.com/nasm-approved-ceu/">https://fitnesseducationonline.com/nasm-approved-ceu/</a>
A Fitness Education Online	Behaviour Change Essentials for Fitness Professionals	Home Study	1.1	12/31/2025	<a href="https://fitnesseducationonline.com/nasm-approved-ceu/">https://fitnesseducationonline.com/nasm-approved-ceu/</a>
A Fitness Education Online	Behaviour Change Essentials for Fitness Professionals Level 2	Home Study	1.1	12/31/2025	<a href="https://fitnesseducationonline.com/nasm-approved-ceu/">https://fitnesseducationonline.com/nasm-approved-ceu/</a>
A Fitness Education Online	Fitness Games for Bootcamp	Home Study	0.3	12/31/2025	<a href="https://fitnesseducationonline.com/nasm-approved-ceu/">https://fitnesseducationonline.com/nasm-approved-ceu/</a>
A Fitness Education Online	Foam Roller Essentials	Home Study	0.5	12/31/2025	<a href="https://fitnesseducationonline.com/nasm-approved-ceu/">https://fitnesseducationonline.com/nasm-approved-ceu/</a>
A Fitness Education Online	Kettlebell Essentials for Personal Trainers Level 1	Workshop/Seminar	1.0	12/31/2025	<a href="https://fitnesseducationonline.com/kettlebell-certification-nasm/">https://fitnesseducationonline.com/kettlebell-certification-nasm/</a>
A Fitness Education Online	Kettlebell Essentials for Personal Trainers Level 2	Workshop/Seminar	1.1	12/31/2025	<a href="https://fitnesseducationonline.com/kettlebell-certification-nasm/">https://fitnesseducationonline.com/kettlebell-certification-nasm/</a>
A Fitness Education Online	Mobility Essentials Level 1	Home Study	1.0	12/31/2025	<a href="https://fitnesseducationonline.com/product/mobility-certification/">https://fitnesseducationonline.com/product/mobility-certification/</a>
A Fitness Education Online	Mobility Essentials Level 2	Home Study	1.0	12/31/2025	<a href="https://fitnesseducationonline.com/mobility-certification/">https://fitnesseducationonline.com/mobility-certification/</a>
A Fitness Education Online	Nutrition Advice While Staying within Scope of Practice	Home Study	0.9	12/31/2025	<a href="https://fitnesseducationonline.com/nutritioncourseforpersonaltrainers/">https://fitnesseducationonline.com/nutritioncourseforpersonaltrainers/</a>
A Fitness Education Online	Nutrition Summit: What Fitpro's Need to Know About Nutrition	Home Study	1.3	12/31/2025	<a href="https://fitnesseducationonline.com/nutritioncourseforpersonaltrainers/">https://fitnesseducationonline.com/nutritioncourseforpersonaltrainers/</a>
A Fitness Education Online	ONLINE TRAINING ESSENTIALS: START TRAINING CLIENTS ONLINE	Home Study	1.1	12/31/2025	<a href="https://fitnesseducationonline.com/howtostartanonlinepersonaltrainingbusiness/">https://fitnesseducationonline.com/howtostartanonlinepersonaltrainingbusiness/</a>
A Fitness Education Online	Pregnancy Summit: How To Safely Train Pregnant & Post Natal Women	Home Study	1.4	12/31/2025	<a href="https://fitnesseducationonline.com/pre-post-natal-personal-training-certification/">https://fitnesseducationonline.com/pre-post-natal-personal-training-certification/</a>
A Fitness Education Online	Programming Essentials for Fitness Professionals Level 1	Home Study	1.0	12/31/2025	<a href="https://fitnesseducationonline.com/ceu-training-courses/">https://fitnesseducationonline.com/ceu-training-courses/</a>
A Fitness Education Online	Programming Essentials for Fitness Professionals Level 2	Home Study	1.0	12/31/2025	<a href="https://fitnesseducationonline.com/ceu-training-courses/">https://fitnesseducationonline.com/ceu-training-courses/</a>
A Fitness Education Online	Resistance Bands Essentials for Fitness Professionals	Home Study	0.9	12/31/2025	<a href="https://fitnesseducationonline.com.au/product/resistance-bands-essentials-for-personal-trainers-and-">https://fitnesseducationonline.com.au/product/resistance-bands-essentials-for-personal-trainers-and-</a>
A Fitness Education Online	SOCIAL MEDIA TRAINING FOR FITNESS PROFESSIONALS: FACEBOOK ESSENTIALS	Home Study	1.0	12/31/2025	<a href="https://fitnesseducationonline.com/fitnessmarketingcourses/">https://fitnesseducationonline.com/fitnessmarketingcourses/</a>
A Fitness Education Online	SOCIAL MEDIA TRAINING FOR FITNESS PROFESSIONALS: INSTAGRAM ESSENTIALS	Home Study	1.0	12/31/2025	<a href="https://fitnesseducationonline.com/fitnessmarketingcourses/">https://fitnesseducationonline.com/fitnessmarketingcourses/</a>
A Fitness Education Online	Suspension Training Essentials	Home Study	1.0	12/31/2025	<a href="https://fitnesseducationonline.com/nasm-approved-ceu/">https://fitnesseducationonline.com/nasm-approved-ceu/</a>
A Fitness Education Online	TRAINING FEMALES: LEVEL 1	Home Study	1.0	12/31/2025	<a href="https://fitnesseducationonline.com/pre-post-natal-personal-training-certification/">https://fitnesseducationonline.com/pre-post-natal-personal-training-certification/</a>
A Fitness Education Online	TRAINING FEMALES: LEVEL 2	Home Study	1.2	12/31/2025	<a href="https://fitnesseducationonline.com/pre-post-natal-personal-training-certification/">https://fitnesseducationonline.com/pre-post-natal-personal-training-certification/</a>
A Fitness Education Online	Training Menopausal and Perimenopausal Women	Home Study	0.6	12/31/2025	<a href="https://fitnesseducationonline.com/pre-post-natal-personal-training-certification/">https://fitnesseducationonline.com/pre-post-natal-personal-training-certification/</a>
A Fitness Education Online	TRAINING OLDER ADULTS: LEVEL 1	Home Study	1.7	12/31/2025	<a href="https://fitnesseducationonline.com/exercise-for-older-adults-qualification/">https://fitnesseducationonline.com/exercise-for-older-adults-qualification/</a>
A Fitness Education Online	TRAINING OLDER ADULTS: LEVEL 2	Home Study	1.0	12/31/2025	<a href="https://fitnesseducationonline.com/exercise-for-older-adults-qualification/">https://fitnesseducationonline.com/exercise-for-older-adults-qualification/</a>
A Fitness Education Online	Training Special Populations Level 1	Home Study	1.0	12/31/2025	<a href="https://fitnesseducationonline.com/nasm-approved-ceu/">https://fitnesseducationonline.com/nasm-approved-ceu/</a>
A Fitness Education Online	Training Special Populations Level 2	Home Study	1.0	12/31/2025	<a href="https://fitnesseducationonline.com/nasm-approved-ceu/">https://fitnesseducationonline.com/nasm-approved-ceu/</a>
AAAI/ISMA	One World Conference Atlantic City 2025	Conference	1.9	12/31/2025	<a href="https://aaai-ismafitness.com/atlantic-city/">aaai-ismafitness.com/atlantic-city/</a>
ABL Fitness Inc	Peak Performance Playbook Coaching Athletes with Neurodiversity	Home Study	0.4	12/31/2025	<a href="https://www.adaptiveaimtherapy.com">WWW.AdaptiveAimTherapy.com</a>
Academy of Mindful Movement	Mindful Movement Training Instructor Level 1	Workshop/Seminar	1.9	12/31/2025	<a href="https://academyofmindfulmovement.com">https://academyofmindfulmovement.com</a>
Academy of Superior Online Coaching (ASOC)	Ethical Sales for Personal Trainers	Home Study	0.4	12/31/2025	<a href="https://www.asotrainer.com/course/ethical-sales-for-personal-trainers-course">https://www.asotrainer.com/course/ethical-sales-for-personal-trainers-course</a>
Academy of Superior Online Coaching (ASOC)	Online Personal Training Specialist (OPTS) Certificate	Home Study	1.9	12/31/2025	<a href="https://www.asotrainer.com/course/online-personal-trainer-specialist">https://www.asotrainer.com/course/online-personal-trainer-specialist</a>
Accademia Italiana Fitness - AKI S.R.L.	Applied Biomechanics	Workshop/Seminar	1.0	12/31/2025	<a href="https://www.accademiaitalianafitness.it/">https://www.accademiaitalianafitness.it/</a>
Active Life	Active Life Level 1 Assessment Seminar	Workshop/Seminar	0.8	12/31/2025	<a href="https://activelifeprofessional.com">activelifeprofessional.com</a>
Active Life	Active Life Professional Core Curriculum	Home Study	1.9	12/31/2025	<a href="https://www.activelifeprofessional.com">www.activelifeprofessional.com</a>
Active Life	Active Life Professional Longevity Specialty Course	Home Study	0.7	12/31/2025	<a href="https://activelifeprofessional.com">activelifeprofessional.com</a>
Active Life	Active Life Professional Neurological Conditions Specialty Course	Home Study	1.1	12/31/2025	<a href="https://activelifeprofessional.com">activelifeprofessional.com</a>
Active Life	Active Life Professional Pelvic Health Specialty Course	Home Study	0.4	12/31/2025	<a href="https://activelifeprofessional.com">activelifeprofessional.com</a>
Active Life	Active Life Professional Return to Sport Specialty Course	Home Study	0.6	12/31/2025	<a href="https://activelifeprofessional.com">activelifeprofessional.com</a>
Active Masters Sports & Fitness Academy	Active Boxing Certificate Course	Workshop/Seminar	1.9	12/31/2025	<a href="https://www.active.cn">www.active.cn</a>
Active Masters Sports & Fitness Academy	Active Children's Fitness and Exercise Specialization Course	Workshop/Seminar	0.7	12/31/2025	<a href="https://www.active.cn">www.active.cn</a>
Active Masters Sports & Fitness Academy	ACTIVE MASTERS ELITE FUNCTIONAL TRAINING COURSE	Workshop/Seminar	0.7	12/31/2025	<a href="https://www.active.cn">www.active.cn</a>
Active Masters Sports & Fitness Academy	Active Muscle Taping	Workshop/Seminar	0.7	12/31/2025	<a href="https://www.active.cn">www.active.cn</a>
Active Masters Sports & Fitness Academy	Active Weight Lifting Concept	Workshop/Seminar	1.2	12/31/2025	<a href="https://www.active.cn">www.active.cn</a>
Active Masters Sports & Fitness Academy	Kettlebell Concepts Level 1 Introduction to Kettlebell Lifting Instructor Course	Workshop/Seminar	1.4	12/31/2025	<a href="https://www.active.cn">www.active.cn</a>
Active Masters Sports & Fitness Academy	Small Group Training Specialist Powered by Donhu	Workshop/Seminar	0.7	12/31/2025	<a href="https://www.active.cn">www.active.cn</a>
Advanced Continuing Education Institute	Champion Performance Therapy and Training System	Home Study	1.9	12/31/2025	<a href="https://mikereinold.com">mikereinold.com</a>
Advanced Movement Therapist	Advanced Movement Therapist Level 1	Home Study	1.5	12/31/2025	<a href="https://www.amtcertified.ca">www.amtcertified.ca</a>
AEA Aquatic Exercise Association	AEA Aquatic Fitness Professional (AFP) Online Prep Course	Workshop/Seminar	1.9	12/31/2025	<a href="https://aeawave.org">https://aeawave.org</a>
AEA Aquatic Exercise Association	AEA Arthritis: Lesson Planning Tips & Tools	Workshop/Seminar	0.2	12/31/2025	<a href="https://aeawave.org">aeawave.org</a>
AEA Aquatic Exercise Association	AEA Arthritis: Motivating Your Participants	Workshop/Seminar	0.2	12/31/2025	<a href="https://aeawave.org">aeawave.org</a>
AEA Aquatic Exercise Association	AEA Arthritis: Teaching Platforms	Workshop/Seminar	0.2	12/31/2025	<a href="https://aeawave.org">aeawave.org</a>
AEA Aquatic Exercise Association	AEA's Arthritis & Aquatic Exercise: The Next Level Aquatic Training Principles Part I	Workshop/Seminar	1.5	12/31/2025	<a href="https://aeawave.org">https://aeawave.org</a>
AEA Aquatic Exercise Association	AFP Practical & Skill Applications Course	Home Study	0.7	12/31/2025	<a href="https://aeawave.org">aeawave.org</a>
AEA Aquatic Exercise Association	Ai Chi Basic Training	Workshop/Seminar	0.4	12/31/2025	<a href="https://aeawave.org">https://aeawave.org</a>
AEA Aquatic Exercise Association	AQUABATA SHALLOW	Workshop/Seminar	0.3	12/31/2025	<a href="https://aeawave.org">aeawave.org</a>
AEA Aquatic Exercise Association	AQUATIC CARDIO PROGRAMS	Workshop/Seminar	0.3	12/31/2025	<a href="https://aeawave.org">aeawave.org</a>
AEA Aquatic Exercise Association	AQUATIC CIRCUIT APPS 2	Workshop/Seminar	0.3	12/31/2025	<a href="https://aeawave.org">aeawave.org</a>
AEA Aquatic Exercise Association	AQUATIC INTERVAL APPS	Workshop/Seminar	0.3	12/31/2025	<a href="https://aeawave.org">aeawave.org</a>
AEA Aquatic Exercise Association	AQUATIC KICK BOXING	Workshop/Seminar	0.3	12/31/2025	<a href="https://aeawave.org">aeawave.org</a>
AEA Aquatic Exercise Association	Arthritis and Aquatic Exercise: The Next Level Part II Practical Applications	Workshop/Seminar	0.4	12/31/2025	<a href="https://aeawave.org">https://aeawave.org</a>
AEA Aquatic Exercise Association	ARTHRITIS FOUNDATION PROGRAM LEADER TRAINING	Workshop/Seminar	1.5	12/31/2025	<a href="https://aeawave.org">aeawave.org</a>
AEA Aquatic Exercise Association	ARTHRITIS PROGRAM LEADER DEVELOPMENT & PRACTICE(Workshop)	Workshop/Seminar	0.6	12/31/2025	<a href="https://aeawave.org">aeawave.org</a>
AEA Aquatic Exercise Association	Ballology	Workshop/Seminar	0.3	12/31/2025	<a href="https://aeawave.org">https://aeawave.org</a>
AEA Aquatic Exercise Association	BOOT CAMP DEEP	Home Study	0.3	12/31/2025	<a href="https://aeawave.org">aeawave.org</a>
AEA Aquatic Exercise Association	BOOT CAMP SHALLOW	Workshop/Seminar	0.3	12/31/2025	<a href="https://aeawave.org">aeawave.org</a>
AEA Aquatic Exercise Association	Charlotte Regional Aquatic Fitness Conference 2025	Conference	1.5	12/31/2025	<a href="https://www.aeawave.org/calendar">www.aeawave.org/calendar</a>
AEA Aquatic Exercise Association	CORE TRAINING + STRETCH TECHNIQUES	Workshop/Seminar	0.3	12/31/2025	<a href="https://aeawave.org">aeawave.org</a>

AEA Aquatic Exercise Association	Deep HIIT & Sculpt	Workshop/Seminar	0.3	12/31/2025	<a href="https://aeawave.org">https://aeawave.org</a>
AEA Aquatic Exercise Association	DEEPER APPLICATIONS 2	Workshop/Seminar	0.3	12/31/2025	<a href="https://aeawave.org">aeawave.org</a>
AEA Aquatic Exercise Association	Enhancing Warm-Ups & Cool-Downs	Workshop/Seminar	0.3	12/31/2025	<a href="https://aeawave.org">aeawave.org</a>
AEA Aquatic Exercise Association	Foundational Principles of Ai Chi	Home Study	0.5	12/31/2025	<a href="https://www.aeawave.org/calendar">www.aeawave.org/calendar</a>
AEA Aquatic Exercise Association	H2O Body Sculpting and Resistance Training	Workshop/Seminar	0.3	12/31/2025	<a href="https://aeawave.org">https://aeawave.org</a>
AEA Aquatic Exercise Association	H2O Circuits	Workshop/Seminar	0.3	12/31/2025	<a href="https://aeawave.org/">https://aeawave.org/</a>
AEA Aquatic Exercise Association	HydroRevolution Online Training Program	Home Study	0.5	12/31/2025	<a href="https://aeawave.org">aeawave.org</a>
AEA Aquatic Exercise Association	Intro to Aquatic Therapy	Workshop/Seminar	0.8	12/31/2025	<a href="https://aeawave.org">https://aeawave.org</a>
AEA Aquatic Exercise Association	Mastering Mobility with Fun & Function	Workshop/Seminar	0.2	12/31/2025	<a href="https://aeawave.org">https://aeawave.org</a>
AEA Aquatic Exercise Association	NEXT LEVEL NOODLE	Workshop/Seminar	0.3	12/31/2025	<a href="https://aeawave.org">aeawave.org</a>
AEA Aquatic Exercise Association	Rated M for Mature	Workshop/Seminar	0.3	12/31/2025	<a href="https://aeawave.org">https://aeawave.org</a>
AEA Aquatic Exercise Association	UPPER BODY CORE & MORE	Home Study	0.3	12/31/2025	<a href="https://aeawave.org">aeawave.org</a>
Aerial Physique	Aerial Physique Teacher Training	Workshop/Seminar	1.9	12/31/2025	<a href="https://www.aerialphysique.com/teacher-training">www.aerialphysique.com/teacher-training</a>
AFAA TAIWAN / Taiwan Wellness Innovation	Advanced Core Training - Reformer Level 1	Workshop/Seminar	1.6	12/31/2025	<a href="https://www.t-wi.com.tw/">https://www.t-wi.com.tw/</a>
AFAA TAIWAN / Taiwan Wellness Innovation	Aerobics and Resistance Training for Elder	Home Study	0.1	12/31/2025	<a href="https://www.t-wi.com.tw/">https://www.t-wi.com.tw/</a>
AFAA TAIWAN / Taiwan Wellness Innovation	Aerobics Step Variation and Cueing Improvement	Home Study	0.1	12/31/2025	<a href="https://www.t-wi.com.tw/">https://www.t-wi.com.tw/</a>
AFAA TAIWAN / Taiwan Wellness Innovation	Barbell Skill	Home Study	0.1	12/31/2025	<a href="https://www.t-wi.com.tw/">https://www.t-wi.com.tw/</a>
AFAA TAIWAN / Taiwan Wellness Innovation	Boxing Game	Home Study	0.1	12/31/2025	<a href="https://www.t-wi.com.tw/">https://www.t-wi.com.tw/</a>
AFAA TAIWAN / Taiwan Wellness Innovation	Comprehensive Training of Shoulder Joint	Home Study	0.1	12/31/2025	<a href="https://www.t-wi.com.tw/">https://www.t-wi.com.tw/</a>
AFAA TAIWAN / Taiwan Wellness Innovation	Dynamic Step Stage	Home Study	0.1	12/31/2025	<a href="https://www.t-wi.com.tw/">https://www.t-wi.com.tw/</a>
AFAA TAIWAN / Taiwan Wellness Innovation	Dynamic Stretch for Pregnancy	Home Study	0.1	12/31/2025	<a href="https://www.t-wi.com.tw/">https://www.t-wi.com.tw/</a>
AFAA TAIWAN / Taiwan Wellness Innovation	Exercising Guideline for Rheumatic Arthritis	Home Study	0.1	12/31/2025	<a href="https://www.t-wi.com.tw/">https://www.t-wi.com.tw/</a>
AFAA TAIWAN / Taiwan Wellness Innovation	Eyes Yoga	Home Study	0.1	12/31/2025	<a href="https://www.t-wi.com.tw/">https://www.t-wi.com.tw/</a>
AFAA TAIWAN / Taiwan Wellness Innovation	Fitness Training - Shoulder	Workshop/Seminar	0.1	12/31/2025	<a href="https://www.t-wi.com.tw/workshop_list.html">https://www.t-wi.com.tw/workshop_list.html</a>
AFAA TAIWAN / Taiwan Wellness Innovation	From PT to GFI-How to arrange the course	Home Study	0.1	12/31/2025	<a href="https://www.t-wi.com.tw/">https://www.t-wi.com.tw/</a>
AFAA TAIWAN / Taiwan Wellness Innovation	Hip Training	Home Study	0.1	12/31/2025	<a href="https://www.t-wi.com.tw/">https://www.t-wi.com.tw/</a>
AFAA TAIWAN / Taiwan Wellness Innovation	Interactive Boxing Part.1	Home Study	0.1	12/31/2025	<a href="https://www.t-wi.com.tw/">https://www.t-wi.com.tw/</a>
AFAA TAIWAN / Taiwan Wellness Innovation	Interactive Boxing Part.2	Home Study	0.1	12/31/2025	<a href="https://www.t-wi.com.tw/">https://www.t-wi.com.tw/</a>
AFAA TAIWAN / Taiwan Wellness Innovation	Meridian and Acupuncture Points Massage	Home Study	0.1	12/31/2025	<a href="https://www.t-wi.com.tw/">https://www.t-wi.com.tw/</a>
AFAA TAIWAN / Taiwan Wellness Innovation	Mini Swiss Ball Aerobics and Strength	Home Study	0.1	12/31/2025	<a href="https://www.t-wi.com.tw/">https://www.t-wi.com.tw/</a>
AFAA TAIWAN / Taiwan Wellness Innovation	Movement Control Strategy of Weight Training	Home Study	0.1	12/31/2025	<a href="https://www.t-wi.com.tw/">https://www.t-wi.com.tw/</a>
AFAA TAIWAN / Taiwan Wellness Innovation	Physique Management Consultant	Workshop/Seminar	1.4	12/31/2025	<a href="https://www.t-wi.com.tw/">https://www.t-wi.com.tw/</a>
AFAA TAIWAN / Taiwan Wellness Innovation	Pilates and Mini Swiss Ball	Home Study	0.1	12/31/2025	<a href="https://www.t-wi.com.tw/">https://www.t-wi.com.tw/</a>
AFAA TAIWAN / Taiwan Wellness Innovation	Pilates on Mat with Prop	Home Study	0.1	12/31/2025	<a href="https://www.t-wi.com.tw/">https://www.t-wi.com.tw/</a>
AFAA TAIWAN / Taiwan Wellness Innovation	Pilates Reformer	Home Study	0.1	12/31/2025	<a href="https://www.t-wi.com.tw/">https://www.t-wi.com.tw/</a>
AFAA TAIWAN / Taiwan Wellness Innovation	Pregnancy - Training Warning	Workshop/Seminar	0.1	12/31/2025	<a href="https://www.t-wi.com.tw/workshop_list.html">https://www.t-wi.com.tw/workshop_list.html</a>
AFAA TAIWAN / Taiwan Wellness Innovation	Resistance Band Exercises for Elder	Home Study	0.1	12/31/2025	<a href="https://www.t-wi.com.tw/">https://www.t-wi.com.tw/</a>
AFAA TAIWAN / Taiwan Wellness Innovation	Resistance Band Training	Workshop/Seminar	0.1	12/31/2025	<a href="https://www.t-wi.com.tw/workshop_list.html">https://www.t-wi.com.tw/workshop_list.html</a>
AFAA TAIWAN / Taiwan Wellness Innovation	Sling Training Concerning Joint Problem	Home Study	0.1	12/31/2025	<a href="https://www.t-wi.com.tw/">https://www.t-wi.com.tw/</a>
AFAA TAIWAN / Taiwan Wellness Innovation	Surface Anatomy and Mobility Assessment	Home Study	0.1	12/31/2025	<a href="https://www.t-wi.com.tw/">https://www.t-wi.com.tw/</a>
AFAA TAIWAN / Taiwan Wellness Innovation	Unrestrained Fitness Dance	Home Study	0.1	12/31/2025	<a href="https://www.t-wi.com.tw/">https://www.t-wi.com.tw/</a>
AFAA TAIWAN / Taiwan Wellness Innovation	WSWCF Academy Certificate	Workshop/Seminar	1.8	12/31/2025	<a href="https://www.t-wi.com.tw/">https://www.t-wi.com.tw/</a>
AFAA TAIWAN / Taiwan Wellness Innovation	Yoga Crow Pose- Analysis and Combination	Home Study	0.1	12/31/2025	<a href="https://www.t-wi.com.tw/">https://www.t-wi.com.tw/</a>
AFAA TAIWAN / Taiwan Wellness Innovation	Yogalates with Slide Plate	Home Study	0.1	12/31/2025	<a href="https://www.t-wi.com.tw/">https://www.t-wi.com.tw/</a>
Aletha Health	Aletha Health: Foundations for Practitioners	Home Study	0.7	12/31/2025	<a href="https://www.alethahealth.com/en-us/courses">https://www.alethahealth.com/en-us/courses</a>
Alignment Essentials	Warrior* Tai Chi Yoga by Alignment Essentials*	Home Study	0.8	12/31/2025	<a href="https://www.alignmentessentials.com">www.alignmentessentials.com</a>
AlignSmart Technologies	Postural Measurement Course	Home Study	1.9	12/31/2025	<a href="https://www.symmetryalignsmart.com">www.symmetryalignsmart.com</a>
ALL AROUND YOGA	Yoga For Fitness	Home Study	1.9	12/31/2025	<a href="https://allaroundyoga.com/">https://allaroundyoga.com/</a>
All Fit Bungee	Level 1 Bungee Instructor Training	Workshop/Seminar	1.2	12/31/2025	<a href="https://www.allfitbungee.com">www.allfitbungee.com</a>
Alpha Warrior	Alpha Warrior Hybrid	Workshop/Seminar	1.9	12/31/2025	<a href="https://www.abthawarrior.com">www.abthawarrior.com</a>
American Barre Technique, LLC	Barre Instructor Specialty Certificate	Home Study	1.6	12/31/2025	<a href="https://www.ABTbarre.com">www.ABTbarre.com</a>
American Council on Exercise (ACE)	ACE Behavior Change Coaching Mentorship: Advanced Applications	Home Study	1.9	12/31/2025	<a href="https://www.acefitness.org">acefitness.org</a>
American Council on Exercise (ACE)	ACE Behavior Change Coaching Mentorship: Applied Principles	Home Study	1.9	12/31/2025	<a href="https://www.acefitness.org">acefitness.org</a>
American Council on Exercise (ACE)	ACE Behavior Change Specialist	Home Study	1.9	12/31/2025	<a href="https://www.acefitness.org/fitness-certifications/specialty-certifications/behavior-change.aspx">www.acefitness.org/fitness-certifications/specialty-certifications/behavior-change.aspx</a>
American Council on Exercise (ACE)	ACE Fitness Nutrition Specialist	Home Study	1.9	12/31/2025	<a href="https://www.acefitness.org">www.acefitness.org</a>
American Council on Exercise (ACE)	ACE Functional Training Specialist	Home Study	1.9	12/31/2025	<a href="https://www.acefitness.org">www.acefitness.org</a>
American Council on Exercise (ACE)	ACE Health Coach	Home Study	1.9	12/31/2025	<a href="https://www.acefitness.org">www.acefitness.org</a>
American Council on Exercise (ACE)	ACE Online Senior Fitness Course	Home Study	1.9	12/31/2025	<a href="https://www.acefitness.org">www.acefitness.org</a>
American Council on Exercise (ACE)	ACE Senior Fitness Specialist	Home Study	1.9	12/31/2025	<a href="https://www.acefitness.org">www.acefitness.org</a>
American Council on Exercise (ACE)	ACE Sports Conditioning Specialist	Home Study	1.9	12/31/2025	<a href="https://www.acefitness.org">www.acefitness.org</a>
American Council on Exercise (ACE)	ACE Weight Management Specialist	Home Study	1.9	12/31/2025	<a href="https://www.acefitness.org">www.acefitness.org</a>
American Council on Exercise (ACE)	ACE Youth Fitness Specialist	Home Study	1.9	12/31/2025	<a href="https://www.acefitness.org">www.acefitness.org</a>
American Council on Exercise (ACE)	Corrective Exercise Specialist	Home Study	1.9	12/31/2025	<a href="https://www.acefitness.org">www.acefitness.org</a>
American Council on Exercise (ACE)	Diabetes Prevention Coaching	Home Study	1.0	12/31/2025	<a href="https://www.acefitness.org">acefitness.org</a>
American Council on Exercise (ACE)	Mindful Movement: Coaching Clients to Become More Active	Home Study	1.4	12/31/2025	
American Council on Exercise (ACE)	Small Group Training Workshop	Workshop/Seminar	0.5	12/31/2025	<a href="https://www.acefitness.org">www.acefitness.org</a>
American Council on Exercise (ACE)	Taking Action With ACE Practicing Equity, Diversity and Inclusion as an Exercise Professional	Home Study	0.3	12/31/2025	<a href="http://www.acefitness.org">http://www.acefitness.org</a>
American Fitness Professionals & Associates (AFPA)	Nutrition and Behavior Change	Home Study	1.9	12/31/2025	<a href="https://www.afpafitness.com">www.afpafitness.com</a>
Annie Miller Concepts	FitsPRO Foundations	Home Study	0.7	12/31/2025	<a href="https://learn.anniemiller.co/sp/fitspro-foundations">learn.anniemiller.co/sp/fitspro-foundations</a>
Annie Miller Concepts	Pure Programming Course	Home Study	1.9	12/31/2025	<a href="https://www.anniemiller.co/pure-programming">www.anniemiller.co/pure-programming</a>
AntiGravity® Fitness	AntiGravity Fitness Refresher Course	Workshop/Seminar	0.6	12/31/2025	<a href="https://www.antigravityfitness.com">antigravityfitness.com</a>
AntiGravity® Fitness	AntiGravity® Aerial Yoga 1	Workshop/Seminar	1.6	12/31/2025	<a href="https://www.antigravityfitness.com">www.antigravityfitness.com</a>
AntiGravity® Fitness	AntiGravity® Aerial Yoga 2	Workshop/Seminar	1.6	12/31/2025	<a href="https://www.antigravityfitness.com">www.antigravityfitness.com</a>
AntiGravity® Fitness	AntiGravity® AIRbarre 1	Workshop/Seminar	1.6	12/31/2025	<a href="https://www.antigravityfitness.com">www.antigravityfitness.com</a>
AntiGravity® Fitness	AntiGravity® Fundamentals 1&2	Workshop/Seminar	1.9	12/31/2025	<a href="https://www.antigravityfitness.com">www.antigravityfitness.com</a>
AntiGravity® Fitness	AntiGravity® Just Kids 1&2	Workshop/Seminar	1.9	12/31/2025	<a href="https://www.antigravityfitness.com">www.antigravityfitness.com</a>
AntiGravity® Fitness	AntiGravity® Pilates 1	Workshop/Seminar	1.6	12/31/2025	<a href="https://www.antigravityfitness.com">www.antigravityfitness.com</a>
AntiGravity® Fitness	AntiGravity® Restorative Yoga	Workshop/Seminar	1.6	12/31/2025	<a href="https://www.antigravityfitness.com">www.antigravityfitness.com</a>
AntiGravity® Fitness	AntiGravity® Suspension Fitness 1	Workshop/Seminar	1.6	12/31/2025	<a href="https://www.antigravityfitness.com">www.antigravityfitness.com</a>
AntiGravity® Fitness	AntiGravity® Suspension Fitness 2	Workshop/Seminar	1.6	12/31/2025	<a href="https://www.antigravityfitness.com">www.antigravityfitness.com</a>
Anytime Fitness Corporate Office	AF Coach Level 1 Curriculum	Home Study	1.2	12/31/2025	

Apex Athletix (formerly Real Health and Performance)	Beyond the Cert	Home Study	1.9	12/31/2025	<a href="https://apexathletix.thinkific.com/courses/beyond-the-cert">https://apexathletix.thinkific.com/courses/beyond-the-cert</a>
Aqua Rock Fitness*	Aqua Rock Fitness* Instructor Training Course	Workshop/Seminar	0.4	12/31/2025	<a href="https://www.aquarockfitness.net/">https://www.aquarockfitness.net/</a>
Aquabirth	Prenatal and Postnatal Fitness Training Course	Workshop/Seminar	1.9	12/31/2025	<a href="https://aquabirth.gr/prenatal-postnatal-fitness-training/">https://aquabirth.gr/prenatal-postnatal-fitness-training/</a>
AquaBodyStrong	ABS™ Aqua Cycling	Home Study	0.6	12/31/2025	<a href="https://www.aquabodystrong.com">https://www.aquabodystrong.com</a>
AquaBodyStrong	Aqua Body Strong™ Aqua Board	Home Study	0.6	12/31/2025	<a href="https://www.aquabodystrong.com">https://www.aquabodystrong.com</a>
AquaBodyStrong	Aqua Body Strong™ Aqua Combat	Home Study	0.6	12/31/2025	<a href="https://www.aquabodystrong.com">https://www.aquabodystrong.com</a>
Asia Pacific Stretching Academy	Partner Stretch Foundation	Workshop/Seminar	0.6	12/31/2025	<a href="http://www.czonwong.com">www.czonwong.com</a>
Association of Fitness Studios, DBA: Fitness Business Association and SUCCEED!	SUCCEED! the FBA Virtual Conference & Expo, April 2025	Conference	1.9	12/31/2025	<a href="http://fbasucceed.com">fbasucceed.com</a>
Association of Fitness Studios, DBA: Fitness Business Association and SUCCEED!	SUCCEED! the FBA Virtual Conference & Expo, August 2025	Conference	1.9	12/31/2025	<a href="http://www.fbasucceed.com">www.fbasucceed.com</a>
Assured Fitness	GROUP EXERCISE: 101	Workshop/Seminar	0.8	12/31/2025	<a href="http://www.assured-fitness.com">www.assured-fitness.com</a>
Assured Fitness	Pressure Point: Muscle Rejuvenation	Workshop/Seminar	0.8	12/31/2025	<a href="http://www.assured-fitness.com">www.assured-fitness.com</a>
Assured Fitness	Senior Fitness - Senior Fit & Fun	Workshop/Seminar	0.8	12/31/2025	<a href="http://www.assured-fitness.com">www.assured-fitness.com</a>
Assured Fitness	Specialized Military Fitness Programming	Workshop/Seminar	1.5	12/31/2025	<a href="http://www.assured-fitness.com">www.assured-fitness.com</a>
Assured Fitness	The Power of Yoga - Energy & Healing	Workshop/Seminar	0.4	12/31/2025	<a href="http://www.assured-fitness.com">www.assured-fitness.com</a>
Assured Fitness	Yoga Burn & Firm	Workshop/Seminar	0.4	12/31/2025	<a href="http://www.assured-fitness.com">www.assured-fitness.com</a>
Assured Fitness	Youth Fitness - Fit-4-Kids	Workshop/Seminar	0.8	12/31/2025	<a href="http://www.assured-fitness.com">www.assured-fitness.com</a>
Athletic Business Media (formerly Athletic Business Publications)	AB Show 2025	Conference	1.6	12/31/2025	<a href="http://abshow.com">abshow.com</a>
Athletic House Academy	BUILDING COGNITIVE RESERVE	Workshop/Seminar	1.9	12/31/2025	<a href="https://www.athletichouseacademy.com/">https://www.athletichouseacademy.com/</a>
Athletic House Academy	Exercise Approaches and Pilates Applications for Spinal Deformities	Workshop/Seminar	1.0	12/31/2025	<a href="https://www.athletichouseacademy.com/kurslar/omurga-deformiteilerinde-egzersiz-yaklasimi-workshop-3-m">https://www.athletichouseacademy.com/kurslar/omurga-deformiteilerinde-egzersiz-yaklasimi-workshop-3-m</a>
Athletic House Academy	Exercise Design Principles Based on Human Movement System Architecture	Workshop/Seminar	1.2	12/31/2025	<a href="https://www.athletichouseacademy.com/">https://www.athletichouseacademy.com/</a>
Athletic House Academy	FIGHT CODE L1 TRAINER	Workshop/Seminar	1.9	12/31/2025	<a href="https://www.athletichouseacademy.com/kurslar/fight-code-level-1-trainer-jnuzx7m">https://www.athletichouseacademy.com/kurslar/fight-code-level-1-trainer-jnuzx7m</a>
Athletic House Academy	Kettlebell L1 Instructor	Workshop/Seminar	1.9	12/31/2025	<a href="https://www.athletichouseacademy.com/kurslar/giyya-kettlebeli-egitimi-level-1-19-25-mayis-istanbul-2">https://www.athletichouseacademy.com/kurslar/giyya-kettlebeli-egitimi-level-1-19-25-mayis-istanbul-2</a>
Athletic House Academy	Metabolic Resistance Training	Workshop/Seminar	0.2	12/31/2025	Metabolic Resistance Training
Athletic House Academy	Powerlifting Maximum Strength Training	Workshop/Seminar	1.9	12/31/2025	<a href="https://www.athletichouseacademy.com/">https://www.athletichouseacademy.com/</a>
Aumakua Productions LLC	PolyFit	Workshop/Seminar	0.7	12/31/2025	<a href="http://polyfithawaii.com">polyfithawaii.com</a>
Australian Strength Performance	Advanced Hypertrophy Level 2	Workshop/Seminar	1.9	12/31/2025	<a href="http://www.trainasp.com.au/education/">www.trainasp.com.au/education/</a>
Australian Strength Performance	ASP Coach Level 1	Workshop/Seminar	1.9	12/31/2025	<a href="http://www.trainasp.com.au/education/">www.trainasp.com.au/education/</a>
Australian Strength Performance	Fat Loss Specialization	Workshop/Seminar	1.9	12/31/2025	<a href="http://www.trainasp.com.au/education/">www.trainasp.com.au/education/</a>
Australian Strength Performance	Fat Loss Specialization	Home Study	1.8	12/31/2025	<a href="http://www.learn-asp.com">www.learn-asp.com</a>
Australian Strength Performance	Hypertrophy Level 1	Workshop/Seminar	1.4	12/31/2025	<a href="http://www.trainasp.com.au/education/">www.trainasp.com.au/education/</a>
Australian Strength Performance	Hypertrophy Level 1	Home Study	1.3	12/31/2025	<a href="http://www.learn-asp.com">www.learn-asp.com</a>
Australian Strength Performance	Physique Transformation Level 1	Workshop/Seminar	0.7	12/31/2025	<a href="http://www.trainasp.com.au/education/">www.trainasp.com.au/education/</a>
Australian Strength Performance	Physique Transformation Level 1	Home Study	0.9	12/31/2025	<a href="http://www.learn-asp.com">www.learn-asp.com</a>
Balance: Form and Function	Turkish Get Up Masterclass	Workshop/Seminar	0.4	12/31/2025	
Balanced Body	Anatomy in Three Dimensions Instructor Training	Workshop/Seminar	1.6	12/31/2025	<a href="http://pilates.com">pilates.com</a>
Balanced Body	Balanced Body Barre Instructor Training Comprehensive	Workshop/Seminar	1.6	12/31/2025	<a href="http://pilates.com">pilates.com</a>
Balanced Body	Balanced Body Barre Instructor Training, Fundamentals	Workshop/Seminar	0.8	12/31/2025	<a href="http://pilates.com">pilates.com</a>
Balanced Body	Balanced Body Movement Principles	Workshop/Seminar	1.6	12/31/2025	<a href="http://pilates.com">pilates.com</a>
Balanced Body	Bodhi Suspension System® Instructor Training Comprehensive	Workshop/Seminar	1.6	12/31/2025	<a href="http://pilates.com">pilates.com</a>
Balanced Body	Bodhi Suspension System® Instructor Training, Fundamentals	Workshop/Seminar	0.8	12/31/2025	<a href="http://pilates.com">pilates.com</a>
Balanced Body	Mat 1 Instructor Training	Workshop/Seminar	1.6	12/31/2025	<a href="http://pilates.com">pilates.com</a>
Balanced Body	Mat 3: Enhanced Pilates Mat + Props	Workshop/Seminar	1.6	12/31/2025	<a href="http://pilates.com">pilates.com</a>
Balanced Body	MOTR™ Instructor Training Fundamentals	Workshop/Seminar	0.8	12/31/2025	<a href="http://pilates.com">pilates.com</a>
Balanced Body	MOTR™ Instructor Training, Comprehensive	Workshop/Seminar	1.6	12/31/2025	<a href="http://pilates.com">pilates.com</a>
Barbell Rehab, LLC	Barbell Rehab Weightlifting Certificate	Workshop/Seminar	1.5	12/31/2025	<a href="https://barbellrehab.com/brw-certification/">https://barbellrehab.com/brw-certification/</a>
Barbell Rehab, LLC	The Barbell Rehab Method	Workshop/Seminar	1.5	12/31/2025	<a href="https://barbellrehab.com/certification/">https://barbellrehab.com/certification/</a>
Barre Body	Barre Teacher Training	Home Study	1.1	12/31/2025	<a href="http://www.barrebody.com.au">www.barrebody.com.au</a>
Barre Body	ONLINE REFORMER TEACHER TRAINING	Home Study	1.9	12/31/2025	<a href="http://www.barrebody.com.au">www.barrebody.com.au</a>
Barre Body	Pilates Mat Teacher Training	Home Study	1.3	12/31/2025	<a href="http://www.barrebody.com.au">www.barrebody.com.au</a>
Barre Body	Pre and Post Natal Training	Home Study	1.9	12/31/2025	<a href="http://www.barrebody.com.au">www.barrebody.com.au</a>
Barre Certification (IBBFA)	Barre Essentials - A Training Guide On How To Be An Effective Barre Instructor	Home Study	0.8	12/31/2025	<a href="http://www.barrecertification.com">www.barrecertification.com</a>
Barre Certification (IBBFA)	Barre Level 1- Fundamentals of Barre Technique	Workshop/Seminar	1.9	12/31/2025	<a href="https://barrecertification.com/">https://barrecertification.com/</a>
Barre Eclipse	Barre Eclipse Teacher Training	Home Study	1.9	12/31/2025	<a href="https://www.barreclipse.com/tt">https://www.barreclipse.com/tt</a>
Barre Forte	Barre Forte Level1	Workshop/Seminar	1.4	12/31/2025	<a href="http://www.barreforte.com">www.barreforte.com</a>
Barre Fusions	The Group Fitness Framework	Workshop/Seminar	0.6	12/31/2025	<a href="http://barrefusions.com">http://barrefusions.com</a>
Barre Intensity LLC	Barre Anatomy Workshop	Workshop/Seminar	1.0	12/31/2025	<a href="http://www.barreintensity.com">www.barreintensity.com</a>
Barre Intensity LLC	Barre Box Workshop	Workshop/Seminar	0.4	12/31/2025	<a href="http://www.barreintensity.com">www.barreintensity.com</a>
Barre Intensity LLC	Barre Choreography Workshop	Workshop/Seminar	0.3	12/31/2025	<a href="http://www.barreintensity.com">www.barreintensity.com</a>
Barre Intensity LLC	Barre Exercise Intensive Part 1	Home Study	0.8	12/31/2025	<a href="http://www.barreintensity.com">www.barreintensity.com</a>
Barre Intensity LLC	Barre Intensity Essentials Training	Home Study	0.8	12/31/2025	<a href="http://www.barreintensity.com">www.barreintensity.com</a>
Barre Intensity LLC	Barre Intensity Instructor Training 2 Day	Workshop/Seminar	1.3	12/31/2025	<a href="http://www.barreintensity.com">www.barreintensity.com</a>
Barre Intensity LLC	BIIT Instructor Training	Home Study	1.0	12/31/2025	<a href="http://www.barreintensity.com">www.barreintensity.com</a>
Barre Intensity LLC	Developing Your Eye & Advanced Cueing Certification	Home Study	0.6	12/31/2025	<a href="http://www.barreintensity.com">www.barreintensity.com</a>
Barre Intensity LLC	Prenatal & Postnatal Instructor Training	Home Study	1.0	12/31/2025	<a href="http://www.barreintensity.com">www.barreintensity.com</a>
Barre Vida	Barre Vida Barre Instructor Training	Home Study	1.1	12/31/2025	<a href="http://www.barevida.org">www.barevida.org</a>
BarreFlow	Barre iron	Workshop/Seminar	0.5	12/31/2025	<a href="http://barreflow.net">barreflow.net</a>
BarreFlow	BarreFlow Instructor Certificate	Workshop/Seminar	1.0	12/31/2025	<a href="http://barreflow.net">barreflow.net</a>
Base Fitness LLC	BUFF UP YOUR BONES!	Workshop/Seminar	0.2	12/31/2025	<a href="http://www.basefitness.com">www.basefitness.com</a>
BC Athletics	StrongLifting: Level 1	Home Study	0.8	12/31/2025	<a href="https://bretcontrerasacademy.com/">https://bretcontrerasacademy.com/</a>
Beacon Pilates	Beginner and Intermediate Pilates Mat Teacher Training	Workshop/Seminar	1.9	12/31/2025	<a href="http://beacompilates.com">beacompilates.com</a>
BELEDI - The Bellydance Workout	OFFICIAL BELEDI INSTRUCTOR BASIC & FUSION 1	Workshop/Seminar	1.2	12/31/2025	<a href="http://www.beledi.fit">www.beledi.fit</a>
Belly Motions	Belly Motions Belly Dance Fitness Instructor Training	Home Study	1.2	12/31/2025	<a href="https://bellymotions.com/dance-classes/instructor-training/">https://bellymotions.com/dance-classes/instructor-training/</a>
Bender Training Academy	Ageless Training Essentials	Workshop/Seminar	0.5	12/31/2025	<a href="http://www.agelesstrainingacademy.com">www.agelesstrainingacademy.com</a>
Bender Training Academy	Bender Ball (TM) Certification	Workshop/Seminar	0.4	12/31/2025	<a href="http://www.benderball.com">www.benderball.com</a>
Bender Training Academy	Vital Core Training	Workshop/Seminar	0.7	12/31/2025	<a href="http://agelesstrainingacademy.com">agelesstrainingacademy.com</a>
Bender Training Academy	Vital Core Training	Workshop/Seminar	0.4	12/31/2025	<a href="http://www.agelesstrainingacademy.com">www.agelesstrainingacademy.com</a>
Biceps After Babies	MACROS 101	Home Study	1.9	12/31/2025	<a href="http://bicepsafterbabies.com">bicepsafterbabies.com</a>
Biceps After Babies	Transformational Macro Coach Certificate (TMCC)	Home Study	1.9	12/31/2025	<a href="http://bicepsafterbabies.com">bicepsafterbabies.com</a>
Bike Live	Essentials International Indoor Cycling Certificate	Workshop/Seminar	1.5	12/31/2025	<a href="http://www.bebikelive.com">www.bebikelive.com</a>
Bike Live	International Indoor Cycling Level BE3	Workshop/Seminar	1.8	12/31/2025	<a href="http://www.bebikelive.com">www.bebikelive.com</a>
BioForce	Conditioning and Energy Systems Course	Home Study	1.7	12/31/2025	<a href="https://www.8weeksout.com/conditioning-certification/">https://www.8weeksout.com/conditioning-certification/</a>

BIOptimizers USA, Inc.	BIOptimizers Nutrition Coach	Home Study	1.9	12/31/2025	www.bioptimizers.com
Body Athletica	Antenatal and Post Natal Pregnancy for Pilates Professionals	Home Study	1.9	12/31/2025	www.bodyathletica.online
Body Athletica	Mat Pilates Instructor Training	Home Study	1.9	12/31/2025	www.bodyathletica.online
Body Athletica	Reformer Pilates Instructor Training	Home Study	1.9	12/31/2025	www.bodyathletica.online
BODYBAR Pilates	BAR U: Advanced Programming	Workshop/Seminar	0.4	12/31/2025	www.bodybarpilates.com
BODYBAR Pilates	BAR U: Expanding Your Exercise Library	Workshop/Seminar	0.6	12/31/2025	www.bodybarpilates.com
BODYBAR Pilates	BAR U: Pilates Chair Mastery	Workshop/Seminar	0.6	12/31/2025	www.bodybarpilates.com
BODYBAR Pilates	Comprehensive BODYBAR Pilates Instructor Program	Workshop/Seminar	1.9	12/31/2025	www.bodybarpilates.com
BodyBell Method	BodyBell Method Elite Instructor Level 1	Workshop/Seminar	0.8	12/31/2025	https://bodybellmethod.com/
BodyBell Method	BodyBell Method Elite Instructor Level 2	Workshop/Seminar	0.9	12/31/2025	https://bodybellmethod.com/
BODYROK Studios	BODYROK Fitness Training Program	Workshop/Seminar	1.9	12/31/2025	WWW.BODYROK.COM
BollyBeats Fitness LLP	BollyBeats Fitness	Workshop/Seminar	1.6	12/31/2025	bollybeats.in
BOMBAY JAM	BOMBAY JAM(R) CERTIFICATE COMPLETION	Workshop/Seminar	1.2	12/31/2025	www.bombayjam.com
BOMBAY JAM	BOMBAY JAM(R) CERTIFICATE COMPLETION ONLINE	Home Study	0.5	12/31/2025	www.bombayjam.com
BOMBAY JAM	BOMBAY JAM(R) DAY 2 Q1	Workshop/Seminar	0.4	12/31/2025	www.bombayjam.com
BOMBAY JAM	BOMBAY JAM(R) DAY 2 Q2	Workshop/Seminar	0.4	12/31/2025	www.bombayjam.com
BOMBAY JAM	BOMBAY JAM(R) DAY 2 Q3	Workshop/Seminar	0.4	12/31/2025	www.bombayjam.com
BOMBAY JAM	BOMBAY JAM(R) DAY 2 Q4	Workshop/Seminar	0.4	12/31/2025	www.bombayjam.com
Boutagy Fitness	Fat Loss Fundamentals	Home Study	1.1	12/31/2025	www.tonyboutagy.com
Boxing Fitness Academy	BOXING FITNESS ACADEMY, LEVEL ONE	Home Study	0.7	12/31/2025	
Boxing Fitness Academy	BOXING FITNESS ACADEMY, LEVEL TWO	Home Study	1.0	12/31/2025	www.boxingfitness.com/academy
Brainy Fitness, LLC	Pilates: All Populations Mat I & II	Workshop/Seminar	1.9	12/31/2025	https://pilatesacademyinternational.com/pai-course-descriptions
Brazuca Fitness	BRAZUCA INSTRUCTOR	Workshop/Seminar	0.8	12/31/2025	https://www.brazucafitness.com/
Brianna Battles	Pregnancy & Postpartum Athleticism	Home Study	1.9	12/31/2025	https://pregnancyandpostpartumathleticism.com
Brianna Battles	Pregnancy & Postpartum Athleticism Live Coaching Seminar	Workshop/Seminar	1.4	12/31/2025	https://go.briannabattles.com/seminar-purchase
BridgeAthletic	The Virtual Performance Summit powered by BridgeAthletic	Conference	1.9	12/31/2025	www.bridgeathletic.com
British Columbia Personal Training Institute (BCPTI)	MSINGI Master Trainer Certificate Course	Workshop/Seminar	1.2	12/31/2025	
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Acute Variable: Repetition Tempo	Home Study	0.3	12/31/2025	brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Acute Variables Training Frequency and Recovery Between Sessions	Home Study	0.5	12/31/2025	http://brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Acute Variables: Circuit Training	Home Study	0.3	12/31/2025	http://brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Acute Variables: Exercise Order	Home Study	0.3	12/31/2025	http://brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Acute Variables: Load (Weight and Resistance)	Home Study	0.4	12/31/2025	http://brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Acute Variables: Performing Sets to Failure	Home Study	0.3	12/31/2025	http://brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Acute Variables: Periodization Training	Home Study	0.5	12/31/2025	http://brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Acute Variables: Repetition Range	Home Study	0.1	12/31/2025	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Acute Variables: Rest Between Sets	Home Study	0.3	12/31/2025	brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Acute Variables: Set Strategies (Supersets, Pyramid Sets, and Drop-Sets)	Home Study	0.3	12/31/2025	http://brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Acute Variables: Sets Per Muscle Group	Home Study	0.3	12/31/2025	http://brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Adductors	Home Study	0.3	12/31/2025	brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Anatomical Position and Anatomical Directions	Home Study	0.1	12/31/2025	brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Ankle Joint	Home Study	0.3	12/31/2025	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Ankle Joint Actions and Muscles	Home Study	0.1	12/31/2025	brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Anterior Oblique Subsystem Integration	Home Study	0.2	12/31/2025	brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Back/Pulling Progressions	Workshop/Seminar	0.1	12/31/2025	http://brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Back/Pulling Progressions	Home Study	0.3	12/31/2025	brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Basics of Human Movement Systems	Home Study	0.1	12/31/2025	brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Biceps Brachii, Brachialis and Triceps Brachii (Brachioradialis and Coracobrachialis)	Home Study	0.1	12/31/2025	brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Biceps Femoris	Workshop/Seminar	0.3	12/31/2025	brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Bridge and Progressions	Workshop/Seminar	0.2	12/31/2025	brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Cervical Spine	Home Study	0.3	12/31/2025	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Chest/Pushing Progressions	Home Study	0.3	12/31/2025	http://brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Chest/Pushing Progressions	Workshop/Seminar	0.1	12/31/2025	http://brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Chop Pattern and Progressions	Home Study	0.1	12/31/2025	brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Comparing Shoulder External Rotator Exercises	Workshop/Seminar	0.1	12/31/2025	www.brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Coracobrachialis	Home Study	0.2	12/31/2025	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Corrective Exercise Lab	Workshop/Seminar	1.6	12/31/2025	brentbrookbush.com/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Corrective Exercise Lab: Part 2 - A Case Study Approach	Workshop/Seminar	1.6	12/31/2025	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Deadlift Progressions	Workshop/Seminar	0.1	12/31/2025	http://brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Deep Cervical Flexor Activation	Home Study	0.1	12/31/2025	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Deep Longitudinal Subsystem	Home Study	0.2	12/31/2025	brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Deep Neck Flexors	Home Study	0.2	12/31/2025	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Definitions, Naming and Types of Synovial Joints	Home Study	0.1	12/31/2025	brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Deltoids	Home Study	0.2	12/31/2025	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Deltoids	Home Study	0.1	12/31/2025	brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Does Movement Impairment Precede Knee Pain and Injury?	Home Study	0.1	12/31/2025	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Does Movement Impairment Precede Low Back Injury?	Workshop/Seminar	0.1	12/31/2025	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Erector Spinae	Home Study	0.2	12/31/2025	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Extensor Hallucis Longus (EHL) & Extensor Digitorum Longus (EDL) (and Fibularis Tertius (FT)	Home Study	0.2	12/31/2025	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	External Obliques	Home Study	0.2	12/31/2025	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Flexor Hallucis Longus and Flexor Digitorum Longus	Workshop/Seminar	0.2	12/31/2025	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Functional Anatomy by Joint Action and Exercise of the Lower Body	Home Study	0.1	12/31/2025	brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Functional Anatomy by Joint Action and Exercise of the Upper Body	Home Study	0.1	12/31/2025	brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Functional Roles of Muscles	Home Study	0.1	12/31/2025	brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Gluteus Maximus	Home Study	0.2	12/31/2025	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Gluteus Maximus Activation	Home Study	0.1	12/31/2025	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Gluteus Medius Activation	Home Study	0.1	12/31/2025	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Hamstrings and Adductors	Home Study	0.1	12/31/2025	brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Hip External Rotator: Release and Lengthening	Home Study	0.1	12/31/2025	https://brentbrookbush.com/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Hip Flexor: Release and Lengthening	Home Study	0.1	12/31/2025	https://brentbrookbush.com/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Hip Flexors and Anterior Thigh Muscles	Home Study	0.1	12/31/2025	brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Hip Internal Rotator: Release and Lengthening	Home Study	0.1	12/31/2025	https://brentbrookbush.com/

Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Hip Joint	Home Study	0.3	12/31/2025	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Infraspinatus and Teres Minor	Home Study	0.3	12/31/2025	<a href="http://brookbushinstitute.com">brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Integrated Exercise Progressions	Workshop/Seminar	0.1	12/31/2025	<a href="http://brookbushinstitute.com">brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Internal Obliques	Home Study	0.2	12/31/2025	<a href="http://brentbrookbush.com">http://brentbrookbush.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Intrinsic Stabilization Subsystem	Workshop/Seminar	0.2	12/31/2025	<a href="http://brentbrookbush.com">http://brentbrookbush.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Introduction to Human Movement Science	Home Study	0.1	12/31/2025	<a href="http://brentbrookbush.com">brentbrookbush.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Joint Actions	Home Study	0.1	12/31/2025	<a href="http://brentbrookbush.com">brentbrookbush.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Joint Mobilization and Manipulation Risk of Adverse Events	Home Study	0.2	12/31/2025	<a href="http://brentbrookbush.com">brentbrookbush.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Joint Mobilizations and Manipulations: Evidence-based Teaching and Learning	Home Study	0.1	12/31/2025	<a href="http://brookbushinstitute.com">brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Joint Mobilizations and Manipulations: Introduction	Home Study	0.3	12/31/2025	<a href="http://brentbrookbush.com">brentbrookbush.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Joints of the Shoulder Girdle and Scapular Joint Actions	Home Study	0.1	12/31/2025	<a href="http://brentbrookbush.com">brentbrookbush.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Kinesiology Taping: Lumbar Spine and Trunk	Home Study	0.2	12/31/2025	<a href="http://brookbushinstitute.com">http://brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Knee Joint	Home Study	0.3	12/31/2025	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Latissimus Dorsi	Home Study	0.2	12/31/2025	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Legs/Triple Extension Progressions	Workshop/Seminar	0.1	12/31/2025	<a href="http://brookbushinstitute.com">http://brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Levator Scapulae	Home Study	0.2	12/31/2025	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Lower Body Goniometric Assessment	Home Study	0.2	12/31/2025	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Lower Body Manual Muscle Testing (MMT)	Home Study	0.2	12/31/2025	<a href="http://brookbushinstitute.com">brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Lower Extremity Dysfunction	Home Study	0.4	12/31/2025	<a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Lower-extremity Power Exercise Intensity, Part 1	Home Study	0.1	12/31/2025	<a href="http://brentbrookbush.com">brentbrookbush.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Lower-extremity Power Exercise Intensity, Part 2	Workshop/Seminar	0.1	12/31/2025	<a href="http://brentbrookbush.com">http://brentbrookbush.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Lumbar Extensor: Release and Lengthening	Home Study	0.1	12/31/2025	<a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	More on the Human Movement Systems: Introduction to Functional Anatomy	Home Study	0.1	12/31/2025	<a href="http://brentbrookbush.com">brentbrookbush.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Muscle Cell Structure and Function	Home Study	0.3	12/31/2025	<a href="http://brentbrookbush.com">http://brentbrookbush.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Muscle Fiber Dysfunction and Trigger Points	Workshop/Seminar	0.2	12/31/2025	<a href="http://brentbrookbush.com">brentbrookbush.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Muscle Fiber Types	Workshop/Seminar	0.1	12/31/2025	<a href="http://brentbrookbush.com">brentbrookbush.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Muscle Length Tests	Home Study	0.2	12/31/2025	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Muscles of the Scapula	Home Study	0.1	12/31/2025	<a href="http://brentbrookbush.com">brentbrookbush.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Overhead Squat Assessment (Part 1): Signs of Dysfunction	Home Study	0.2	12/31/2025	<a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Overhead Squat Assessment (Part 2): Sign Clusters and Compensation Patterns	Home Study	0.2	12/31/2025	<a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Overhead Squat Assessment: Introduction	Home Study	0.2	12/31/2025	<a href="http://brookbushinstitute.com">http://brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Pectoralis Major	Home Study	0.2	12/31/2025	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Pectoralis Major, Latissimus Dorsi and Lower Major	Home Study	0.1	12/31/2025	<a href="http://brentbrookbush.com">brentbrookbush.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Pectoralis Minor	Home Study	0.2	12/31/2025	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Planes of Motion	Home Study	0.1	12/31/2025	<a href="http://brentbrookbush.com">brentbrookbush.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Plank and Side Plank Progressions	Home Study	0.2	12/31/2025	<a href="http://brentbrookbush.com">brentbrookbush.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Plantar Flexor: Release and Lengthening	Home Study	0.1	12/31/2025	<a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Popliteus	Home Study	0.2	12/31/2025	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Posterior Hip (Gluteus Maximus, Medius, Minimus, and Piriformis)	Home Study	0.1	12/31/2025	<a href="http://brentbrookbush.com">brentbrookbush.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Posterior Oblique Subsystem Integration	Workshop/Seminar	0.2	12/31/2025	<a href="http://brentbrookbush.com">http://brentbrookbush.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Power (High-velocity) Training: Introduction	Home Study	0.3	12/31/2025	<a href="http://www.brentbrookbush.com">www.brentbrookbush.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Power (High-velocity) Training: Lower Body	Home Study	0.2	12/31/2025	<a href="http://www.brentbrookbush.com">www.brentbrookbush.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Power (High-velocity) Training: Upper and Total Body Exercises	Home Study	0.2	12/31/2025	<a href="http://www.brentbrookbush.com">www.brentbrookbush.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Predictive Model of Lumbo Pelvic Hip Complex Dysfunction	Workshop/Seminar	0.4	12/31/2025	<a href="http://brentbrookbush.com">http://brentbrookbush.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Predictive Model of Upper Body Dysfunction (UBD)	Home Study	0.3	12/31/2025	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Principles of Online Coaching & Program Design	Workshop/Seminar	1.6	12/31/2025	<a href="http://brookbushinstitute.com">brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Rectus Abdominis & Pyramidalis	Home Study	0.2	12/31/2025	<a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Regional Interdependence: Hip and Ankle	Home Study	1.0	12/31/2025	<a href="http://www.brentbrookbush.com">www.brentbrookbush.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Regional Interdependence: Trunk and Lower Extremity	Workshop/Seminar	0.1	12/31/2025	<a href="http://brentbrookbush.com">brentbrookbush.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Rhomboids	Home Study	0.2	12/31/2025	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Rotator Cuff (and first exercise graph)	Home Study	0.1	12/31/2025	<a href="http://brentbrookbush.com">brentbrookbush.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Scapular Muscles: Release and Lengthening	Home Study	0.1	12/31/2025	<a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Self-administered Joint Mobilizations: Lower Extremity	Home Study	0.2	12/31/2025	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Self-administered Joint Mobilizations: Upper Extremity	Home Study	0.2	12/31/2025	<a href="http://www.Brookbushinstitute.com">www.Brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Serratus Anterior	Home Study	0.2	12/31/2025	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Serratus Anterior Activation	Home Study	0.1	12/31/2025	<a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Shoulder External Rotator Activation	Home Study	0.1	12/31/2025	<a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Shoulder Internal Rotator and Posterior Deltoid: Release and Lengthening	Home Study	0.1	12/31/2025	<a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Shoulder Joint	Home Study	0.3	12/31/2025	<a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Shoulder/Overhead Progressions	Workshop/Seminar	0.1	12/31/2025	<a href="http://brookbushinstitute.com">http://brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Soleus	Home Study	0.2	12/31/2025	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Stability Training	Workshop/Seminar	0.2	12/31/2025	<a href="http://brookbushinstitute.com">http://brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Sternoclavicular, Acromioclavicular and Scapulothoracic Joints	Home Study	0.3	12/31/2025	<a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Subscapularis	Home Study	0.3	12/31/2025	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Supraspinatus	Home Study	0.3	12/31/2025	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Tensor Fascia Latae	Home Study	0.2	12/31/2025	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Teres Major	Home Study	0.2	12/31/2025	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	The Effects of Local Vibration	Workshop/Seminar	0.2	12/31/2025	<a href="http://brookbushinstitute.com">brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	The Spine and Trunk Muscles	Home Study	0.1	12/31/2025	<a href="http://brentbrookbush.com">brentbrookbush.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Tibia External Rotator: Release and Lengthening	Home Study	0.1	12/31/2025	<a href="https://brentbrookbush.com/">https://brentbrookbush.com/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Tibialis Anterior	Home Study	0.2	12/31/2025	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Tibialis Anterior Activation	Home Study	0.1	12/31/2025	<a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Tibialis Posterior	Home Study	0.2	12/31/2025	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Tibialis Posterior Activation	Home Study	0.1	12/31/2025	<a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Transverse Abdominis Activation	Home Study	0.2	12/31/2025	<a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Trapezius Activation	Home Study	0.1	12/31/2025	<a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Trapezius Muscle	Home Study	0.2	12/31/2025	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Trunk Muscles Graph, Additional Core Muscles and Core Exercise Challenge	Home Study	0.1	12/31/2025	<a href="http://brentbrookbush.com">brentbrookbush.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Upper Body Goniometric Assessment	Home Study	0.2	12/31/2025	<a href="http://brentbrookbush.com">http://brentbrookbush.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Upper Body Manual Muscle Testing (MMT)	Home Study	0.1	12/31/2025	<a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Vastus Medialis Obliquus (VMO) and Tibial Internal Rotator Activation	Home Study	0.2	12/31/2025	<a href="https://brentbrookbush.com/">https://brentbrookbush.com/</a>

Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Vibration Release Techniques: Lower Body	Workshop/Seminar	0.2	12/31/2025	brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Vibration Release Techniques: Upper Body	Workshop/Seminar	0.2	12/31/2025	brentbrookbush.com
BUTI Yoga	Advanced Buti Movement	Workshop/Seminar	1.9	12/31/2025	thebutimovement.com
BUTI Yoga	Buti Bands + Sculpt	Home Study	1.9	12/31/2025	thebutimovement.com
BUTI Yoga	Buti Movement	Workshop/Seminar	1.9	12/31/2025	thebutimovement.com
BUTI Yoga	Deep by Buti Movement	Workshop/Seminar	1.9	12/31/2025	thebutimovement.com
BUTI Yoga	Hotcore by Buti Movement	Home Study	1.1	12/31/2025	thebutimovement.com
Cancer Exercise Training Institute	Cancer Exercise Specialist Advanced Qualification (Home Study)	Home Study	1.9	12/31/2025	www.thecancerspecialist.com
Carnivore Coach International	Certificate of Training - Carnivore Coach/Consultant Program	Home Study	1.1	12/31/2025	carnivorecoachinternational.com
Centre for Nutrition & Exercise Sciences (CNES)	Diploma in Nutrition & Fitness	Home Study	1.9	12/31/2025	www.cnes.online
Certified Functional Strength Coach	2023 MBSC Spring Seminar	Home Study	1.1	12/31/2025	CertifiedFSC.com
Certified Functional Strength Coach	2024 MBSC Spring Seminar (Self-Study)	Home Study	1.3	12/31/2025	https://www.somble.com/mbsc/events/2024-mbsc-spring-seminar-100fg
Certified Functional Strength Coach	2025 MBSC Spring Seminar	Workshop/Seminar	1.2	12/31/2025	https://www.somble.com/MBSC/events/the-2025-mbsc-spring-semi-10161
Certified Functional Strength Coach	CERTIFIED FUNCTIONAL STRENGTH COACH LEVEL 1	Workshop/Seminar	1.9	12/31/2025	CFSC.INSPIRE360.COM
Certified Functional Strength Coach	Certified Functional Strength Coach Level 1 Online Course	Home Study	1.9	12/31/2025	cfsc.inspire360.com
Chad Fitness Academy	Functional Interactive Boxing Trainer (FIBT)	Workshop/Seminar	1.6	12/31/2025	https://chenchad.com/
Chair One Fitness	Chair One Fitness	Workshop/Seminar	0.8	12/31/2025	www.chaironefitness.com
ChopFit	ChopFit Chopper Foundations Course	Home Study	0.2	12/31/2025	https://chopfit.com/pages/courses
Cincinnati Sports Club	Comprehensive Recovery for Personal Trainers: Enhancing Performance & Injury Prevention	Workshop/Seminar	0.5	12/31/2025	www.cincinnatiassportsclub.com
CLMBR	CLMBR Training - Certificate of Achievement	Workshop/Seminar	0.4	12/31/2025	clmbr.com
CLMBR	Specialty Certificate - CLMBR Guide	Workshop/Seminar	1.6	12/31/2025	clmbr.com
CLUB FIIT	ClubFIIT Instructor Training	Home Study	1.5	12/31/2025	https://clubfiitfitness.com/
Club Pilates Teacher Training	Club Pilates Comprehensive Pilates Education	Home Study	1.9	12/31/2025	www.clubpilates.com/education
CNU Stretch	CNU Stretch Level I & Level II	Workshop/Seminar	1.6	12/31/2025	www.cnustretch.com
Coach360	Career Lab by Coach360: LIVE at TheFitExpo	Workshop/Seminar	0.7	12/31/2025	www.coach360news.com
Coach360	Career Lab by Coach360: Virtual Summit + Job Fair	Workshop/Seminar	0.7	12/31/2025	www.coach360news.com
Coaching The Body Institute	Coaching the Body Out of Pain for Corrective Exercise, Yoga and Movement	Home Study	1.9	12/31/2025	https://coachingthebody.com/pain-free-movement
Colorado Parks and Recreation Association	Anatomy of Exercise Science	Workshop/Seminar	0.2	12/31/2025	
Colorado Parks and Recreation Association	The Magic of Music, Motivation and Movement	Conference	0.3	12/31/2025	cpra-web.org
Continuing Education 360	Professional Ethics for Everyone	Home Study	0.1	12/31/2025	www.continuingeducation360.com
Continuing Education 360	Science of HIIT: Understand the Anatomy and Physiology to Transform Your Body	Home Study	1.0	12/31/2025	www.continuingeducation360.com
Continuing Education 360	Science of Pilates: Understand the Anatomy and Physiology to Perfect Your Practice	Home Study	1.0	12/31/2025	www.continuingeducation360.com
Continuing Education 360	Science of Running: Analyze your Technique, Prevent Injury, Revolutionize Your Training	Home Study	1.0	12/31/2025	
Continuing Education 360	Science of Strength Training: Understand the Anatomy and Physiology to Transform Your Body	Home Study	1.0	12/31/2025	www.continuingeducation360.com
Continuing Education 360	Science of Stretch: Reach Your Flexible Potential, Stay Active, Maximize Mobility	Home Study	1.0	12/31/2025	www.continuingeducation360.com
Continuing Education 360	Science of Yoga: Understand the Anatomy and Physiology to Perfect Your Practice	Home Study	0.6	12/31/2025	www.continuingeducation360.com
Core 95	Core Circuit Strength	Workshop/Seminar	1.2	12/31/2025	www.core95.com
Core Athletica Inc.	Core Athletica Rehab Level 1	Home Study	1.9	12/31/2025	ericazel.com/core-rehab-instructor-course
Core Athletica Inc.	Knocked-Up Fitness® Prenatal and Postnatal Exercise Specialist Course	Home Study	1.9	12/31/2025	Knocked-UpFitness.com
Core Champion Inc	Core Champion Personal Training Course	Workshop/Seminar	0.7	12/31/2025	corechampion.com
Core Exercise Solutions	Intro to the Pelvic Floor and Diastasis Recti: Essentials	Home Study	0.6	12/31/2025	www.coreexercisesolutions.com
Core Exercise Solutions	Learning Through Applications 2.0	Home Study	1.9	12/31/2025	www.coreexercisesolutions.com
Core Exercise Solutions	PCES 2.0	Home Study	1.9	12/31/2025	www.coreexercisesolutions.com/pces/
Core Exercise Solutions	Pelvis Pro Course	Home Study	1.9	12/31/2025	www.coreexercisesolutions.com
Core Exercise Solutions	Pregnancy and Postpartum Corrective Exercise Specialist 3.0	Home Study	1.9	12/31/2025	
Core Health & Fitness	BoxMaster Instructor Workshop	Workshop/Seminar	0.5	12/31/2025	www.corehandf.com/certification
Core Health & Fitness	Cardio Coach Specialist Training Course by Star Trac	Workshop/Seminar	0.4	12/31/2025	corehandf.com
Core Health & Fitness	CoreFit HIIT Certificate	Workshop/Seminar	0.8	12/31/2025	www.corehandf.com
Core Health & Fitness	CoreFit Strength Certificate	Workshop/Seminar	0.6	12/31/2025	www.corehandf.com
Core Health & Fitness	CoreFit Summit	Conference	0.8	12/31/2025	www.corehandf.com
Core Health & Fitness	Nautilus Human Sport Specialist Workshop	Workshop/Seminar	0.8	12/31/2025	www.corehandf.com/certification
Core Health & Fitness	Schwinn Cycling Instructor Classic Certificate	Workshop/Seminar	0.9	12/31/2025	www.corehandf.com
Core Health & Fitness	Schwinn Performance and Periodization Workshop	Home Study	0.2	12/31/2025	www.corehandf.com/certification
Core Health & Fitness	SCHWINN® CYCLING-INSTRUCTOR TRAINING COURSE ONLINE	Home Study	0.7	12/31/2025	www.corehandf.com
Core Health & Fitness	Schwinn® Indoor Cycling Bridge Course	Workshop/Seminar	0.7	12/31/2025	www.corehandf.com
Core Health & Fitness	SCHWINN® INDOOR CYCLING POWER CERTIFICATE	Workshop/Seminar	0.9	12/31/2025	www.corehandf.com
Core Health & Fitness	StairMaster HIIT Instructor Online Training Course	Home Study	0.4	12/31/2025	www.corehandf.com/certification
Core Health & Fitness	StairMaster HIIT Instructor Training Program	Workshop/Seminar	0.4	12/31/2025	www.corehandf.com/certification
Core Health & Fitness	Strength Training Specialist Course by Nautilus	Home Study	0.4	12/31/2025	corehandf.com
CORE YOGA & BARRE ACADEMY	CORE Barre Teacher Training	Workshop/Seminar	1.9	12/31/2025	http://www.coreyogahk.com
CorePower Yoga	50HR Yoga Sculpt Teacher Training	Home Study	1.9	12/31/2025	www.corepoweryoga.com
CorePower Yoga	CorePower Strength X Teacher Training	Workshop/Seminar	1.9	12/31/2025	www.corepoweryoga.com
Country Fusion™	Country Fusion	Home Study	0.7	12/31/2025	www.countryfusion.net
Coydog Fitness	Barre Strength Instructor Training	Home Study	1.9	12/31/2025	coydogfitness.com
CPT Academy	Mastering Science-Based Program Design	Home Study	1.9	12/31/2025	https://www.thecptacademy.com/store
Created For More PT LLC	Be Prepared...Special Populations	Workshop/Seminar	0.2	12/31/2025	www.createdformorept.com
Creative Training Academy	Kettlebell Level 1 KetAcademy Course	Workshop/Seminar	1.4	12/31/2025	https://cta-taiwan.com/
Creative Training Academy	Thump Boxing L1+L2	Workshop/Seminar	1.6	12/31/2025	cta-taiwan.com
Creative Training Academy	TNS Basic Course by the Physical Research Institute	Workshop/Seminar	1.4	12/31/2025	https://cta-taiwan.com
CRUNCH FITNESS	12 Round TKO	Workshop/Seminar	0.3	12/31/2025	
CRUNCH FITNESS	30 IN 30	Workshop/Seminar	0.3	12/31/2025	www.crunch.com
CRUNCH FITNESS	30 Second Solution	Workshop/Seminar	0.3	12/31/2025	
CRUNCH FITNESS	360-3X	Workshop/Seminar	0.3	12/31/2025	http://www.crunch.com
CRUNCH FITNESS	4 X 4 HIIT	Workshop/Seminar	0.3	12/31/2025	www.crunch.com
CRUNCH FITNESS	AB-CELERATOR	Workshop/Seminar	0.3	12/31/2025	www.crunch.com
CRUNCH FITNESS	ABSOLUTION	Workshop/Seminar	0.3	12/31/2025	WWW.CRUNCH.COM
CRUNCH FITNESS	Accelerate HIIT	Workshop/Seminar	0.3	12/31/2025	www.CRUNCH.com
CRUNCH FITNESS	AEROBICS WITH ATTITUDE	Workshop/Seminar	0.3	12/31/2025	www.crunch.com
CRUNCH FITNESS	ALL-OUT ATHLETE	Workshop/Seminar	0.3	12/31/2025	www.crunch.com
CRUNCH FITNESS	Amp Camp: Peak	Workshop/Seminar	0.3	12/31/2025	
CRUNCH FITNESS	Amp Camp: Push	Workshop/Seminar	0.3	12/31/2025	



CRUNCH FITNESS	Aqua Attack	Workshop/Seminar	0.3	12/31/2025
CRUNCH FITNESS	Aqua Marine	Workshop/Seminar	0.3	12/31/2025
CRUNCH FITNESS	B30 BODY	Workshop/Seminar	0.3	12/31/2025 www.crunch.com
CRUNCH FITNESS	BADASS BALLERINA	Workshop/Seminar	0.3	12/31/2025 www.crunch.com
CRUNCH FITNESS	BADASS BOOTCAMP	Workshop/Seminar	0.4	12/31/2025 www.crunch.com
CRUNCH FITNESS	Band Camp	Home Study	0.3	12/31/2025
CRUNCH FITNESS	Barbell Battleground	Workshop/Seminar	0.3	12/31/2025
CRUNCH FITNESS	Barbell Bound	Workshop/Seminar	0.3	12/31/2025
CRUNCH FITNESS	BARRE ASSETS	Workshop/Seminar	0.4	12/31/2025 WWW.CRUNCH.COM
CRUNCH FITNESS	BARRE BOOTCAMP	Workshop/Seminar	0.3	12/31/2025 http://www.crunch.com
CRUNCH FITNESS	BattleHIIT Out	Workshop/Seminar	0.3	12/31/2025
CRUNCH FITNESS	BELLY BUTT & THIGHS BOOTCAMP	Workshop/Seminar	0.3	12/31/2025 WWW.CRUNCH.COM
CRUNCH FITNESS	BODYWEB WITH TRX	Workshop/Seminar	0.3	12/31/2025 WWW.CRUNCH.COM
CRUNCH FITNESS	Bodyweb with TRX Circuit	Workshop/Seminar	0.3	12/31/2025
CRUNCH FITNESS	BOSU BOOTCAMP	Workshop/Seminar	0.3	12/31/2025 WWW.CRUNCH.COM
CRUNCH FITNESS	Boxing Basics	Workshop/Seminar	0.3	12/31/2025
CRUNCH FITNESS	BUILD HIIT	Workshop/Seminar	0.3	12/31/2025 www.crunch.com
CRUNCH FITNESS	CARDIO SCULPT	Workshop/Seminar	0.3	12/31/2025 WWW.CRUNCH.COM
CRUNCH FITNESS	CARDIO TAI BOX	Workshop/Seminar	0.3	12/31/2025 http://www.crunch.com
CRUNCH FITNESS	Chill the Flow Out	Workshop/Seminar	0.3	12/31/2025
CRUNCH FITNESS	CHISEL	Workshop/Seminar	0.3	12/31/2025 WWW.CRUNCH.COM
CRUNCH FITNESS	CircHIIT	Workshop/Seminar	0.3	12/31/2025
CRUNCH FITNESS	CRUNCH CLASSIC TRAINING	Workshop/Seminar	0.6	12/31/2025 WWW.CRUNCH.COM
CRUNCH FITNESS	Crunch Hot Program Pilates	Workshop/Seminar	0.6	12/31/2025
CRUNCH FITNESS	CTC Launch Pad	Workshop/Seminar	0.3	12/31/2025
CRUNCH FITNESS	DANCE TO HIIT	Workshop/Seminar	0.3	12/31/2025 www.crunch.com
CRUNCH FITNESS	DEMOLISHED	Workshop/Seminar	0.3	12/31/2025 www.crunch.com
CRUNCH FITNESS	Dropset HIIT	Workshop/Seminar	0.3	12/31/2025
CRUNCH FITNESS	Evolve Ability	Workshop/Seminar	0.3	12/31/2025
CRUNCH FITNESS	Evolve Active	Workshop/Seminar	0.3	12/31/2025
CRUNCH FITNESS	Evolve Attitude	Workshop/Seminar	0.3	12/31/2025
CRUNCH FITNESS	Extreme HIIT	Workshop/Seminar	0.3	12/31/2025 www.CRUNCH.com
CRUNCH FITNESS	FACE-OFF: THE ULTIMATE DANCE PARTY!	Workshop/Seminar	0.3	12/31/2025 www.crunch.com
CRUNCH FITNESS	FAT BURNING PILATES	Workshop/Seminar	0.3	12/31/2025 WWW.CRUNCH.COM
CRUNCH FITNESS	Fierce	Workshop/Seminar	0.3	12/31/2025 www.crunch.com
CRUNCH FITNESS	Fight Camp	Workshop/Seminar	0.3	12/31/2025
CRUNCH FITNESS	FIT TO FIGHT	Workshop/Seminar	0.4	12/31/2025 www.crunch.com
CRUNCH FITNESS	FLOAT-FLOW IN MOTION	Workshop/Seminar	0.3	12/31/2025 www.crunch.com
CRUNCH FITNESS	Flow	Workshop/Seminar	0.3	12/31/2025 www.crunch.com
CRUNCH FITNESS	Foundation	Workshop/Seminar	0.3	12/31/2025 www.crunch.com
CRUNCH FITNESS	Four-ce Field	Home Study	0.3	12/31/2025
CRUNCH FITNESS	Ground Level	Workshop/Seminar	0.3	12/31/2025
CRUNCH FITNESS	HARDCORE 360	Workshop/Seminar	0.3	12/31/2025 www.crunch.com
CRUNCH FITNESS	HATHA FLOW	Workshop/Seminar	0.3	12/31/2025 www.crunch.com
CRUNCH FITNESS	Heavy Hitter	Workshop/Seminar	0.3	12/31/2025
CRUNCH FITNESS	Heavy Metal HIIT	Workshop/Seminar	0.3	12/31/2025 www.crunch.com
CRUNCH FITNESS	Heavy Mileage	Workshop/Seminar	0.3	12/31/2025 www.crunch.com
CRUNCH FITNESS	Higher Ground	Workshop/Seminar	0.3	12/31/2025
CRUNCH FITNESS	HIIT The Bells	Workshop/Seminar	0.3	12/31/2025
CRUNCH FITNESS	HIIT The Deck	Workshop/Seminar	0.3	12/31/2025 www.crunch.com
CRUNCH FITNESS	HIIT the Road	Workshop/Seminar	0.3	12/31/2025 www.crunch.com
CRUNCH FITNESS	HIIT WORKOUT	Workshop/Seminar	0.4	12/31/2025 www.crunch.com
CRUNCH FITNESS	Hot Athlete	Workshop/Seminar	0.3	12/31/2025
CRUNCH FITNESS	Hot Core	Workshop/Seminar	0.3	12/31/2025
CRUNCH FITNESS	Hot HIIT	Workshop/Seminar	0.3	12/31/2025
CRUNCH FITNESS	Hot Mobility	Workshop/Seminar	0.3	12/31/2025
CRUNCH FITNESS	Hot Pilates Burn	Workshop/Seminar	0.3	12/31/2025
CRUNCH FITNESS	Hot Pilates Mat	Workshop/Seminar	0.3	12/31/2025
CRUNCH FITNESS	Hot Pilates Power	Workshop/Seminar	0.3	12/31/2025
CRUNCH FITNESS	Hot Program Training	Workshop/Seminar	0.6	12/31/2025 jennifer.renfree@crunch.com
CRUNCH FITNESS	HOT YOGA	Workshop/Seminar	0.3	12/31/2025 www.scwfit.com
CRUNCH FITNESS	Ignite20	Home Study	0.3	12/31/2025
CRUNCH FITNESS	IRON MAT	Workshop/Seminar	0.3	12/31/2025 WWW.CRUNCH.COM
CRUNCH FITNESS	Joint Ventures	Workshop/Seminar	0.3	12/31/2025
CRUNCH FITNESS	JUMP START	Workshop/Seminar	0.4	12/31/2025 www.crunch.com
CRUNCH FITNESS	Legendary Strength	Workshop/Seminar	0.3	12/31/2025
CRUNCH FITNESS	Let the Beat Drop	Workshop/Seminar	0.3	12/31/2025
CRUNCH FITNESS	Level it Up	Workshop/Seminar	0.3	12/31/2025
CRUNCH FITNESS	Line HIIT Up	Home Study	0.3	12/31/2025
CRUNCH FITNESS	Loaded Ladder	Workshop/Seminar	0.3	12/31/2025
CRUNCH FITNESS	LOADED YOGA	Workshop/Seminar	0.3	12/31/2025 www.crunch.com
CRUNCH FITNESS	Myobility CAD	Home Study	0.3	12/31/2025
CRUNCH FITNESS	Myobility RMI	Workshop/Seminar	0.3	12/31/2025
CRUNCH FITNESS	OM HIIT	Workshop/Seminar	0.3	12/31/2025 www.crunch.com
CRUNCH FITNESS	OVERDRIVE	Workshop/Seminar	0.4	12/31/2025 WWW.CRUNCH.COM
CRUNCH FITNESS	P3 Pilates	Workshop/Seminar	0.3	12/31/2025
CRUNCH FITNESS	PEAK PERFORMANCE	Workshop/Seminar	0.3	12/31/2025 www.crunch.com
CRUNCH FITNESS	Punch HIIT	Workshop/Seminar	0.3	12/31/2025 www.CRUNCH.com
CRUNCH FITNESS	Push the Perimeter	Workshop/Seminar	0.3	12/31/2025
CRUNCH FITNESS	ReFORM Pilates	Workshop/Seminar	0.3	12/31/2025
CRUNCH FITNESS	Regional Instructor Connection	Home Study	0.5	12/31/2025

CRUNCH FITNESS	RETRO ROBICS	Workshop/Seminar	0.3	12/31/2025	<a href="http://www.crunch.com">http://www.crunch.com</a>
CRUNCH FITNESS	Ride Level Up Workshop	Workshop/Seminar	0.5	12/31/2025	
CRUNCH FITNESS	RIDE YOGI RIDE	Workshop/Seminar	0.3	12/31/2025	<a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH FITNESS	Ripped Pilates	Workshop/Seminar	0.3	12/31/2025	
CRUNCH FITNESS	RippedHIIT	Workshop/Seminar	0.3	12/31/2025	
CRUNCH FITNESS	Round it Out	Workshop/Seminar	0.3	12/31/2025	
CRUNCH FITNESS	SizzleHIIT	Workshop/Seminar	0.3	12/31/2025	
CRUNCH FITNESS	SLAM HIIT	Workshop/Seminar	0.3	12/31/2025	<a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH FITNESS	SLAMMED	Workshop/Seminar	0.3	12/31/2025	<a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH FITNESS	Slow Burn	Workshop/Seminar	0.3	12/31/2025	<a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH FITNESS	So You Think You Can't Dance	Workshop/Seminar	0.3	12/31/2025	
CRUNCH FITNESS	SPEED PLAY	Workshop/Seminar	0.3	12/31/2025	<a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH FITNESS	STACKED	Workshop/Seminar	0.3	12/31/2025	<a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH FITNESS	STILETTO STRENGTH	Workshop/Seminar	0.3	12/31/2025	<a href="http://WWW.CRUNCH.COM">WWW.CRUNCH.COM</a>
CRUNCH FITNESS	Strike Strong	Workshop/Seminar	0.3	12/31/2025	
CRUNCH FITNESS	Stripped Down Strength	Workshop/Seminar	0.3	12/31/2025	
CRUNCH FITNESS	Strong HIIT	Workshop/Seminar	0.3	12/31/2025	<a href="http://www.CRUNCH.com">www.CRUNCH.com</a>
CRUNCH FITNESS	Superset HIIT	Workshop/Seminar	0.3	12/31/2025	<a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH FITNESS	Superset Your Skillset	Workshop/Seminar	0.5	12/31/2025	
CRUNCH FITNESS	SWITCH HIIT	Workshop/Seminar	0.3	12/31/2025	<a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH FITNESS	TABATA 20-2	Workshop/Seminar	0.3	12/31/2025	<a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH FITNESS	TABATA HIIT	Workshop/Seminar	0.3	12/31/2025	<a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH FITNESS	Takedown Round	Workshop/Seminar	0.3	12/31/2025	
CRUNCH FITNESS	The CTC Combine	Workshop/Seminar	0.3	12/31/2025	
CRUNCH FITNESS	THE LADDER	Workshop/Seminar	0.3	12/31/2025	<a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH FITNESS	THE PUSH POINT	Workshop/Seminar	0.3	12/31/2025	<a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH FITNESS	Three Step Solution	Workshop/Seminar	0.3	12/31/2025	
CRUNCH FITNESS	Top 10x10	Home Study	0.3	12/31/2025	
CRUNCH FITNESS	TOP IT OFF	Workshop/Seminar	0.3	12/31/2025	<a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH FITNESS	Top to Bottom Burnout	Workshop/Seminar	0.3	12/31/2025	
CRUNCH FITNESS	Tough HIIT Out	Workshop/Seminar	0.3	12/31/2025	
CRUNCH FITNESS	Tough Tread	Workshop/Seminar	0.3	12/31/2025	
CRUNCH FITNESS	Tough20	Home Study	0.3	12/31/2025	
CRUNCH FITNESS	Transform it: Cardio	Workshop/Seminar	0.3	12/31/2025	
CRUNCH FITNESS	Transform it: Core	Workshop/Seminar	0.3	12/31/2025	
CRUNCH FITNESS	Transform it: Strong	Workshop/Seminar	0.3	12/31/2025	
CRUNCH FITNESS	TREAD BOOTCAMP	Workshop/Seminar	0.3	12/31/2025	<a href="http://WWW.CRUNCH.COM">WWW.CRUNCH.COM</a>
CRUNCH FITNESS	TREAD-N-SHRED	Workshop/Seminar	0.3	12/31/2025	<a href="http://WWW.CRUNCH.COM">WWW.CRUNCH.COM</a>
CRUNCH FITNESS	Triple Threat Circuit	Workshop/Seminar	0.3	12/31/2025	
CRUNCH FITNESS	TripleHIIT	Workshop/Seminar	0.3	12/31/2025	
CRUNCH FITNESS	True North: Mandala Flow	Workshop/Seminar	0.3	12/31/2025	
CRUNCH FITNESS	Ultimate R&R	Home Study	0.3	12/31/2025	
CRUNCH FITNESS	UNBREAKABLE	Workshop/Seminar	0.3	12/31/2025	<a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH FITNESS	Work the Room	Workshop/Seminar	0.3	12/31/2025	<a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH FITNESS	YOGA BODY SCULPT	Workshop/Seminar	0.3	12/31/2025	<a href="http://WWW.CRUNCH.COM">WWW.CRUNCH.COM</a>
CRUNCH FITNESS	Zip HIIT	Workshop/Seminar	0.3	12/31/2025	
Crunch Fitness CR Fitness Franchise	Foundations Workshop	Workshop/Seminar	1.7	12/31/2025	<a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH UNIVERSITY	12 Round TKO	Home Study	0.1	12/31/2025	
CRUNCH UNIVERSITY	30 IN 30	Home Study	0.1	12/31/2025	<a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH UNIVERSITY	30 Second Solution	Workshop/Seminar	0.1	12/31/2025	
CRUNCH UNIVERSITY	360-3X	Home Study	0.1	12/31/2025	<a href="http://www.crunch-u.com">http://www.crunch-u.com</a>
CRUNCH UNIVERSITY	4 X 4 HIIT	Home Study	0.1	12/31/2025	<a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH UNIVERSITY	AB-CELERATOR	Home Study	0.1	12/31/2025	<a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH UNIVERSITY	ABSOLUTION	Home Study	0.1	12/31/2025	<a href="http://www.crunch-u.com">http://www.crunch-u.com</a>
CRUNCH UNIVERSITY	Accelerate HIIT	Workshop/Seminar	0.1	12/31/2025	<a href="http://www.CRUNCH.com">www.CRUNCH.com</a>
CRUNCH UNIVERSITY	AEROBICS WITH ATTITUDE	Home Study	0.1	12/31/2025	<a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH UNIVERSITY	ALL-OUT ATHLETE	Home Study	0.1	12/31/2025	<a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH UNIVERSITY	Amp Camp: Peak	Home Study	0.1	12/31/2025	
CRUNCH UNIVERSITY	Amp Camp: Push	Workshop/Seminar	0.1	12/31/2025	
CRUNCH UNIVERSITY	Aqua Attack	Workshop/Seminar	0.1	12/31/2025	
CRUNCH UNIVERSITY	Aqua Marine	Workshop/Seminar	0.1	12/31/2025	
CRUNCH UNIVERSITY	B30 BODY	Home Study	0.1	12/31/2025	<a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH UNIVERSITY	BADASS BALLERINA	Home Study	0.1	12/31/2025	<a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH UNIVERSITY	BADASS BOOTCAMP	Workshop/Seminar	0.1	12/31/2025	<a href="http://crunch.com">crunch.com</a>
CRUNCH UNIVERSITY	Band Camp	Home Study	0.1	12/31/2025	
CRUNCH UNIVERSITY	Barbell Battleground	Workshop/Seminar	0.1	12/31/2025	
CRUNCH UNIVERSITY	Barbell Bound	Home Study	0.1	12/31/2025	
CRUNCH UNIVERSITY	BARRE ASSETS	Home Study	0.1	12/31/2025	<a href="http://www.crunch-u.com">http://www.crunch-u.com</a>
CRUNCH UNIVERSITY	BARRE BOOTCAMP	Home Study	0.1	12/31/2025	<a href="http://www.crunch-u.com">http://www.crunch-u.com</a>
CRUNCH UNIVERSITY	BattleHIIT Out	Home Study	0.1	12/31/2025	
CRUNCH UNIVERSITY	BELLY BUTT & THIGHS BOOTCAMP	Home Study	0.1	12/31/2025	<a href="http://www.crunch-u.com">http://www.crunch-u.com</a>
CRUNCH UNIVERSITY	BODYWEB WITH TRX	Home Study	0.1	12/31/2025	<a href="http://www.crunch-u.com">http://www.crunch-u.com</a>
CRUNCH UNIVERSITY	Bodyweb with TRX Circuit	Workshop/Seminar	0.1	12/31/2025	
CRUNCH UNIVERSITY	BOSU BOOTCAMP	Home Study	0.1	12/31/2025	<a href="http://www.crunch-u.com">http://www.crunch-u.com</a>
CRUNCH UNIVERSITY	Boxing Basics	Home Study	0.1	12/31/2025	
CRUNCH UNIVERSITY	BUILD HIIT	Home Study	0.1	12/31/2025	<a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH UNIVERSITY	CARDIO SCULPT	Workshop/Seminar	0.1	12/31/2025	<a href="http://www.crunch-u.com">http://www.crunch-u.com</a>
CRUNCH UNIVERSITY	CARDIO TAI BOX	Home Study	0.1	12/31/2025	<a href="http://www.crunch-u.com">http://www.crunch-u.com</a>
CRUNCH UNIVERSITY	Chill the Flow Out	Home Study	0.1	12/31/2025	
CRUNCH UNIVERSITY	CHISEL	Home Study	0.1	12/31/2025	<a href="http://www.crunch-u.com">http://www.crunch-u.com</a>
CRUNCH UNIVERSITY	CircHIIT	Home Study	0.1	12/31/2025	



CRUNCH UNIVERSITY	CTC Launch Pad	Home Study	0.1	12/31/2025
CRUNCH UNIVERSITY	DANCE TO HIIT	Home Study	0.1	12/31/2025 <a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH UNIVERSITY	DEMOLISHED	Home Study	0.1	12/31/2025 <a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH UNIVERSITY	Dropset HIIT	Workshop/Seminar	0.1	12/31/2025
CRUNCH UNIVERSITY	Evolve Ability	Home Study	0.1	12/31/2025
CRUNCH UNIVERSITY	Evolve Active	Home Study	0.1	12/31/2025
CRUNCH UNIVERSITY	Evolve Attitude	Home Study	0.1	12/31/2025
CRUNCH UNIVERSITY	Extreme HIIT	Workshop/Seminar	0.1	12/31/2025 <a href="http://www.CRUNCH.com">www.CRUNCH.com</a>
CRUNCH UNIVERSITY	FACE-OFF: THE ULTIMATE DANCE PARTY!	Home Study	0.1	12/31/2025 <a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH UNIVERSITY	Fat Burning Pilates	Home Study	0.1	12/31/2025 <a href="http://www.crunch-u.com">http://www.crunch-u.com</a>
CRUNCH UNIVERSITY	Fierce	Home Study	0.1	12/31/2025 <a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH UNIVERSITY	Fight Camp	Home Study	0.1	12/31/2025
CRUNCH UNIVERSITY	FIT TO FIGHT	Workshop/Seminar	0.1	12/31/2025 <a href="http://crunch.com">crunch.com</a>
CRUNCH UNIVERSITY	FLOAT-FLOW IN MOTION	Home Study	0.1	12/31/2025 <a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH UNIVERSITY	Flow	Home Study	0.1	12/31/2025 <a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH UNIVERSITY	Foundation	Home Study	0.1	12/31/2025 <a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH UNIVERSITY	Four-ce Field	Home Study	0.1	12/31/2025
CRUNCH UNIVERSITY	Ground Level	Home Study	0.1	12/31/2025
CRUNCH UNIVERSITY	HARDCORE 360	Home Study	0.1	12/31/2025 <a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH UNIVERSITY	HATHA FLOW	Home Study	0.1	12/31/2025 <a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH UNIVERSITY	Heavy Hitter	Home Study	0.1	12/31/2025
CRUNCH UNIVERSITY	Heavy Metal HIIT	Home Study	0.1	12/31/2025 <a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH UNIVERSITY	Heavy Mileage	Home Study	0.1	12/31/2025 <a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH UNIVERSITY	Higher Ground	Home Study	0.1	12/31/2025
CRUNCH UNIVERSITY	HIIT The Belts	Home Study	0.1	12/31/2025
CRUNCH UNIVERSITY	HIIT The Deck	Home Study	0.1	12/31/2025 <a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH UNIVERSITY	HIIT The Road	Home Study	0.1	12/31/2025 <a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH UNIVERSITY	HIIT WORKOUT	Workshop/Seminar	0.1	12/31/2025 <a href="http://crunch.com">crunch.com</a>
CRUNCH UNIVERSITY	Hot Athlete	Home Study	0.1	12/31/2025
CRUNCH UNIVERSITY	Hot Core	Home Study	0.1	12/31/2025
CRUNCH UNIVERSITY	Hot HIIT	Home Study	0.1	12/31/2025
CRUNCH UNIVERSITY	Hot Mobility	Home Study	0.1	12/31/2025
CRUNCH UNIVERSITY	Hot Pilates Burn	Home Study	0.1	12/31/2025
CRUNCH UNIVERSITY	Hot Pilates Mat	Home Study	0.1	12/31/2025
CRUNCH UNIVERSITY	Hot Pilates Power	Home Study	0.1	12/31/2025
CRUNCH UNIVERSITY	HOT YOGA	Home Study	0.1	12/31/2025 <a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH UNIVERSITY	Ignite20	Home Study	0.1	12/31/2025
CRUNCH UNIVERSITY	IRON MAT	Home Study	0.1	12/31/2025 <a href="http://www.crunch-u.com">http://www.crunch-u.com</a>
CRUNCH UNIVERSITY	Joint Ventures	Workshop/Seminar	0.1	12/31/2025
CRUNCH UNIVERSITY	JUMP START	Workshop/Seminar	0.1	12/31/2025 <a href="http://crunch.com">crunch.com</a>
CRUNCH UNIVERSITY	Legendary Strength	Home Study	0.1	12/31/2025
CRUNCH UNIVERSITY	Let the Beat Drop	Workshop/Seminar	0.1	12/31/2025
CRUNCH UNIVERSITY	Level it Up	Home Study	0.1	12/31/2025
CRUNCH UNIVERSITY	Line HIIT Up	Home Study	0.1	12/31/2025
CRUNCH UNIVERSITY	Loaded Ladder	Home Study	0.1	12/31/2025
CRUNCH UNIVERSITY	LOADED YOGA	Home Study	0.1	12/31/2025 <a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH UNIVERSITY	Myobility CAD	Home Study	0.1	12/31/2025
CRUNCH UNIVERSITY	Myobility RMI	Home Study	0.1	12/31/2025
CRUNCH UNIVERSITY	OM HIIT	Home Study	0.1	12/31/2025 <a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH UNIVERSITY	OVERDRIVE	Home Study	0.1	12/31/2025 <a href="http://www.crunch-u.com">http://www.crunch-u.com</a>
CRUNCH UNIVERSITY	P3 Pilates	Home Study	0.1	12/31/2025
CRUNCH UNIVERSITY	PEAK PERFORMANCE	Home Study	0.1	12/31/2025 <a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH UNIVERSITY	Punch HIIT	Workshop/Seminar	0.1	12/31/2025 <a href="http://www.CRUNCH.com">www.CRUNCH.com</a>
CRUNCH UNIVERSITY	Push the Perimeter	Home Study	0.1	12/31/2025
CRUNCH UNIVERSITY	ReFORM Pilates	Home Study	0.1	12/31/2025
CRUNCH UNIVERSITY	RETRO ROBICS	Home Study	0.1	12/31/2025 <a href="http://www.crunch-u.com">http://www.crunch-u.com</a>
CRUNCH UNIVERSITY	Ride Educational Pods	Home Study	0.1	12/31/2025
CRUNCH UNIVERSITY	RIDE YOGI RIDE	Workshop/Seminar	0.1	12/31/2025 <a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH UNIVERSITY	Ripped Pilates	Home Study	0.1	12/31/2025
CRUNCH UNIVERSITY	RippedHIIT	Home Study	0.1	12/31/2025
CRUNCH UNIVERSITY	Round it Out	Home Study	0.1	12/31/2025
CRUNCH UNIVERSITY	SizzleHIIT	Home Study	0.1	12/31/2025
CRUNCH UNIVERSITY	SLAM HIIT	Workshop/Seminar	0.1	12/31/2025 <a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH UNIVERSITY	SLAMMED	Home Study	0.1	12/31/2025 <a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH UNIVERSITY	Slow Burn	Home Study	0.1	12/31/2025 <a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH UNIVERSITY	So You Think You Can't Dance	Workshop/Seminar	0.1	12/31/2025
CRUNCH UNIVERSITY	SPEED PLAY	Home Study	0.1	12/31/2025 <a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH UNIVERSITY	STACKED	Home Study	0.1	12/31/2025 <a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH UNIVERSITY	STILETTO STRENGTH	Home Study	0.1	12/31/2025 <a href="http://www.crunch-u.com">http://www.crunch-u.com</a>
CRUNCH UNIVERSITY	Strike Strong	Home Study	0.1	12/31/2025
CRUNCH UNIVERSITY	Stripped Down Strength	Home Study	0.1	12/31/2025
CRUNCH UNIVERSITY	Strong HIIT	Workshop/Seminar	0.1	12/31/2025 <a href="http://www.CRUNCH.com">www.CRUNCH.com</a>
CRUNCH UNIVERSITY	Superset HIIT	Home Study	0.1	12/31/2025 <a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH UNIVERSITY	SWITCH HIIT	Home Study	0.1	12/31/2025 <a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH UNIVERSITY	TABATA 20-2	Home Study	0.1	12/31/2025 <a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH UNIVERSITY	TABATA HIIT	Workshop/Seminar	0.1	12/31/2025 <a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH UNIVERSITY	Takedown Round	Home Study	0.1	12/31/2025
CRUNCH UNIVERSITY	The CTC Combine	Home Study	0.1	12/31/2025
CRUNCH UNIVERSITY	THE LADDER	Home Study	0.1	12/31/2025 <a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH UNIVERSITY	THE PUSH POINT	Home Study	0.1	12/31/2025 <a href="http://www.crunch.com">www.crunch.com</a>
CRUNCH UNIVERSITY	Three Step Solution	Home Study	0.1	12/31/2025

CRUNCH UNIVERSITY	Top 10x10	Home Study	0.1	12/31/2025	
CRUNCH UNIVERSITY	TOP IT OFF	Home Study	0.1	12/31/2025	www.crunch.com
CRUNCH UNIVERSITY	Top to Bottom Burnout	Home Study	0.1	12/31/2025	
CRUNCH UNIVERSITY	Tough HIIT Out	Home Study	0.1	12/31/2025	
CRUNCH UNIVERSITY	Tough Tread	Home Study	0.1	12/31/2025	
CRUNCH UNIVERSITY	Tough20	Home Study	0.1	12/31/2025	
CRUNCH UNIVERSITY	Transform it: Cardio	Home Study	0.1	12/31/2025	
CRUNCH UNIVERSITY	Transform it: Core	Home Study	0.1	12/31/2025	
CRUNCH UNIVERSITY	Transform it: Strong	Workshop/Seminar	0.1	12/31/2025	
CRUNCH UNIVERSITY	Tread Bootcamp	Home Study	0.1	12/31/2025	http://www.crunch-u.com
CRUNCH UNIVERSITY	TREAD-N-SHRED	Home Study	0.1	12/31/2025	http://www.crunch-u.com
CRUNCH UNIVERSITY	Triple Threat Circuit	Workshop/Seminar	0.1	12/31/2025	
CRUNCH UNIVERSITY	TripleHIIT	Home Study	0.1	12/31/2025	
CRUNCH UNIVERSITY	True North: Mandala Flow	Home Study	0.1	12/31/2025	
CRUNCH UNIVERSITY	Ultimate R&R	Home Study	0.1	12/31/2025	
CRUNCH UNIVERSITY	UNBREAKABLE	Home Study	0.1	12/31/2025	www.crunch.com
CRUNCH UNIVERSITY	Work the Room	Home Study	0.1	12/31/2025	www.crunch.com
CRUNCH UNIVERSITY	Yoga Body Sculpt	Home Study	0.1	12/31/2025	http://www.crunch-u.com
CRUNCH UNIVERSITY	Zip HIIT	Home Study	0.1	12/31/2025	
CycleBar Indoor Cycling	CycleBar Indoor Cycling Training Program	Home Study	1.9	12/31/2025	www.cyclebar.com/certification
CycleBar Indoor Cycling	CycleBar's Music Workshop	Workshop/Seminar	0.4	12/31/2025	https://www.cyclebar.com/training-program
DANCEWITHDEEPTI	Fitness Instructor - Cardio & Strength	Workshop/Seminar	1.9	12/31/2025	www.dancewithDeepti.com
Defying Gravity Bungee Training	Defying Gravity Bungee Instructor Training	Workshop/Seminar	1.4	12/31/2025	www.DefyingGravityBungee.com
DESIBOY FITNESS	Bollywood Dance Fitness Instructor Training	Workshop/Seminar	0.5	12/31/2025	desiboyfit.com
DESIREE FITNESS	ASESOR NUTRIOLOGO EN FITNESS	Workshop/Seminar	0.6	12/31/2025	http://www.desireefitness.com
DESIREE FITNESS	ENTRENADOR PERSONAL	Workshop/Seminar	0.6	12/31/2025	desireefitness.com
DESIREE FITNESS	MASAJE DEPORTIVO	Workshop/Seminar	0.4	12/31/2025	http://www.desireefitness.com
DESIREE FITNESS	MAT PILATES	Workshop/Seminar	0.5	12/31/2025	www.desireefitness.com
DESIREE FITNESS	RITMOS LATINOS	Workshop/Seminar	0.5	12/31/2025	http://www.desireefitness.com
DESIREE FITNESS	YOGA FITNESS	Workshop/Seminar	0.5	12/31/2025	http://www.desireefitness.com
Dirtylicious Dance Fitness	Dirtylicious University and Dirtylicious Instructor	Workshop/Seminar	0.6	12/31/2025	https://www.dirtyliciousdancefitness.com/
DLdNation, LLC	Online Fitness and Nutrition Coaching Specialization	Home Study	1.9	12/31/2025	www.dldnation.com
dotFIT, LLC	dotFIT Certificate	Home Study	1.6	12/31/2025	www.dotfit.com
DR Academy	3D Muscle Sling Chain	Workshop/Seminar	1.4	12/31/2025	https://dracademy.com.tw/3d-muscle-chain/
DR Academy	Functional Performance Specialist – Level 1 (FPS L1)	Workshop/Seminar	1.9	12/31/2025	https://dracademy.com.tw/fpsl1/
DR Academy	HIIT360 Energy System	Workshop/Seminar	1.3	12/31/2025	https://dracademy.com.tw/hiit360/
DR Academy	X-Plyo180 Integrated Explosive Power Training	Workshop/Seminar	1.3	12/31/2025	https://dracademy.com.tw/xplyo180/
Dr Marc Method	Dr Marc Method	Home Study	1.9	12/31/2025	https://www.drmarcmethod.com/
Dr Stacy Sims	Menopause 2.0	Home Study	1.5	12/31/2025	www.drstacysims.com
Dr Stacy Sims	Next Gen	Home Study	0.9	12/31/2025	www.drstacysims.com
DrMike Scientific Strength	360 Power Training Course	Workshop/Seminar	0.6	12/31/2025	
DrMike Scientific Strength	360 Power Training Course Online	Home Study	0.6	12/31/2025	https://thedrjmike.com/360surge
Drumba Fitness	Cardio Drumba	Workshop/Seminar	0.6	12/31/2025	www.drumbafitness.com
EOYM	ECOACH LEVEL 2	Workshop/Seminar	0.5	12/31/2025	
ELDOA	ELDOA 1 & 2 Combination Education Course	Workshop/Seminar	1.9	12/31/2025	
EMPOWER	5-Star	Workshop/Seminar	0.8	12/31/2025	
EMPOWER	ALPHA	Workshop/Seminar	0.4	12/31/2025	www.empower.com
EMPOWER	Barbell Strength	Workshop/Seminar	0.4	12/31/2025	empowerfitness.com
EMPOWER	Elevate	Workshop/Seminar	0.4	12/31/2025	empowerfitness.com
EMPOWER	GTX	Workshop/Seminar	0.4	12/31/2025	
EMPOWER	Life Barre	Workshop/Seminar	1.5	12/31/2025	
EMPOWER	MB360	Workshop/Seminar	1.6	12/31/2025	empowerfitnesssevents.com
EMPOWER	SGT Coaching Excellence Intensive	Home Study	0.7	12/31/2025	
EMPOWER	Ultra Fit	Workshop/Seminar	0.4	12/31/2025	https://empowerfitness.com
Empower Method	Empower Method Barre Training	Home Study	1.4	12/31/2025	empowermethodstudio.com
Empower Method	Empower Method Mat Pilates Training	Home Study	1.8	12/31/2025	empowermethodstudio.com
EMS Enhanced, LLC	EMS Enhanced EMS Trainer	Home Study	1.1	12/31/2025	www.emsmotion.com
ENCE TRAINING	Systematic Movement Specialist	Workshop/Seminar	1.6	12/31/2025	https://www.encetraining.com.au
Evolt 360	Evolt 360 Master Coach Course	Home Study	0.2	12/31/2025	https://learn.evolt360learninghub.com/#/login
Exercise and Nutrition Works, Inc.	Fitness Nutrition Specialist	Home Study	1.9	12/31/2025	https://CertifiedFitnessNutritionSpecialist.com/
Exercise and Nutrition Works, Inc.	Nutrition Practitioner	Home Study	1.9	12/31/2025	www.NutritionCertification.com
Exercise Connection	Autism Exercise Specialist Certificate	Home Study	1.4	12/31/2025	https://exercisecconnection.com/autism-exercise-specialist-certificate/
Exercise Etc Inc	Age Strong	Home Study	1.3	12/31/2025	
Exercise Etc Inc	Amazing Strength: Performance, Function & Power	Workshop/Seminar	0.2	12/31/2025	www.exercisetc.com
Exercise Etc Inc	Ambulation Training: Form & Function	Home Study	0.2	12/31/2025	www.exercisetc.com
Exercise Etc Inc	Baby Boomer Boot Camp	Workshop/Seminar	0.2	12/31/2025	www.exercisetc.com
Exercise Etc Inc	Balance and the Aging Boomer	Workshop/Seminar	0.2	12/31/2025	www.exercisetc.com
Exercise Etc Inc	Coaching & Cueing to Improve Movement Patterns	Workshop/Seminar	0.2	12/31/2025	www.exercisetc.com
Exercise Etc Inc	Comprehensive Recovery Strategies	Home Study	0.2	12/31/2025	www.exercisetc.com
Exercise Etc Inc	Core Training: From Outdated to Outstanding	Workshop/Seminar	0.2	12/31/2025	www.exercisetc.com
Exercise Etc Inc	Core Training: The Future is Now	Workshop/Seminar	0.2	12/31/2025	www.exercisetc.com
Exercise Etc Inc	Diet Lies & Weight Loss Truths	Home Study	0.9	12/31/2025	www.exercisetc.com
Exercise Etc Inc	Dynamic Balance: Form & Function	Workshop/Seminar	0.2	12/31/2025	www.exercisetc.com
Exercise Etc Inc	Empowering Transformation: Managing Chronic Disease	Workshop/Seminar	0.2	12/31/2025	www.exercisetc.com
Exercise Etc Inc	Exceptional Vitality: Balance, Fall Prevention & Longevity	Workshop/Seminar	0.2	12/31/2025	www.exercisetc.com
Exercise Etc Inc	Exercise to Improve Neck & Back Function	Workshop/Seminar	0.2	12/31/2025	http://exercisetc.com/
Exercise Etc Inc	Extraordinary Stamina: Cardio, Cognition & Quality of Life	Workshop/Seminar	0.2	12/31/2025	www.exercisetc.com
Exercise Etc Inc	Facilitating Progress: Sustainable Exercise for the Older Spine	Workshop/Seminar	0.2	12/31/2025	www.exercisetc.com
Exercise Etc Inc	Forever Functional: An Integrated Approach to Balance Training	Workshop/Seminar	0.2	12/31/2025	www.exercisetc.com
Exercise Etc Inc	Function Rebuilt: Instructing Pulls, Rows and Curls	Workshop/Seminar	0.2	12/31/2025	www.exercisetc.com
Exercise Etc Inc	Function Reclaimed: Training Squats & Lunges	Workshop/Seminar	0.2	12/31/2025	www.exercisetc.com

Exercise Etc Inc	Function Recovered: Teaching Rotations & Deadlifts	Workshop/Seminar	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	Function Restored: Coaching Pushes, Presses & Dips	Workshop/Seminar	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	Functional Core for Women	Home Study	0.8	12/31/2025	https://exerciseetc.com
Exercise Etc Inc	Functional Mobility: Improving Range of Motion & Control	Workshop/Seminar	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	High-intensity Cardio: Leaving the Comfort Zone	Workshop/Seminar	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	HIIT the Road: Portable High Intensity Workouts	Workshop/Seminar	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	Kettlebell Training: Form & Function	Workshop/Seminar	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	Landmine Training: Form & Function	Workshop/Seminar	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	Lift Weight to Lose Weight	Workshop/Seminar	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	Lower Body Training: Building a New Reality	Workshop/Seminar	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	Lunges: From Routine to Remarkable	Workshop/Seminar	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	Nancy Clark's Sports Nutrition Guidebook	Home Study	1.9	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	Nutrition and Weight Management for Aging Boomers	Workshop/Seminar	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	Perfecting the Physique with Targeted Bodysculpting	Workshop/Seminar	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	Planks and Bridges: The Foundation of Fitness	Workshop/Seminar	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	Planning Performance-based Programs	Workshop/Seminar	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	Preparing for the Worst: Preventing Common Fitness Injuries	Workshop/Seminar	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	Preventing Injury with Gait, Agility & Dynamic Balance Drills	Workshop/Seminar	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	Progressing High-intensity Cardio Programs	Workshop/Seminar	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	Progressive Synchronization: Training Before & After Hip or Knee Replacement	Workshop/Seminar	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	Pulls & Rows: From Antiquated to Amazing	Workshop/Seminar	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	Pure Power: Integrated Rotational Training	Workshop/Seminar	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	Pushes & Presses: From Tedious to Terrific	Workshop/Seminar	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	Reversing Dysfunction: Training Older Shoulders	Workshop/Seminar	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	Rotations & Hip Hinges: From Stodgy to Superlative	Workshop/Seminar	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	Setting a Baseline: Screening, Assessment and Testing	Workshop/Seminar	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	Strength Bands: Form & Function	Workshop/Seminar	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	Strength Training Past 60	Workshop/Seminar	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	Suspension Training: Form & Function	Workshop/Seminar	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	Sustainable Strength Training for Older Boomers	Workshop/Seminar	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	The Ankle: The Biomechanical Marvel	Workshop/Seminar	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	The Art & Science of Active Mobility Training	Workshop/Seminar	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	The Art & Science of Bodysculpting	Workshop/Seminar	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	The Art & Science of Fitness Testing & Assessment	Workshop/Seminar	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	The Art & Science of HIIT	Workshop/Seminar	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	The Art & Science of Strength & Conditioning	Workshop/Seminar	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	The Biomechanics of Balance & Fall Prevention	Workshop/Seminar	0.2	12/31/2025	
Exercise Etc Inc	The Biomechanics of Function & Strength	Workshop/Seminar	0.2	12/31/2025	
Exercise Etc Inc	The Biomechanics of Gait & Agility	Workshop/Seminar	0.2	12/31/2025	
Exercise Etc Inc	The Biomechanics of Grip & Core Stability	Workshop/Seminar	0.2	12/31/2025	
Exercise Etc Inc	The Essential Hip: Reversing Gluteal Amnesia	Workshop/Seminar	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	The Essentials of Gait Development	Workshop/Seminar	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	The Foot: An Owner's Manual	Workshop/Seminar	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	The Hip: An Owner's Manual	Workshop/Seminar	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	The Knee: An Owner's Manual	Workshop/Seminar	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	The Knee: Top Trends in Training	Home Study	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	The New Power Eating	Home Study	1.6	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	The Plastic Cup Balance Workout	Workshop/Seminar	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	The Shoulder: An Owner's Manual	Workshop/Seminar	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	The Shoulder: New School Training Techniques	Home Study	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	The Spine: An Owner's Manual	Workshop/Seminar	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	The Squat: From Essential to Exceptional	Workshop/Seminar	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	Total Body Beautiful	Home Study	1.0	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	Ultimate Abs	Home Study	1.0	12/31/2025	https://exerciseetc.com
Exercise Etc Inc	Uncommon Performance: Assessment, Stability & Independence	Workshop/Seminar	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	Upper Body Training: Results Without Excuses	Workshop/Seminar	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	Walk the Walk: Functional Ambulation Drills	Workshop/Seminar	0.2	12/31/2025	www.exerciseetc.com
Exercise Etc Inc	Women, Hormones & Exercise	Workshop/Seminar	0.2	12/31/2025	www.exerciseetc.com
Exercise Therapy Association	Core Mastery	Workshop/Seminar	1.8	12/31/2025	exercisetherapyassociation.com
Exercise Therapy Association	Lower Body Mastery	Workshop/Seminar	1.9	12/31/2025	https://www.exercisetherapyassociation.com/home
Exercise Therapy Association	Upper Body Mastery	Workshop/Seminar	1.6	12/31/2025	https://www.exercisetherapyassociation.com/
Experiential Movement by Brittany Carden	Barre Teacher Training by Brittany Carden	Workshop/Seminar	1.9	12/31/2025	www.thisisbrittanycarden.com
Experiential Movement by Brittany Carden	Creating The Crescendo: Uplevelment through the Energetics of Teaching	Workshop/Seminar	1.6	12/31/2025	www.thisisbrittanycarden.com
Fabulous Body Inc	Certificate in Gut Health	Home Study	1.1	12/31/2025	www.fabulousbody.com/course/certificate-in-gut-health
Fabulous Body Inc	Certificate in Nutrition	Home Study	1.9	12/31/2025	
Fabulous Body Inc	Holistic Nutrition Coach	Home Study	1.9	12/31/2025	www.fabulousbody.com/holistic-nutrition-coach-certification
Fascia Training Academy	Fascial Fitness Certificate	Home Study	1.9	12/31/2025	http://fasciatrainingacademy.com/
FET Academy	Diastasis Recti Specialist	Home Study	0.6	12/31/2025	www.fetacademy.com
FET Academy	Matt Pilates L1 Instructor	Workshop/Seminar	1.9	12/31/2025	https://www.fetacademy.com
FET Academy	Sport Injuries and Corrective Exercises Specialist	Home Study	1.9	12/31/2025	www.fetacademy.com
FET Academy	YOGA L1 Instructor	Workshop/Seminar	1.9	12/31/2025	https://www.fetacademy.com
Fhitting Room	In-Person FHIITpro Certificate	Home Study	1.6	12/31/2025	https://www.fhittingroom.com/
Fhitting Room	LIVE! FHIITpro Certificate	Home Study	1.3	12/31/2025	https://www.fhittingroom.com/
FIGR	Mother FIGRs Pregnancy and Postpartum Workshop Course	Workshop/Seminar	0.4	12/31/2025	www.fitstgettingreal.com
Find Aligned	Adapted Alignment Facilitation Technique	Workshop/Seminar	1.9	12/31/2025	www.findaligned.com
Find Aligned	How to talk to your nervous system using nerves and movement	Workshop/Seminar	0.7	12/31/2025	www.findaligned.com
Find Aligned	How to talk to your nervous system using the 5 senses	Workshop/Seminar	0.8	12/31/2025	www.findaligned.com
Find Aligned	Introduction to Physiology Adaptation: Muscle V Fascial Build Types: Assessment, Adaptation and Appl	Workshop/Seminar	0.3	12/31/2025	www.findaligned.com
Fit Athletic	130 Hours of Comprehensive Pilates Mat Training	Workshop/Seminar	1.9	12/31/2025	www.fitathletic.com
Fit Bodies, Inc.	Coconut Beach Camp Training Course	Home Study	0.2	12/31/2025	fitnessprotravel.com
Fit Bodies, Inc.	Create a profitable Retreat - Certified Retreat Leader	Home Study	0.9	12/31/2025	fitnessprotravel.com

Fit Bodies, Inc.	Fit Bodies, Inc. Teaching Vacation Basics	Home Study	0.3	12/31/2025	fitnessprotravel.com
Fit Body Boot Camp	2025 World Conference	Conference	1.9	12/31/2025	
Fit Body Boot Camp	Anatomy & Biomechanics - Level 1	Home Study	1.4	12/31/2025	www.fitbodybootcamp.com
Fit Boots International, LTD	Ultimate Fit Jumps	Workshop/Seminar	1.6	12/31/2025	www.fit-boots.com
FIT CHICKS* Academy	Fitness & Nutrition Expert Program	Home Study	1.9	12/31/2025	www.fitchicksacademy.com
FIT CHICKS* Academy	Holistic Nutrition Weight Loss Expert Program	Home Study	1.9	12/31/2025	www.fitchicksacademy.com
FIT CHICKS* Academy	Holistic Perimenopause & Menopause Coach	Home Study	1.9	12/31/2025	www.fitchicksacademy.com/menopause
Fit For Birth, Inc	Pre & Post Natal Corrective Exercise Specialist (Home Study + Mini Internship)	Home Study	1.9	12/31/2025	www.getfitforbirth.com
Fit For Birth, Inc	Pre & Postnatal Diastasis and Core Consultant	Home Study	1.9	12/31/2025	www.getfitforbirth.com
Fit Pro Programming	Balletone Prime Instructor Training	Workshop/Seminar	0.7	12/31/2025	www.fitproprogramming.com
Fit Pro Programming	Barre Above Level 2 Instructor Course	Workshop/Seminar	0.4	12/31/2025	www.fitproprogramming.com
Fit Pro Programming	Barre Above Pilates Focused	Workshop/Seminar	1.2	12/31/2025	www.fitproprogramming.com
Fit Pro Programming	Barre Above Prime Instructor Training	Workshop/Seminar	1.2	12/31/2025	www.fitproprogramming.com
Fit Pro Programming	Human Reformer	Workshop/Seminar	1.0	12/31/2025	www.fitproprogramming.com
Fit Pro Programming	Pumped Up Strength	Workshop/Seminar	0.7	12/31/2025	www.fitproprogramming.com
Fit Pro Programming	The Musicality Method	Workshop/Seminar	0.4	12/31/2025	www.fitproprogramming.com
Fit Strong Co., Ltd	Clinical Kettlebell Certification 1+2	Workshop/Seminar	1.9	12/31/2025	https://fit-strong.com/courses/ckc-level-1plus2/
Fit Strong Co., Ltd	Clinical Sports Injuries and & Training for Limbs and Spine	Workshop/Seminar	1.2	12/31/2025	https://fit-strong.com/courses/
Fit Strong Co., Ltd	Fat Loss and Hormone	Workshop/Seminar	0.2	12/31/2025	https://fit-strong.com/courses/
Fit Strong Co., Ltd	Functional Suspension Trainer	Workshop/Seminar	0.7	12/31/2025	https://fit-strong.com/courses/
Fit Strong Co., Ltd	Gym Fighter Fitness	Workshop/Seminar	1.4	12/31/2025	https://fit-strong.com/courses/
Fit Strong Co., Ltd	Medical exercises for LBP and neck pain.	Workshop/Seminar	1.4	12/31/2025	https://fit-strong.com/courses/
Fit Strong Co., Ltd	Self Joint Mobilization	Workshop/Seminar	0.7	12/31/2025	https://fit-strong.com/courses/
FIT4MOM	Body Well	Workshop/Seminar	0.4	12/31/2025	fit4mom.com
FIT4MOM	FIT4MOM Foundations/Pre and Postnatal Fitness Certificate	Home Study	0.8	12/31/2025	fit4mom.com
FIT4MOM	Stroller/Strides	Home Study	0.4	12/31/2025	fit4mom.com
FitFixNow	29 Tips & Concepts to Boost Confidence, Thrive Through Change, and Unlock Full Potential	Home Study	0.3	12/31/2025	https://www.fitfixnow.com/
FitFixNow	Adding Yoga Techniques to Program Design	Home Study	0.2	12/31/2025	www.fitfixnow.com
FitFixNow	Arthritis Exercise Integration	Home Study	0.2	12/31/2025	www.fitfixnow.com
FitFixNow	Boosting Immune Resilience	Home Study	0.3	12/31/2025	www.fitfixnow.com
FitFixNow	Boxing for Parkinson's and Senior Fitness	Home Study	0.3	12/31/2025	www.fitfixnow.com
FitFixNow	Building and Retaining a Strong Client Base	Home Study	0.3	12/31/2025	https://www.fitfixnow.com/
FitFixNow	Connection: The Key to Improving Body Image in Fitness	Home Study	0.3	12/31/2025	https://www.fitfixnow.com/
FitFixNow	Creating a Successful Online Fitness Business	Home Study	0.3	12/31/2025	https://www.fitfixnow.com/
FitFixNow	Designing Classes for Every Active Ager	Home Study	0.2	12/31/2025	www.fitfixnow.com
FitFixNow	EMPOWER, BREATH, FLOW	Home Study	0.3	12/31/2025	https://www.fitfixnow.com/
FitFixNow	Exercise Addiction: Excess Movement	Home Study	0.2	12/31/2025	www.fitfixnow.com
FitFixNow	Exercise for Overweight and Obese Clients	Home Study	0.2	12/31/2025	www.fitfixnow.com
FitFixNow	Expand Your Audience: Social Media and Podcasting	Home Study	0.3	12/31/2025	www.fitfixnow.com
FitFixNow	Facial Fitness and Rejuvenation: Let's FACE It Together	Home Study	0.3	12/31/2025	www.fitfixnow.com
FitFixNow	Fall!PROOF™ Specialist	Home Study	0.3	12/31/2025	www.fitfixnow.com
FitFixNow	Finance Fundamentals for Fitness Entrepreneurs	Home Study	0.3	12/31/2025	https://www.fitfixnow.com/
FitFixNow	Fit Kids for Life: Reversing Childhood Obesity	Home Study	0.2	12/31/2025	www.fitfixnow.com
FitFixNow	Growth, Discovery & Programming for the 6 to 9 Year Old: Essentials of Youth Fitness	Home Study	0.3	12/31/2025	www.fitfixnow.com
FitFixNow	Helping Busy Clients Live Their Best Life!	Home Study	0.3	12/31/2025	https://www.fitfixnow.com/
FitFixNow	Helping Your Clients Become Their Best Part 2	Home Study	0.5	12/31/2025	https://www.fitfixnow.com/
FitFixNow	Helping Your Clients Become Their Best!	Home Study	0.5	12/31/2025	www.fitfixnow.com
FitFixNow	Helping Your Clients with Pain Management	Home Study	0.2	12/31/2025	www.fitfixnow.com
FitFixNow	HIIT for Clients: Getting More with Less	Home Study	0.2	12/31/2025	www.fitfixnow.com
FitFixNow	Intuitive Eating	Workshop/Seminar	0.2	12/31/2025	www.fitfixnow.com
FitFixNow	Intuitive Movement: Returning to Natural Body Cues	Workshop/Seminar	0.3	12/31/2025	www.fitfixnow.com
FitFixNow	Kettlebell Basics	Home Study	0.3	12/31/2025	www.FITFIXNOW.com
FitFixNow	Making EVERY Client a Success: A Toolkit for Behavior Change	Home Study	0.2	12/31/2025	www.fitfixnow.com
FitFixNow	Marketing Without Money	Home Study	0.3	12/31/2025	www.fitfixnow.com
FitFixNow	Mastering HIIT and VFIT for Maximum Results	Home Study	0.2	12/31/2025	www.fitfixnow.com
FitFixNow	Menopause in Motion Muscle, Metabolism and Movement	Home Study	0.2	12/31/2025	www.fitfixnow.com
FitFixNow	Mental Fitness: Developing a Growth Mindset	Home Study	0.3	12/31/2025	https://www.fitfixnow.com/
FitFixNow	MSING!! Elemental Movement- Innovation & Inclusivity in Functional Fitness	Home Study	0.2	12/31/2025	https://www.fitfixnow.com/
FitFixNow	Nutrition as Medicine	Home Study	0.2	12/31/2025	www.fitfixnow.com
FitFixNow	Nutrition for Busy People	Home Study	0.3	12/31/2025	https://www.fitfixnow.com/
FitFixNow	Nutrition for Fitness Professionals	Home Study	0.4	12/31/2025	www.fitfixnow.com
FitFixNow	Optimal Nutrition for Teen Athletes	Workshop/Seminar	0.2	12/31/2025	www.fitfixnow.com
FitFixNow	Program Design for Personal Trainers	Home Study	0.3	12/31/2025	https://www.fitfixnow.com/
FitFixNow	Stop the Fall BEFORE it happens: Balance & Stretch for Aging Populations	Home Study	0.2	12/31/2025	www.fitfixnow.com
FitFixNow	Stretch Success: Leading Effective and Engaging Group Flexibility Classes	Home Study	0.3	12/31/2025	https://www.fitfixnow.com/
FitFixNow	Strong Minds Strong Bodies	Home Study	0.2	12/31/2025	www.fitfixnow.com
FitFixNow	SYMMETRY PHILOSOPHY COURSE	Home Study	0.3	12/31/2025	www.fitfixnow.com
FitFixNow	Teaching to Special Populations Dementia, Alzheimer's, Parkinson's, and Neurodiversity	Home Study	0.3	12/31/2025	https://www.fitfixnow.com/
FitFixNow	Teaching Weight Loss Strategies for Personal Trainers	Home Study	0.3	12/31/2025	www.fitfixnow.com
FitFixNow	The Midas Touch: Golden Clients in their Golden Years	Home Study	0.2	12/31/2025	www.fitfixnow.com
FitFixNow	Training Aging Bones and Muscles	Home Study	0.2	12/31/2025	www.fitfixnow.com
FitFixNow	Training Clients with Eating Disorders Safely	Home Study	0.3	12/31/2025	https://www.fitfixnow.com/
FitFixNow	Training Injured Clients	Home Study	0.3	12/31/2025	www.fitfixnow.com
FitFixNow	Training the Aging Heart with Safety and Confidence	Home Study	0.4	12/31/2025	www.fitfixnow.com
FitFixNow	Training Towards and Away From Knee and Hip Replacement	Home Study	0.3	12/31/2025	www.fitfixnow.com
FitFixNow	Understanding Myofascial Release	Home Study	0.2	12/31/2025	https://www.fitfixnow.com/
FitFixNow	Unlocking Your Superpower: Holistic Mind-Body Connection	Home Study	0.3	12/31/2025	https://www.fitfixnow.com/
FitFixNow	Whose Back? Your Back!	Home Study	0.3	12/31/2025	www.fitfixnow.com
FitFixNow	Workout Creation: The How and The Why	Home Study	0.2	12/31/2025	www.fitfixnow.com
FitFixNow	Youth Fitness: Herding Ferrets, Building Champions and Coaching in a Maelstrom	Home Study	0.5	12/31/2025	www.fitfixnow.com
FitFixNow	Zen, Science and Better Client Results	Home Study	0.4	12/31/2025	www.fitfixnow.com
FitLife	Barre Training Essentials	Workshop/Seminar	0.7	12/31/2025	
FitLife	CORE PILATES	Workshop/Seminar	0.4	12/31/2025	

FitLife	Pilates Mat Essentials	Workshop/Seminar	0.8	12/31/2025	abbieappel.com
FitLife	Powerful Teaching Series Part 1: Group Ex Essentials	Workshop/Seminar	0.4	12/31/2025	
FitLife	Powerful Teaching Series Part 2: Cardio	Workshop/Seminar	0.6	12/31/2025	
FitLife	Powerful Teaching Series Part 3: Group Strength	Workshop/Seminar	0.3	12/31/2025	
FitLife	Powerful Teaching Series Part 4: Core Training	Workshop/Seminar	0.2	12/31/2025	
FitLife	Powerful Teaching Series Part 5: Flexible Strength	Workshop/Seminar	0.2	12/31/2025	
FITLIGHT	Introduction to FITLIGHT & Cognitive Performance	Home Study	0.5	12/31/2025	www.fitlighttraining.com
Fitness Academy Europe	Advanced Fitness Nutrition Coach	Home Study	1.5	12/31/2025	https://fitnessacademyeurope.com/
Fitness Academy Europe	Kettlebell Coach Level 1	Home Study	0.1	12/31/2025	fae.edu.mt
Fitness Academy Europe	Sleep Recovery Coach	Home Study	0.7	12/31/2025	fae.edu.mt
Fitness Academy Europe	Ultimate Circuit Coach	Home Study	0.8	12/31/2025	fae.edu.mt
Fitness and Sports Sciences Association (FSSA)	Functional Strength Training	Workshop/Seminar	1.2	12/31/2025	www.fssaoundation.org
Fitness and Sports Sciences Association (FSSA)	Strength & Conditioning Coach	Workshop/Seminar	1.9	12/31/2025	www.fssacouncil.org
Fitness Plus	Flexibility and Mobility Specialist Course	Home Study	0.5	12/31/2025	https://www.fitnessplusacademy.com/
Fitness Plus	Strong Over 50 Specialist Certificate	Home Study	0.3	12/31/2025	https://www.fitnessplusacademy.com/
FitnessAbility, Inc.	Bungee Fitness	Workshop/Seminar	0.8	12/31/2025	fitnessability.org
FitnessFest Conference and Expo	AQUACON CHANDLER 2025	Conference	0.8	12/31/2025	www.fitnessfest.org
FitnessFest Conference and Expo	FitnessFest 2025	Conference	1.9	12/31/2025	https://fitnessfest.org/event/ff25/
FITOUR	Advanced Aqua Self Study	Workshop/Seminar	0.8	12/31/2025	www.fitour.com
FITOUR	Advanced Barre Self Study	Home Study	0.8	12/31/2025	www.fitour.com
FITOUR	Advanced Boot Camp Self Study	Home Study	0.8	12/31/2025	www.fitour.com
FITOUR	Advanced Indoor Cycling Self Study	Workshop/Seminar	0.8	12/31/2025	www.fitour.com
FITOUR	Advanced Myofascial Self Study	Home Study	0.8	12/31/2025	www.fitour.com
FITOUR	Advanced Pilates Self Study	Home Study	0.8	12/31/2025	www.fitour.com
FITOUR	Advanced Suspension Self-Study	Home Study	0.8	12/31/2025	www.fitour.com
FITOUR	Advanced Yoga Self Study	Home Study	0.8	12/31/2025	www.fitour.com
FITOUR	Core and Functional Fitness Self Study	Home Study	0.8	12/31/2025	www.fitour.com
FITOUR	FITOUR Advanced Active Aging Self Study	Home Study	0.8	12/31/2025	www.fitour.com
FITOUR	FITOUR Advanced Nutrition Self Study	Home Study	0.8	12/31/2025	www.fitour.com
FITOUR	FITOUR Primary Active Aging Self Study	Home Study	0.8	12/31/2025	www.fitour.com
FITOUR	FITOUR Primary Nutrition Self Study	Home Study	0.8	12/31/2025	www.fitour.com
FITOUR	FITOUR Professional Ethics, Conduct and Business Practices - Standards for the Fitness Professional	Home Study	0.8	12/31/2025	www.fitour.com
FITOUR	Group Barbell Self Study	Home Study	0.8	12/31/2025	www.fitour.com
FITOUR	Kickboxing Self Study	Home Study	0.8	12/31/2025	www.fitour.com
FITOUR	Pilates Reformer Self Study	Home Study	0.8	12/31/2025	www.fitour.com
FITOUR	Primary Aqua Self Study	Workshop/Seminar	0.8	12/31/2025	www.fitour.com
FITOUR	Primary Barre Self Study	Home Study	0.8	12/31/2025	www.fitour.com
FITOUR	Primary Boot Camp Self Study	Home Study	0.8	12/31/2025	www.fitour.com
FITOUR	Primary Indoor Cycling Self Study	Workshop/Seminar	0.8	12/31/2025	www.fitour.com
FITOUR	Primary Myofascial Release Self Study	Workshop/Seminar	0.8	12/31/2025	http://www.fitour.com
FITOUR	Primary Pilates Self Study	Workshop/Seminar	0.8	12/31/2025	www.fitour.com
FITOUR	Primary Suspension Self Study	Home Study	0.8	12/31/2025	www.fitour.com
FITOUR	Primary Yoga Self Study	Home Study	0.8	12/31/2025	www.fitour.com
FITOUR	Stability Ball Self Study	Home Study	0.8	12/31/2025	www.fitour.com
FITOUR	Step Self Study	Home Study	0.8	12/31/2025	www.fitour.com
Five Run Coaching Services and Smoothly Athletic House & Therapy	Strength and Conditioning (S&C) and Its Relationship with Long-Distance Running: Biomechanics	Workshop/Seminar	0.5	12/31/2025	
Flipping 50	Essential Coaching Skills for Working with Midlife Women	Home Study	0.2	12/31/2025	https://www.flippingfifty.com/
Flipping 50	Flipping 50 Fitness Specialist	Home Study	1.9	12/31/2025	https://www.flippingfifty.com
FlowLIFT Fitness	FlowLIFT Fitness Training	Home Study	1.0	12/31/2025	buddhimoves.com
Fluid X	Fluid X Athletics Course	Workshop/Seminar	0.8	12/31/2025	www.thefluidx.com
Fluid X	Fluid X Foundation Coaching Course	Workshop/Seminar	0.8	12/31/2025	www.thefluidx.com
Fluid X	Fluid X Senior Training Course	Home Study	0.8	12/31/2025	hello@thefluidx.com
Fluid X	FX Online Foundation Course	Home Study	0.6	12/31/2025	www.thefluidx.com
Functional Medicine Coaching Academy (FMCA)	FMCA Health Coach Certificate	Home Study	1.9	12/31/2025	https://functionalmedicinecoaching.org/
Girls Gone Strong	GGG Menopause Coaching Specialist Certificate	Home Study	1.9	12/31/2025	https://go.girlsgonestrong.com/menopause-pre-sale-list
Girls Gone Strong	GGG Pre- & Postnatal Coaching v1.0	Workshop/Seminar	1.9	12/31/2025	https://go.girlsgonestrong.com/cppc-pre-sale
Girls Gone Strong	GGG Pre- & Postnatal Coaching v2.0	Home Study	1.9	12/31/2025	https://go.girlsgonestrong.com/cppc-pre-sale
Girls Gone Strong	GGG Women's Coaching Specialist Certificate v1.0	Home Study	1.9	12/31/2025	https://go.girlsgonestrong.com/ggs-1-landing
Girls Gone Strong	GGG Women's Coaching Specialist Certificate v2.0	Home Study	1.9	12/31/2025	https://go.girlsgonestrong.com/ggs-1-landing
Girls Gone Strong	GGG-1 Women's Coaching Specialist	Home Study	1.9	12/31/2025	https://www.girlsgonestrong.com/academy/
Girls Gone Strong	Menopause Coaching Specialist	Home Study	1.9	12/31/2025	https://go.girlsgonestrong.com/menopause-pre-sale-list
Girls Gone Strong	Moms Gone Strong Module 1: Trying to Conceive	Home Study	0.2	12/31/2025	https://www.girlsgonestrong.com/academy/
Girls Gone Strong	Moms Gone Strong Module 2: Pregnancy	Home Study	0.2	12/31/2025	https://www.girlsgonestrong.com/academy/
Girls Gone Strong	Moms Gone Strong Module 3: Post-Pregnancy	Home Study	0.2	12/31/2025	https://www.girlsgonestrong.com/academy/
Girls Gone Strong	Pre- & Postnatal Coaching	Workshop/Seminar	1.9	12/31/2025	https://www.girlsgonestrong.com/academy/
Girls Gone Strong	Pre- & Postnatal Coaching v2.0	Home Study	1.9	12/31/2025	https://www.girlsgonestrong.com/academy/
Gleason's Gym	Boxing Training	Workshop/Seminar	1.0	12/31/2025	www.gleasonsgym.com
Global Bodyweight Training, LLC	Animal Flow Level 1 Workshop	Workshop/Seminar	1.1	12/31/2025	www.animalflow.com
Global Bodyweight Training, LLC	Animal Flow Level 2 Workshop	Workshop/Seminar	1.5	12/31/2025	www.AnimalFlow.com
Global Bodyweight Training, LLC	Animal Flow Level 3	Workshop/Seminar	1.5	12/31/2025	www.animalflow.com
Globetrotter Wellness Solutions	Southeast Collegiate Fitness Expo 2025	Conference	1.0	12/31/2025	https://www.collegiatefitexpo.com/
GluckerKolleg GbR	EMS Trainer License	Workshop/Seminar	1.9	12/31/2025	www.ems-certified.com
GPNI	PNE Level-1 + SNS	Home Study	1.9	12/31/2025	www.thegpni.com
GPNI	Sports Nutrition Coach (SNC)	Workshop/Seminar	1.7	12/31/2025	www.thegpni.com
Gray Institute	3D Movement Analysis & Performance System (3DMAPS) Home Study	Home Study	1.0	12/31/2025	www.grayinstitute.com
Gray Institute	Active Aging	Workshop/Seminar	1.3	12/31/2025	www.grayinstitute.com
Gray Institute	Certificate in Applied Functional Science	Home Study	1.9	12/31/2025	www.grayinstitute.com
Gray Institute	Chain Reaction	Workshop/Seminar	1.8	12/31/2025	www.grayinstitute.com
Gray Institute	Female Chain Reaction	Workshop/Seminar	1.4	12/31/2025	www.grayinstitute.com
Gray Institute	Foot & Ankle Specialty	Home Study	1.9	12/31/2025	www.grayinstitute.com
Gray Institute	Foundations	Home Study	1.2	12/31/2025	www.grayinstitute.inspire360.com/p/foundations
Gray Institute	Functional Soft Tissue Transformation (FSTT)	Home Study	1.9	12/31/2025	www.grayinstitute.com
Gray Institute	Functional Techniques	Home Study	0.2	12/31/2025	www.grayinstitute.inspire360.com/p/functional-techniques
Gray Institute	Functional Yoga Specialist	Home Study	1.6	12/31/2025	www.grayinstitute.com
Gray Institute	Gray Institute Functional Golf System	Workshop/Seminar	1.6	12/31/2025	www.grayinstitute.com
Grovey Effect	Grovey Effect	Workshop/Seminar	0.8	12/31/2025	groveyeffect.com

Gym Space Equity	Soft Skills For Strength Coaches: Trauma-Informed & Equitable Practices in Coaching	Workshop/Seminar	0.2	12/31/2025	<a href="http://www.gymspaceeq.com">www.gymspaceeq.com</a>
Hatch Athletic	HATCH COACH - PRE & POSTNATAL COACH	Home Study	1.9	12/31/2025	<a href="https://hatchathletic.com/">https://hatchathletic.com/</a>
Hawssa Dance Fitness	Hawssa Dance Fitness	Workshop/Seminar	1.9	12/31/2025	<a href="https://www.hawssa.net">https://www.hawssa.net</a>
Health Bank	Scientific Evidence and Practice of Back Muscles Hypertrophy	Workshop/Seminar	0.4	12/31/2025	
Health Bank	Scientific Evidence and Practice of Deltoid Muscle Hypertrophy	Workshop/Seminar	0.4	12/31/2025	
Health Bank	Scientific Evidence and Practice of Gluteal Muscle Hypertrophy 2.0	Workshop/Seminar	0.6	12/31/2025	
HealthFitness	Movement Training Specialist	Home Study	1.9	12/31/2025	<a href="http://www.healthfitness.com">www.healthfitness.com</a>
High Fitness LP	HIGH + LOW Instructor Training	Workshop/Seminar	0.9	12/31/2025	<a href="http://www.highfitness.com">www.highfitness.com</a>
High Fitness LP	HIGH Low Instructor Module	Workshop/Seminar	0.8	12/31/2025	<a href="http://www.highfitness.com">www.highfitness.com</a>
High Fitness LP	HIGH Yo Instructor Training	Workshop/Seminar	0.8	12/31/2025	<a href="http://highfitness.com">highfitness.com</a>
Hong Kong Stretching Exercise Association	Myofascial Foam Roller Exercise Course Level 1	Workshop/Seminar	0.9	12/31/2025	<a href="http://www.hongkongstretch.org">www.hongkongstretch.org</a>
Hong Kong Stretching Exercise Association	Myofascial Foam Roller Exercise Course Level 1 Online	Home Study	0.5	12/31/2025	<a href="http://www.hongkongstretch.org">www.hongkongstretch.org</a>
Hong Kong Stretching Exercise Association	Stretching Instructor	Workshop/Seminar	1.9	12/31/2025	<a href="http://www.hongkongstretch.org">www.hongkongstretch.org</a>
Hong Kong Stretching Exercise Association	Stretching Instructor Online	Home Study	0.6	12/31/2025	<a href="http://www.hongkongstretch.org">www.hongkongstretch.org</a>
HRV Course	Foundations of Heart Rate Variability	Home Study	0.3	12/31/2025	<a href="https://elitehrv.com/academy/foundations-of-hrv">https://elitehrv.com/academy/foundations-of-hrv</a>
HSN Mentoring	HSN Mentoring Nutrition Training Course	Home Study	1.9	12/31/2025	<a href="https://growyournutritionbusiness.com/">https://growyournutritionbusiness.com/</a>
human mama (Pre and Postnatal Fitness Training)	human mama   Pre and Postnatal Fitness Training	Workshop/Seminar	1.9	12/31/2025	<a href="https://www.human-mama.com">https://www.human-mama.com</a>
Hype Hop Dance Fitness	Hype Hop Dance Fitness Instructor Training	Workshop/Seminar	0.5	12/31/2025	<a href="http://www.hypehopdancefitness.com">www.hypehopdancefitness.com</a>
Hyperice	Hypervolt for Self-Administration	Home Study	0.1	12/31/2025	<a href="http://www.hyperice.com">www.hyperice.com</a>
Hyperice	Hypervolt Movement Enhancement Course	Workshop/Seminar	0.2	12/31/2025	<a href="http://www.hyperice.com">www.hyperice.com</a>
Hyperice	Normatec by Hyperice: Dynamic Air Compression	Home Study	0.1	12/31/2025	<a href="http://www.hyperice.com">www.hyperice.com</a>
Hyperice	SMR + Vibration course	Workshop/Seminar	0.2	12/31/2025	<a href="http://www.hyperice.com">www.hyperice.com</a>
Hypervibe	Hypervibe Foundation Training	Home Study	1.9	12/31/2025	<a href="http://www.hypervibe.com">www.hypervibe.com</a>
ICAA International Council on Active Aging	Foundation For Wellness	Home Study	1.9	12/31/2025	<a href="http://www.icaa.cc">www.icaa.cc</a>
ICAA International Council on Active Aging	ICAA's Leadership in Wellness Management	Workshop/Seminar	1.9	12/31/2025	<a href="http://www.icaa.cc/certificate/overview.htm">http://www.icaa.cc/certificate/overview.htm</a>
ICAA International Council on Active Aging	International Council on Active Aging Conference and Expo 2025	Conference	1.9	12/31/2025	<a href="https://icaaconference.icaa.cc/sessions.php">https://icaaconference.icaa.cc/sessions.php</a>
ICG (Indoor Cycling Group)	Basic Level	Workshop/Seminar	0.8	12/31/2025	<a href="http://teamicg.com">teamicg.com</a>
ICG (Indoor Cycling Group)	CBC Live	Workshop/Seminar	0.8	12/31/2025	<a href="http://teamicg.com">teamicg.com</a>
ICG (Indoor Cycling Group)	CBC Online	Home Study	0.8	12/31/2025	<a href="http://teamicg.com">teamicg.com</a>
ICG (Indoor Cycling Group)	Pro Level	Home Study	0.8	12/31/2025	<a href="http://teamicg.com">teamicg.com</a>
ICG (Indoor Cycling Group)	Wattrate Power 1	Home Study	0.8	12/31/2025	<a href="https://www.teamicg.online/en/content/academy/online">https://www.teamicg.online/en/content/academy/online</a>
IDEA Health & Fitness	10 Advanced Training Techniques and Methods to Increase Muscle Size	Home Study	0.1	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	10 Steps to Creating the Ultimate Virtual Experience	Home Study	0.2	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	2024 IDEA Fitness Journal Issue 1, Quiz 1: Fitness, Food and Nutrition News	Home Study	0.1	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	2024 IDEA Fitness Journal Issue 1, Quiz 2: Yoga for Children's Mental Health	Home Study	0.1	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	2024 IDEA Fitness Journal Issue 1, Quiz 3: The Dimensions of Wellness	Home Study	0.1	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	2024 IDEA Fitness Journal Issue 2, Quiz 1:Headlines, Super Agers and Interference Effect	Home Study	0.1	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	2024 IDEA Fitness Journal Issue 2, Quiz 2: Sustainable Fitness	Home Study	0.1	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	2024 IDEA Fitness Journal Issue 2, Quiz 3: Obesity Medications	Home Study	0.1	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	2024 IDEA Fitness Journal Issue 3, Quiz 1: Muscle Hypertrophy and Blood Flow Restriction Training	Home Study	0.1	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	2024 IDEA Fitness Journal Issue 3, Quiz 2: Health, Fitness, Food and Nutrition	Home Study	0.1	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	2024 IDEA Fitness Journal Issue 4, Quiz 1: Health, Fitness, Food and Nutrition News	Home Study	0.1	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	2024 IDEA Fitness Journal Issue 4, Quiz 2: ChatGPT for Fitness Professionals	Home Study	0.1	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	2024 IDEA Fitness Journal Issue 4, Quiz 3: Rotational Power	Home Study	0.1	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	2025 IDEA & ACSM Health & Fitness Summit	Conference	1.9	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	2025 IDEA Fitness Journal Issue 1, Quiz 1: Health, Fitness, Food and Nutrition News	Home Study	0.1	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	2025 IDEA Fitness Journal Issue 1, Quiz 2: Holistic Approaches to Health	Home Study	0.1	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	2025 IDEA Fitness Journal Issue 1, Quiz 3: Running for Health	Home Study	0.1	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	2025 IDEA Fitness Journal Issue 2, Quiz 1: Health, Fitness, Food and Nutrition News	Home Study	0.1	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	2025 IDEA Fitness Journal Issue 2, Quiz 2: Benefits of Olympic Weightlifting in Older Adults	Home Study	0.1	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	2025 IDEA Fitness Journal Issue 2, Quiz 3: Social Connectedness, Strengthening Bonds, Strengthening	Home Study	0.1	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	2025 IDEA World	Conference	1.9	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	AI Revolution in Sports and Exercise: Enhancing Performance Analysis and Training	Home Study	0.1	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	Assessment, Corrective Exercise and Functional Training in the Virtual and Physical Training...	Home Study	0.2	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	Autumn 2022 IDEA Fitness Journal Quiz 1: Health and Fitness News, and the Nuances of Functional...	Home Study	0.1	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	Autumn 2022 IDEA Fitness Journal Quiz 2: Exercise for Clients on Common Medications, and Using...	Home Study	0.1	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	Autumn 2022 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and Nutrition for Boosting...	Home Study	0.1	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	Autumn 2022 IDEA Fitness Journal Quiz 4: Intrinsic Motivation for Behavior Change, and Using...	Home Study	0.1	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	Autumn 2023 IDEA Fitness Journal Quiz 1: Health and Fitness News and Osteoporosis Research	Home Study	0.1	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	Autumn 2023 IDEA Fitness Journal Quiz 2: Food and Nutrition News, and Time-Restricted Eating for...	Home Study	0.1	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	Autumn 2023 IDEA Fitness Journal Quiz 3: Protein Research	Home Study	0.1	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	B Strong BFR Training®—The Biohack for Aging Baby Boomers	Home Study	0.1	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	Balanced Body® Moving Fascia	Home Study	0.2	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	Balancing Hormones for Optimal Weight Loss	Home Study	0.2	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	Balancing Hormones through Nutrition	Home Study	0.2	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	Biohack Your Body—Anti-Aging Secrets to Ensure Movement Longevity	Home Study	0.2	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	Bone-Building Exercises for Your Clients	Home Study	0.2	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	Brain Gains: Top Exercises and Supplements for Cognitive Enhancement and Brain Physiology	Home Study	0.1	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	Brain Health and Quality of Life for the Aging Population	Home Study	0.2	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	Breath: The Secret to Posture and Performance	Home Study	0.2	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	Bridging the Gap Between Good Intentions and Meaningful Nutrition Change	Home Study	0.1	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	Bringing Back Foundational Strength Training	Home Study	0.1	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	Build a Better Core: From Science to Application	Home Study	0.2	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	Building a Successful Small Business as a Fitness Professional	Home Study	0.1	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	Classes for the Masses	Home Study	0.2	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	Communicating With Your Female Clients for Breakthrough Results	Home Study	0.2	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	Core Connections: Progression Strategies to Enhance Core Function	Home Study	0.2	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	Correct the Psoas Gluteus Imbalance	Home Study	0.2	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	Corrective Exercise Strategies for the Shoulder and Hip Complexes	Home Study	0.2	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	Create a Cult Fitness Following	Home Study	0.1	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	Creating an Inclusive Fitness Experience for Individuals With Intellectual and Developmental...	Home Study	0.1	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	Creating Your Brand as a Public Figure	Home Study	0.1	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	Developing Perfect Bone Building Exercises	Home Study	0.1	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	Diet Culture: How it Harms Us, How We Can Reject it and What We Can Do Instead	Home Study	0.1	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	Don't Say Prevention: Meeting Healthcare Networks and Payers Where They Are	Home Study	0.1	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>
IDEA Health & Fitness	Effective Small-Group Training Protocols	Home Study	0.1	12/31/2025	<a href="http://www.ideafit.com">www.ideafit.com</a>



IDEA Health & Fitness	Essentials in Corrective Core Training for Injury Prevention and Special Populations	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Every Breath You Take	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Exercise Science Update: New Research and Ideas	Home Study	0.2	12/31/2025	www.idealift.com
IDEA Health & Fitness	Exercise Testing for Athletes and Nonathletes	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Five Social Media Dos and Don'ts	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Flexibility for the Inflexible	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	From Main Stage to Manager	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	From Passion to Profit: Harnessing the Financial Potential of Your Fitness Business	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	From the Hip	Home Study	0.2	12/31/2025	www.idealift.com
IDEA Health & Fitness	Functional Anatomy: The Secret to Efficient Movement	Home Study	0.2	12/31/2025	www.idealift.com
IDEA Health & Fitness	Functional Flexibility for the Active Aging	Home Study	0.2	12/31/2025	www.idealift.com
IDEA Health & Fitness	Functional Movement Patterns for Older Adults	Home Study	0.2	12/31/2025	www.idealift.com
IDEA Health & Fitness	Future Focused Group Training	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Gait-Based Movement Screening	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Gentle, But Powerful Program Design	Home Study	0.2	12/31/2025	www.idealift.com
IDEA Health & Fitness	Glute Reboot	Home Study	0.2	12/31/2025	www.idealift.com
IDEA Health & Fitness	Glute Training: From Beginner to Advanced	Home Study	0.2	12/31/2025	www.idealift.com
IDEA Health & Fitness	HIIT Beyond Your Max	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	How Hormones and Metabolism Change the Training Game for Females	Home Study	0.2	12/31/2025	www.idealift.com
IDEA Health & Fitness	Integrated Core Connections	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Intermittent Fasting: Science or Fiction?	Home Study	0.2	12/31/2025	www.idealift.com
IDEA Health & Fitness	It Takes Guts! Connecting the Brain, Diet and Microbiome	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	It's All in the Hips: The Biomechanics of Static Stretching	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	I've Fallen and I CAN Get Up: Power Training for Seniors	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	January 2022 IDEA Fit Tips Quiz: Health and Nutrition News	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	January 2023 IDEA Fit Tips Quiz: Health and Nutrition News	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	July 2022 IDEA Fit Tips Quiz: Health and Nutrition News	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Leg Work! Dynamic Lower-Body Anatomy	Home Study	0.2	12/31/2025	www.idealift.com
IDEA Health & Fitness	Level Up! How to Advance in Your Health Fitness Career	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Lower-Extremity Mechanics and Techniques	Home Study	0.2	12/31/2025	www.idealift.com
IDEA Health & Fitness	March 2022 IDEA Fit Tips Quiz: Health and Nutrition News	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Maximize Your Maximums: Advanced Glutes Training	Home Study	0.2	12/31/2025	www.idealift.com
IDEA Health & Fitness	May 2022 IDEA Fit Tips Quiz: Health and Nutrition News	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Metabolism: Fact vs Fiction	Home Study	0.2	12/31/2025	www.idealift.com
IDEA Health & Fitness	Movement Flow and Why We Need It	Home Study	0.2	12/31/2025	www.idealift.com
IDEA Health & Fitness	No Sweat: Selling Exercise So People Want to Keep Buying It	Home Study	0.2	12/31/2025	www.idealift.com
IDEA Health & Fitness	November 2022 IDEA Fit Tips Quiz: Health and Nutrition News	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Panel Discussion - Advocacy & Professionalization within the Exercise Profession	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Power Core for Sports and Fitness Performance	Home Study	0.2	12/31/2025	www.idealift.com
IDEA Health & Fitness	Power Training for the Everyday Client	Home Study	0.2	12/31/2025	www.idealift.com
IDEA Health & Fitness	Precision Nutrition: How to Fix a Broken Diet—Three Ways to Get Your Eating on Track	Home Study	0.2	12/31/2025	www.idealift.com
IDEA Health & Fitness	Progressive Programming for Active Aging	Home Study	0.2	12/31/2025	www.idealift.com
IDEA Health & Fitness	Protein Master Class: Health, Performance and Weight Loss	Home Study	0.2	12/31/2025	www.idealift.com
IDEA Health & Fitness	Rescue Your Knees - Look at Your Feet	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Reversing the Invisible Epidemic: Coaching People Who Have Prediabetes	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Revitalize Pool Programming and Elevate Instructor Expertise	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Rotator Cuff Problems and Training Solutions	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	RRRRevenue: The Four Rs of Building and Sustaining Revenue in the Fitness Business	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Self-Care for the Personal Trainer	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Sensory Strategies to Promote Inclusive Physical Activity for Those with Autism and Other Neuro...	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	September 2022 IDEA Fit Tips Quiz: Health and Nutrition News	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Shoulder Function, Assessment and Reaction	Home Study	0.2	12/31/2025	www.idealift.com
IDEA Health & Fitness	Skills Not Pills: Calming the Inflammation Superhighway With Focused Nutrition and Behavior Change	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Sleep Science for Fitness Professionals	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Solutions for Training Post-pregnancy Clients	Home Study	0.2	12/31/2025	www.idealift.com
IDEA Health & Fitness	SpeakNess: Improve How You Show Up Personally & Professionally With Public Speaking Skills	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Spring 2022 IDEA Fitness Journal Quiz 1 Health and Fitness News, and Food and Nutrition News	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Spring 2022 IDEA Fitness Journal Quiz 2: Programming for Youth Fitness, and Helping Clients Stay Mot	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Spring 2022 IDEA Fitness Journal Quiz 3: Addressing Anti-Fat Bias in Fitness	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Spring 2022 IDEA Fitness Journal Quiz 4: How Animals Help Clients Thrive, and Using HRV Data for Wor	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Spring 2023 IDEA Fitness Journal Quiz 1: Health and Fitness News and Food and Nutrition News	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Spring 2023 IDEA Fitness Journal Quiz 2: Using HIIT to Boost Exercise Enjoyment and Adherence and Be	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Spring 2023 IDEA Fitness Journal Quiz 3: Research on Metabolism and Interventions for Obesity	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Spring 2023 IDEA Fitness Journal Quiz 4: The Holistic Wellness and Human-Centric Approach to Fitness	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Strength Training During and After Pregnancy	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Stride Smart: Leveraging Walking Science for Enhanced Health Outcomes	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Summer 2022 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Summer 2022 IDEA Fitness Journal Quiz 2: Exercise for People With Disabilities, and Training for Pe	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Summer 2022 IDEA Fitness Journal Quiz 3: The Uses of Seaweeds and Sea Greens	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Summer 2022 IDEA Fitness Journal Quiz 4: Making Your Fitness Business Sustainable	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Summer 2023 IDEA Fitness Journal Quiz 1: Health and Fitness News and Increasing Step Count	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Summer 2023 IDEA Fitness Journal Quiz 2: The Biomechanics of Pickleball and Healthy Habits	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Summer 2023 IDEA Fitness Journal Quiz 3: Food and Nutrition News and Meal Prepping With Plant-Based	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Teaching Yoga and Movement for people with Neurological Conditions	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	The Art of Coaching a Group and Keeping It Personal	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	The Business of Boomer Fitness	Home Study	0.2	12/31/2025	www.idealift.com
IDEA Health & Fitness	The Current and Future State of Health Coaching	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	The Exercise Consultation in a Clinical Setting: Bridging the Gap for Clinical Populations Needing..	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	The Female Lumbo-Pelvic Complex (ACE Mover Academy)	Home Study	0.2	12/31/2025	www.idealift.com
IDEA Health & Fitness	The Female Physique-The Link Between Nutrition, Hormones and Strength Training	Home Study	0.2	12/31/2025	www.idealift.com
IDEA Health & Fitness	The Hip Bone Is Connected to the First Metatarsal: Corrective Exercise for the Kinetic Chain	Home Study	0.2	12/31/2025	www.idealift.com
IDEA Health & Fitness	The Neuroscience of Behavior Change: How to Train the Brain to Create Healthier Habits	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	The New Anatomy of Yoga: Learn the Deep Core Line	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	The Perfect Personal Training Session	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	The Physiology of Fat Loss: New Exciting Findings	Home Study	0.2	12/31/2025	www.idealift.com
IDEA Health & Fitness	The Power of Routine	Home Study	0.1	12/31/2025	www.idealift.com

IDEA Health & Fitness	The Psychology of Weight Loss: Ditch the Diet for Long-Term Success	Home Study	0.2	12/31/2025	www.idealift.com
IDEA Health & Fitness	The Role of Fascia Beyond Myofascial Dysfunction and Trigger Points	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	ThinkFit™ Flexibility: Dynamic Stretching Tricks and Tools	Home Study	0.2	12/31/2025	www.idealift.com
IDEA Health & Fitness	Time Under Tension and Metabolic Stress: How Slow Should You Go?	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Train Clients Happy for Better Retention and Results	Home Study	0.2	12/31/2025	www.idealift.com
IDEA Health & Fitness	Training from the Ground Up: Improving Lower-Body Kinetic Chain Function for Knee and Hip Pain	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	TriggerPoint™ Corrective Strategies for Hip Dysfunction	Home Study	0.2	12/31/2025	www.idealift.com
IDEA Health & Fitness	TriggerPoint™ Corrective Strategies for the Foot and Ankle	Home Study	0.2	12/31/2025	www.idealift.com
IDEA Health & Fitness	TriggerPoint™ for Movement: Hip and Shoulder Mobility	Home Study	0.2	12/31/2025	www.idealift.com
IDEA Health & Fitness	TriggerPoint™: Myofascial Compression™ Techniques for Injury Prevention and Better Movement	Home Study	0.2	12/31/2025	www.idealift.com
IDEA Health & Fitness	Understanding Dietary Fat for Health, Weight Loss and Performance	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Using Technology to Improve Client Health and Fitness	Home Study	0.2	12/31/2025	www.idealift.com
IDEA Health & Fitness	Weight Gain During Menopause—It Isn't Just Estrogen!	Home Study	0.3	12/31/2025	www.idealift.com
IDEA Health & Fitness	What's New in the 12th Edition of ACSM's Guidelines for Exercise Testing and Prescription and...	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Why Can't You Stick to Our Plan? The Secrets to Client Compliance	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Winter 2022 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Winter 2022 IDEA Fitness Journal Quiz 2: Understanding Muscular Hypertrophy, and Key Elements of Tra	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Winter 2022 IDEA Fitness Journal Quiz 3: Advanced Resistance Training Techniques	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Winter 2022 IDEA Fitness Journal Quiz 4: Helping Menopausal Clients With Body Image	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Winter 2022 IDEA Fitness Journal Quiz 5: Nutritional Programming for Masters Athletes, and Training	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Winter 2023 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Research on Body-Weight Exerci	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Winter 2023 IDEA Fitness Journal Quiz 2: Programming for Machine-Based and Free-Weight Training, and	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Winter 2023 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and Building a Nutrition Plan for	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Winter 2023 IDEA Fitness Journal Quiz 4: Using Exercise to Improve Brain Health	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Winter 2023 IDEA Fitness Journal Quiz 5: Protocols for Effectively Training Glutes	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Yoga Adjustments for Private Clients and Packed Classes	Home Study	0.1	12/31/2025	www.idealift.com
IDEA Health & Fitness	Your Brain on Exercise	Home Study	0.2	12/31/2025	www.idealift.com
ILIUM GOLD KFT	DIPLOMA IN MYOFASCIAL THERAPY	Workshop/Seminar	1.9	12/31/2025	renataago.com
ILIUM GOLD KFT	DIPLOMA IN SPORTS REHABILITATION	Workshop/Seminar	1.9	12/31/2025	renataago.com
ILIUM GOLD KFT	NextGen Athletes: Youth Strength & Injury Prevention Program	Workshop/Seminar	1.9	12/31/2025	renataago.com
ILIUM GOLD KFT	Sport Rehabilitation Trainer	Workshop/Seminar	1.9	12/31/2025	renataago.com
Impact Fitness Coaching Academy	Impact Fitness Coaching Academy	Home Study	1.9	12/31/2025	https://www.impactcoachacademy.info/fitbiz2022
In Motion Fitness-Lori Pine	B.A.M. 2025	Conference	0.7	12/31/2025	www.inmotionfitness.net
In Shape Solutions, LLC	Mobility, Stability and Balance for the Active Aging client	Workshop/Seminar	0.4	12/31/2025	https://www.inshape.com/
Indiana Parkinson Foundation	The CLIMB: Foundational Elements for Working with Parkinson's	Workshop/Seminar	0.7	12/31/2025	www.indianaparkinson.org
Indoor Cycling Institute	Indoor Cycling Instructor	Home Study	1.7	12/31/2025	www.indoorcyclinginstitute.com
inMotion Fitness & Wellness	inMotion Barre Training	Workshop/Seminar	0.8	12/31/2025	www.inMotionFW.com
Institute for Integrative Nutrition	Detox Your Life	Home Study	0.7	12/31/2025	www.integrativenutrition.com
Institute for Integrative Nutrition	Gut Health Course	Home Study	1.9	12/31/2025	www.integrativenutrition.com
Institute for Integrative Nutrition	Health Coach Training Program	Home Study	1.9	12/31/2025	www.integrativenutrition.com
Institute for Integrative Nutrition	Hormone Health Course	Home Study	1.9	12/31/2025	www.integrativenutrition.com
Institute for Integrative Nutrition	Nutrition for Life	Home Study	1.9	12/31/2025	www.integrativenutrition.com
Institute for Integrative Nutrition	Whole Person Health	Home Study	1.0	12/31/2025	www.integrativenutrition.com
Institute of Motion (IoM)	Applied Health and Human Performance Specialist Level 1	Home Study	1.9	12/31/2025	https://instituteofmotion.com/ahhps/
Institute of Motion (IoM)	Applied Health and Human Performance Specialist Level 2	Home Study	1.9	12/31/2025	https://instituteofmotion.com/ahhps-level-2/
Institute of Motion (IoM)	Applied Health and Human Performance Specialist Level 3	Home Study	1.9	12/31/2025	https://instituteofmotion.com/ahhps/ahhps-level-3/
Institute of Nutrition and Fitness Sciences	Diploma in Nutrition and Fitness	Home Study	1.9	12/31/2025	https://infs.co.in
Integrated Muscle & Health	Integrated Muscle & Health Education Program	Home Study	1.9	12/31/2025	https://integrated-muscle.com/
Integrative Health Practitioner Institute	Integrative Health Practitioner Level 1	Home Study	1.9	12/31/2025	https://www.integrativehealthpractitioner.org
Integrative Health Practitioner Institute	Integrative Health Practitioner Level 2	Home Study	1.9	12/31/2025	https://www.integrativehealthpractitioner.org
Integrative Health Practitioner Institute	Integrative Health Practitioner Mastery Level	Home Study	1.9	12/31/2025	https://www.integrativehealthpractitioner.org
Intelligent Cycling	Advanced Teaching, Class building and Presentation	Workshop/Seminar	0.8	12/31/2025	
Interactive Fitness Trainers of America (IFTA)	Athletic Intervals	Workshop/Seminar	0.2	12/31/2025	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA)	Build Your Body	Workshop/Seminar	0.2	12/31/2025	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA)	Essentials of Teaching	Workshop/Seminar	0.2	12/31/2025	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA)	Functional Fitness Training	Workshop/Seminar	0.2	12/31/2025	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA)	Group Strength	Workshop/Seminar	0.6	12/31/2025	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA)	Hard Core Conditioning	Workshop/Seminar	0.2	12/31/2025	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA)	LEARN TO TEACH	Workshop/Seminar	0.8	12/31/2025	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA)	POWERTRAIN	Workshop/Seminar	0.4	12/31/2025	www.ifta-fitness.com
International Society of Sports Nutrition (ISSN)	ISSN Annual Conference 2025	Conference	1.2	12/31/2025	sportnutritionssociety.org
International Sports Coaches Association	Fitness Boxing Training	Workshop/Seminar	1.6	12/31/2025	http://ctarsa.com/
International Sports Coaches Association	Fitness Foundation Course	Workshop/Seminar	1.8	12/31/2025	http://ctarsa.com/
International Sports Coaches Association	Older Adults Training Guide	Workshop/Seminar	1.6	12/31/2025	http://ctarsa.com/
International Sports Coaches Association	Weightlifting Training Technique Seminars	Workshop/Seminar	1.6	12/31/2025	http://ctarsa.com/
International Wellness Institute	DIPLOMA IN SPORTS REHABILITATION	Workshop/Seminar	1.9	12/31/2025	renataago.com
International Wellness Institute	NextGen Athletes: Youth Strength & Injury Prevention Program	Workshop/Seminar	1.9	12/31/2025	renataago.com
International Wellness Institute	Sport Rehabilitation Trainer	Workshop/Seminar	1.9	12/31/2025	renataago.com
IPS-Academy	Bodybuilding coach	Workshop/Seminar	1.9	12/31/2025	
J8FIT	Coaching Communication	Workshop/Seminar	1.4	12/31/2025	
JA CYCLE	JA Cycle Indoor Cycling Course	Home Study	1.2	12/31/2025	https://payhip.com/IndoorCycle
Jazzercise, Inc.	April & May 2025 Collection	Home Study	0.5	12/31/2025	www.jazzercise.com
Jazzercise, Inc.	February & March 2025 Collection	Home Study	0.5	12/31/2025	www.jazzercise.com
Jazzercise, Inc.	Fundamental Anatomy & Exercise Physiology	Home Study	0.1	12/31/2025	www.jazzercise.com
Jazzercise, Inc.	November & December 2024 Collection	Home Study	0.4	12/31/2025	www.jazzercise.com
Jazzercise, Inc.	September & October 2024 Collection	Home Study	0.5	12/31/2025	www.jazzercise.com
Jazzercise, Inc.	Virtual New Franchisee Training (VNFT)	Home Study	0.4	12/31/2025	www.jazzercise.com
Jenni Lynn Fitness	Aqua Depth	Workshop/Seminar	0.3	12/31/2025	www.jennilynfitness.com
Jenni Lynn Fitness	Dual Depth Strength & Cardio	Workshop/Seminar	0.3	12/31/2025	www.jennilynfitness.com
Jenni Lynn Fitness	Hydro Burn	Workshop/Seminar	0.3	12/31/2025	www.jennilynfitness.com
Jenni Lynn Fitness	Noodle Core & More	Workshop/Seminar	0.3	12/31/2025	www.jennilynfitness.com
Jenni Lynn Fitness	Noodle Rx	Workshop/Seminar	0.3	12/31/2025	www.jennilynfitness.com
Jenni Lynn Fitness	SWET Instructor Training	Workshop/Seminar	0.7	12/31/2025	www.jennilynfitness.com
Jenni Lynn Fitness	SWET™ Deep Instructor Training	Workshop/Seminar	0.8	12/31/2025	www.jennilynfitness.com
Jenni Lynn Fitness	SWET™ Silver Instructor Training	Workshop/Seminar	0.7	12/31/2025	www.jennilynfitness.com
Jenni Lynn Fitness	Turf to Surf	Workshop/Seminar	0.4	12/31/2025	www.jennilynfitness.com

JETSET Pilates	JETSET Pilates Q1 Workshop	Workshop/Seminar	0.2	12/31/2025	<a href="https://jetsetpilates.com">https://jetsetpilates.com</a>
JETSET Pilates	JETSET Pilates Q2 Workshop	Workshop/Seminar	0.2	12/31/2025	<a href="https://jetsetpilates.com">https://jetsetpilates.com</a>
JETSET Pilates	JETSET Pilates Teacher Training	Workshop/Seminar	1.9	12/31/2025	<a href="https://jetsetpilates.com">https://jetsetpilates.com</a>
JILLFIT	#Moderation365 Nutrition Consultant Education	Workshop/Seminar	1.2	12/31/2025	<a href="https://www.jillfitprograms.com/moderation365-cert">https://www.jillfitprograms.com/moderation365-cert</a>
Jo Stretch	The Method by JO STRETCH	Home Study	0.5	12/31/2025	<a href="https://thethodjostretch.mykajabi.com/">https://thethodjostretch.mykajabi.com/</a>
Joan & Augustine Pro Academy	Strength Summit 2025	Conference	1.0	12/31/2025	<a href="http://www.strengthsummit.com.sg">www.strengthsummit.com.sg</a>
Joyful Living	Tendencies that Transform Training	Workshop/Seminar	0.1	12/31/2025	<a href="http://joyfullivingcoach.com">joyfullivingcoach.com</a>
JT Fitness and Golf, LLC	Fitness "FORE" Golf - The Power of Golf Fitness	Home Study	0.7	12/31/2025	<a href="http://jtfitnessandgolf.com/fitness-fore-golf-lp">jtfitnessandgolf.com/fitness-fore-golf-lp</a>
Katalyst Interactive Inc.	EMS Training Expert	Home Study	0.6	12/31/2025	<a href="http://www.katalyst.com">www.katalyst.com</a>
Keiser Corporation	Keiser Pneumatics Foundations Course	Home Study	1.0	12/31/2025	<a href="https://education.keiser.com/store/3443185-keiser-pneumatics-foundations">https://education.keiser.com/store/3443185-keiser-pneumatics-foundations</a>
Keiser Corporation	Keiser Programming and Periodization: Resistance Training	Home Study	1.0	12/31/2025	<a href="https://education.keiser.com/store/3901469-keiser-programming-and-periodization-resistance-training">https://education.keiser.com/store/3901469-keiser-programming-and-periodization-resistance-training</a>
Kettlebell Coach University	KBCU Foundations	Workshop/Seminar	0.9	12/31/2025	
Kettlebell Coach University	Kettlebell Coach University Level 1	Home Study	1.6	12/31/2025	<a href="http://kettlebellicoachuniversity.com">kettlebellicoachuniversity.com</a>
Kettlebell Coach University	Kettlebell Coach University Level 2	Home Study	1.6	12/31/2025	<a href="http://kettlebellicoachuniversity.com">kettlebellicoachuniversity.com</a>
Kick It By Eliza, Inc.	Kick It By Eliza®	Home Study	1.2	12/31/2025	<a href="http://KickItByEliza.com">KickItByEliza.com</a>
KJO Coaching, L.L.C.	Health Mindset Coaching Certificate	Home Study	1.9	12/31/2025	<a href="http://WWW.HEALTHMINDSETCERT.COM">WWW.HEALTHMINDSETCERT.COM</a>
KJO Coaching, L.L.C.	Thrive: Women's Health and Wellbeing Summit	Workshop/Seminar	0.7	12/31/2025	<a href="https://www.healthmindsetcert.com/thrive">https://www.healthmindsetcert.com/thrive</a>
Kristen Townsend	Flex™: Yoga Inspired Fitness	Workshop/Seminar	1.4	12/31/2025	<a href="http://www.flexyogafitness.com">www.flexyogafitness.com</a>
Kuhler Technologies	0th Law of Physiology	Home Study	0.7	12/31/2025	<a href="http://skool.com/0th-law">skool.com/0th-law</a>
LA Fitness	Aqua Circuit PT Intro to Group Fitness	Workshop/Seminar	0.3	12/31/2025	
LA Fitness	Aqua Training	Workshop/Seminar	0.5	12/31/2025	
LA Fitness	Aqua with equipment	Workshop/Seminar	0.3	12/31/2025	
LA Fitness	Body Works	Workshop/Seminar	0.5	12/31/2025	
LA Fitness	Body Works Choreography	Workshop/Seminar	0.2	12/31/2025	
LA Fitness	Bootcamp Circuit	Workshop/Seminar	0.2	12/31/2025	
LA Fitness	Bootcamp Circuit PT Intro to Group Fitness	Workshop/Seminar	0.3	12/31/2025	
LA Fitness	Club Boxing Circuit	Workshop/Seminar	0.3	12/31/2025	
LA Fitness	F.I.T.A™	Workshop/Seminar	0.7	12/31/2025	
LA Fitness	F.I.T.A™ Advance Teaching Skills	Workshop/Seminar	0.7	12/31/2025	
LA Fitness	HIIT Advanced Cueing Workshop	Workshop/Seminar	0.4	12/31/2025	
LA Fitness	Hip Hop	Workshop/Seminar	0.4	12/31/2025	
LA Fitness	Indoor Cycling	Workshop/Seminar	0.5	12/31/2025	
LA Fitness	Indoor Cycling for PT Intro to Group Fitness	Workshop/Seminar	0.3	12/31/2025	
LA Fitness	Kickbox Cardio	Workshop/Seminar	0.4	12/31/2025	
LA Fitness	Kickbox Cardio Choreography	Workshop/Seminar	0.2	12/31/2025	
LA Fitness	Latin Heat	Workshop/Seminar	0.4	12/31/2025	
LA Fitness	Mat Pilates	Workshop/Seminar	0.5	12/31/2025	
LA Fitness	Power Circuit	Workshop/Seminar	0.3	12/31/2025	
LA Fitness	Reformer Pilates for Fitness	Workshop/Seminar	1.2	12/31/2025	
LA Fitness	Step Tech 1	Workshop/Seminar	0.3	12/31/2025	
LA Fitness	Step Tech 2	Workshop/Seminar	0.3	12/31/2025	
LA Fitness	Step Tech Choreography	Workshop/Seminar	0.2	12/31/2025	
LA Fitness	Yoga Basics	Workshop/Seminar	0.8	12/31/2025	
LA Fitness	Yogabeat™	Workshop/Seminar	0.6	12/31/2025	
LaBlast Fitness	LaBlast Fitness	Workshop/Seminar	0.8	12/31/2025	<a href="http://www.lablastfitness.com">www.lablastfitness.com</a>
LaBlast Fitness	LaBlast Fitness Instructor Convention- LIFCON 2025	Conference	1.9	12/31/2025	<a href="https://lablastfitness.com">https://lablastfitness.com</a>
Lawrence Biscontini	Inclusion 101	Workshop/Seminar	0.1	12/31/2025	<a href="http://www.findlawrence.com">www.findlawrence.com</a>
Lawrence Biscontini	Wellness stayVention #1	Workshop/Seminar	0.6	12/31/2025	<a href="http://www.findlawrence.com">www.findlawrence.com</a>
Lawrence Biscontini	Wellness stayVention #2	Workshop/Seminar	0.6	12/31/2025	<a href="http://www.findlawrence.com">www.findlawrence.com</a>
Lawrence Biscontini	Wellness stayVention #3	Workshop/Seminar	0.6	12/31/2025	<a href="http://www.findlawrence.com">www.findlawrence.com</a>
Lawrence Biscontini	Wellness stayVention #4	Workshop/Seminar	0.6	12/31/2025	<a href="http://www.findlawrence.com">www.findlawrence.com</a>
Les Mills	3 Cs Intensity Workshop	Workshop/Seminar	0.1	12/31/2025	<a href="http://lesmills.com/us">lesmills.com/us</a>
Les Mills	Advanced Training - Live	Workshop/Seminar	1.8	12/31/2025	<a href="http://www.lesmills.com/us">www.lesmills.com/us</a>
Les Mills	BODYATTACK Initial Module	Workshop/Seminar	1.6	12/31/2025	<a href="http://www.lesmills.com/us">www.lesmills.com/us</a>
Les Mills	BODYBALANCE Initial Training	Workshop/Seminar	1.6	12/31/2025	<a href="http://lesmills.com/us">lesmills.com/us</a>
Les Mills	BODYCOMBAT - Technique Session - Mastering Fundamentals	Workshop/Seminar	0.1	12/31/2025	<a href="http://lesmills.com/us">lesmills.com/us</a>
Les Mills	BODYCOMBAT Initial Training	Workshop/Seminar	1.6	12/31/2025	<a href="http://lesmills.com/us">lesmills.com/us</a>
Les Mills	BODYPUMP Initial Training	Workshop/Seminar	1.6	12/31/2025	<a href="http://lesmills.com/us">lesmills.com/us</a>
Les Mills	BORN TO MOVE Initial Module All Age Groups	Home Study	1.9	12/31/2025	<a href="http://lesmills.com">lesmills.com</a>
Les Mills	CEREMONY Initial Training (Live)	Workshop/Seminar	0.8	12/31/2025	<a href="http://lesmills.com/us">lesmills.com/us</a>
Les Mills	Community Leadership Workshop	Workshop/Seminar	0.2	12/31/2025	<a href="http://lesmills.com/us">lesmills.com/us</a>
Les Mills	Creating Ripples: Teaching in the Moment	Home Study	0.2	12/31/2025	<a href="http://www.lesmills.com/us">www.lesmills.com/us</a>
Les Mills	Fit for Leadership Workshop	Workshop/Seminar	0.2	12/31/2025	<a href="http://lesmills.com/us">lesmills.com/us</a>
Les Mills	Group Effect Workshop	Workshop/Seminar	0.1	12/31/2025	<a href="http://lesmills.com/us">lesmills.com/us</a>
Les Mills	Instructor Feedback Workshop	Workshop/Seminar	0.1	12/31/2025	<a href="http://lesmills.com/us">lesmills.com/us</a>
Les Mills	Instructor Workshop - Injury Prevention	Workshop/Seminar	0.2	12/31/2025	<a href="http://lesmills.com/us">lesmills.com/us</a>
Les Mills	Les Mills BODYJAM Initial Training	Workshop/Seminar	1.4	12/31/2025	<a href="http://lesmills.com">lesmills.com</a>
Les Mills	Les Mills BODYSTEP Initial Training	Workshop/Seminar	1.4	12/31/2025	<a href="http://lesmills.com">lesmills.com</a>
Les Mills	LES MILLS CONQUER Initial Training	Workshop/Seminar	0.8	12/31/2025	<a href="http://lesmills.com/us">lesmills.com/us</a>
Les Mills	LES MILLS CORE Initial Training	Workshop/Seminar	1.6	12/31/2025	<a href="http://lesmills.com/us">lesmills.com/us</a>
Les Mills	Les Mills Dance Initial Training	Workshop/Seminar	1.6	12/31/2025	<a href="http://www.lesmills.com/us/">www.lesmills.com/us/</a>
Les Mills	LES MILLS FUNCTIONAL STRENGTH Initial Training	Workshop/Seminar	0.5	12/31/2025	<a href="http://www.lesmills.com/us/">www.lesmills.com/us/</a>
Les Mills	LES MILLS GRIT Initial Training	Workshop/Seminar	1.6	12/31/2025	<a href="http://lesmills.com/us">lesmills.com/us</a>
Les Mills	LES MILLS PILATES Initial Training	Workshop/Seminar	0.5	12/31/2025	<a href="http://lesmills.com/us">lesmills.com/us</a>
Les Mills	LES MILLS SHAPES Initial Training	Workshop/Seminar	0.5	12/31/2025	<a href="http://www.lesmills.com/us/">www.lesmills.com/us/</a>
Les Mills	LES MILLS SPRINT Initial Training	Workshop/Seminar	1.4	12/31/2025	<a href="http://lesmills.com">lesmills.com</a>
Les Mills	LES MILLS THRIVE Initial Training	Workshop/Seminar	0.5	12/31/2025	<a href="http://lesmills.com/us">lesmills.com/us</a>
Les Mills	LES MILLS TONE Initial Training	Workshop/Seminar	1.4	12/31/2025	<a href="http://lesmills.com">lesmills.com</a>
Les Mills	Les Mills Wellness Series - Session 1	Workshop/Seminar	0.1	12/31/2025	<a href="http://lesmills.com/us">lesmills.com/us</a>
Les Mills	LES MILLS YOGA Initial Training	Workshop/Seminar	1.5	12/31/2025	<a href="http://lesmills.com/us">lesmills.com/us</a>
Les Mills	Leveraging Social Media	Workshop/Seminar	0.1	12/31/2025	<a href="http://lesmills.com/us">lesmills.com/us</a>
Les Mills	Mind Muscle Connection	Workshop/Seminar	0.1	12/31/2025	<a href="http://lesmills.com/us">lesmills.com/us</a>
Les Mills	Power of Launch Workshop	Workshop/Seminar	0.3	12/31/2025	<a href="http://lesmills.com/us">lesmills.com/us</a>
Les Mills	Power of Mastery Workshop	Workshop/Seminar	0.1	12/31/2025	<a href="http://lesmills.com/us">lesmills.com/us</a>
Les Mills	Ripples to Waves	Workshop/Seminar	0.1	12/31/2025	<a href="http://lesmills.com/us">lesmills.com/us</a>
Les Mills	RPM and SPRINT - HIIT	Workshop/Seminar	0.1	12/31/2025	<a href="http://lesmills.com/us">lesmills.com/us</a>

Les Mills	RPM Initial Training	Workshop/Seminar	1.6	12/31/2025	lesmills.com/us
Les Mills	Science of Motivation	Home Study	0.1	12/31/2025	lesmills.com/us
Les Mills	Strength Development Initial Training	Workshop/Seminar	0.5	12/31/2025	www.lesmills.com/us/
Les Mills	Strength Session 1 - Coaching to Increase Vertical Drive	Workshop/Seminar	0.1	12/31/2025	lesmills.com/us
Les Mills	Teach from Your Strengths	Workshop/Seminar	0.1	12/31/2025	lesmills.com/us
Les Mills	The Power of Self-Review	Workshop/Seminar	0.1	12/31/2025	lesmills.com/us
Les Mills	The TRIP Initial Module	Workshop/Seminar	1.5	12/31/2025	www.lesmills.com/us
Life Time Fitness	Anatomy and Physiology for the Fitness Professional	Workshop/Seminar	0.8	12/31/2025	lifetimeacademy.edu
Life Time Fitness	Dynamic Personal Training Development Series	Workshop/Seminar	0.8	12/31/2025	lifetimeacademy.edu
Life Time Fitness	Dynamic Stretch Development Series	Workshop/Seminar	0.8	12/31/2025	lifetimeacademy.edu
Life Time Fitness	Live Development Intensive Series	Workshop/Seminar	1.9	12/31/2025	lifetimeacademy.edu
Life Time Fitness	Olympic Weightlifting Course	Workshop/Seminar	0.5	12/31/2025	lifetimeacademy.edu
Life Time Fitness	Racquet Sports Specialist	Home Study	0.4	12/31/2025	
Life Time Fitness	Virtual Mentorship Series	Home Study	0.8	12/31/2025	lifetimeacademy.edu
Liquid Motion	Liquid Motion Heels	Workshop/Seminar	1.6	12/31/2025	www.liquidmotionct.com
Liquid Motion	Liquid Motion Pole Training	Workshop/Seminar	1.9	12/31/2025	www.liquidmotionct.com
Liquid Motion	Liquid Motion Training 1.0	Workshop/Seminar	1.9	12/31/2025	www.liquidmotionct.com
Liquid Motion	Liquid Motion Training 2.0	Workshop/Seminar	1.5	12/31/2025	www.liquidmotionct.com
LISFit	The LISFit Instructor Course	Workshop/Seminar	0.8	12/31/2025	www.liisfit.co
Louis Kong	Increase Profitability for Personal Trainers through Professionalism and Leadership	Workshop/Seminar	0.8	12/31/2025	
Louis Kong	Personal Training Essentials	Workshop/Seminar	0.8	12/31/2025	
Macro Coach Pro	Macro Coach Pro	Home Study	1.6	12/31/2025	https://isamariekowalik.com/macro-coach-pro
MACRO-U	Functional Nutrition Coaching	Home Study	1.9	12/31/2025	www.themacrouniversity.com
MACRO-U	Macro Nutrition Coaching	Home Study	1.9	12/31/2025	https://gtransformationacademy.com
Mad Dogg Athletics	3 Part Cues	Workshop/Seminar	0.2	12/31/2025	www.maddogg.com
Mad Dogg Athletics	Cadence, Heart Rate & Class Design	Workshop/Seminar	0.4	12/31/2025	www.maddogg.com
Mad Dogg Athletics	Creating a Journey Ride	Workshop/Seminar	0.4	12/31/2025	www.maddogg.com
Mad Dogg Athletics	Creative Climbs	Workshop/Seminar	0.2	12/31/2025	www.maddogg.com
Mad Dogg Athletics	Creative Coaching	Workshop/Seminar	0.4	12/31/2025	www.maddogg.com
Mad Dogg Athletics	FitCore® Chair Group Instructor Specialty	Workshop/Seminar	1.9	12/31/2025	peakpilates.com
Mad Dogg Athletics	FitCore® Mat Group Instructor Specialty	Workshop/Seminar	1.9	12/31/2025	peakpilates.com
Mad Dogg Athletics	FitCore® Reformer Group Instructor Specialty	Workshop/Seminar	1.9	12/31/2025	peakpilates.com
Mad Dogg Athletics	Heart Rate Training	Workshop/Seminar	0.4	12/31/2025	www.maddogg.com
Mad Dogg Athletics	High Intensity Training	Workshop/Seminar	0.4	12/31/2025	www.maddogg.com
Mad Dogg Athletics	Interval Energy Zone™	Workshop/Seminar	0.2	12/31/2025	www.maddogg.com
Mad Dogg Athletics	Language & Visualization	Workshop/Seminar	0.4	12/31/2025	www.maddogg.com
Mad Dogg Athletics	Let's Jump!	Workshop/Seminar	0.2	12/31/2025	www.maddogg.com
Mad Dogg Athletics	Loops and Ladders	Workshop/Seminar	0.2	12/31/2025	www.maddogg.com
Mad Dogg Athletics	Mental Training: Approach and Skills	Workshop/Seminar	0.4	12/31/2025	www.maddogg.com
Mad Dogg Athletics	Movement, Music, Motivation	Workshop/Seminar	0.2	12/31/2025	www.maddogg.com
Mad Dogg Athletics	Peak Pilates-Intermediate Mat	Workshop/Seminar	1.4	12/31/2025	www.maddogg.com
Mad Dogg Athletics	Peak Power Values for Spinning® Performance	Home Study	0.2	12/31/2025	spinning.com
Mad Dogg Athletics	Peak Power Values for Spinning® Performance	Workshop/Seminar	0.2	12/31/2025	spinning.com
Mad Dogg Athletics	Power Training Design for Spinning® Instructors	Home Study	0.2	12/31/2025	spinning.com
Mad Dogg Athletics	Power Training Design for Spinning® Instructors	Workshop/Seminar	0.2	12/31/2025	spinning.com
Mad Dogg Athletics	Profile Designs & Heart Rate Games	Workshop/Seminar	0.4	12/31/2025	www.maddogg.com
Mad Dogg Athletics	Resistance Loading and Cadence Building	Workshop/Seminar	0.2	12/31/2025	www.maddogg.com
Mad Dogg Athletics	Rockstar Spinning® Instructor	Workshop/Seminar	0.8	12/31/2025	https://spinning.com/instructors/instructor-certifications/spin-power-training/
Mad Dogg Athletics	Rockstar Spinning® Instructor Online	Home Study	0.7	12/31/2025	https://spinning.com/instructors/instructor-certifications/spin-power-training/
Mad Dogg Athletics	Spinning Instructor Training	Workshop/Seminar	0.8	12/31/2025	http://www.spinning.com/spinning-instructors/become-an-instructor.asp
Mad Dogg Athletics	Spinning® Energy Zones™ Race Day Energy Zone™	Workshop/Seminar	0.2	12/31/2025	www.maddogg.com
Mad Dogg Athletics	Spinning® Instructor Certificate	Home Study	1.6	12/31/2025	www.spinning.com
Mad Dogg Athletics	SPINPower® Instructor Online	Home Study	0.8	12/31/2025	https://spinning.com/instructors/instructor-certifications/spin-power-training/
Mad Dogg Athletics	SPINPower® Instructor Training	Workshop/Seminar	0.8	12/31/2025	www.spinning.com
Mad Dogg Athletics	SPINPower® Personal Spinning® Threshold	Workshop/Seminar	0.4	12/31/2025	www.maddogg.com
Mad Dogg Athletics	SPINPower® STONGER	Workshop/Seminar	0.4	12/31/2025	www.spinning.com
Mad Dogg Athletics	Spintensity™: Periodization	Workshop/Seminar	0.4	12/31/2025	www.maddogg.com
Mad Dogg Athletics	Stage Presence for Spinning® Instructors	Home Study	0.2	12/31/2025	spinning.com
Mad Dogg Athletics	Stage Presence for Spinning® Instructors	Workshop/Seminar	0.2	12/31/2025	spinning.com
Mad Dogg Athletics	Strength Energy Zone™	Workshop/Seminar	0.2	12/31/2025	www.maddogg.com
Mad Dogg Athletics	Strength, Hills & Power	Workshop/Seminar	0.2	12/31/2025	www.maddogg.com
Mad Dogg Athletics	The 5-Step Sprint	Workshop/Seminar	0.2	12/31/2025	www.maddogg.com
Mad Dogg Athletics	The Art of Recovery	Workshop/Seminar	0.2	12/31/2025	www.maddogg.com
Mad Dogg Athletics	The Power of Rhythm in Spinning®	Home Study	0.2	12/31/2025	spinning.com
Mad Dogg Athletics	The Power of Rhythm in Spinning®	Workshop/Seminar	0.2	12/31/2025	spinning.com
Mad Dogg Athletics	Watt's Your Power: Understanding Metrics for Spinning®	Home Study	0.2	12/31/2025	spinning.com
Mad Dogg Athletics	Watt's Your Power: Understanding Metrics for Spinning®	Workshop/Seminar	0.2	12/31/2025	spinning.com
MamasteFit	MamasteFit Prenatal & Postnatal Fitness Trainer Course	Home Study	1.3	12/31/2025	mamastefit.com
Maple Tree Cancer Alliance	Cancer Fit Trainer	Home Study	0.8	12/31/2025	mapletreecanceralliance.org
Maple Tree Cancer Alliance	Exercise Oncology Instructor	Home Study	0.9	12/31/2025	www.mapletreecanceralliance.org
Maple Tree Cancer Alliance	Exercise Oncology Specialist	Home Study	0.3	12/31/2025	www.mapletreecanceralliance.org
Maria Mind Body Health LLC	Keto Coaching Certificate	Home Study	1.9	12/31/2025	keto-adapted.com
Matrix Fitness	Matrix Ride: Programming Rides on Training Cycles for Classic and Performance Based Workouts with CX	Workshop/Seminar	0.7	12/31/2025	matrixlearningcentre.com
Matrix Fitness	Matrix Ride: Programming Rides on Training Cycles with CXM Bikes	Workshop/Seminar	0.5	12/31/2025	http://www.matrixfitness.com/en/
Matrix Fitness	MX4 Active: Evidence-based Training Course for an Aging and Deconditioned Population	Home Study	0.3	12/31/2025	http://www.matrixfitness.com/en/group-training/mx4
Matrix Fitness	MX4 Active: Functional Frame Small Group Training Course	Workshop/Seminar	0.3	12/31/2025	https://www.matrixfitness.com/en/education/mx4-active
Matrix Fitness	MX4: Functional Frame Small Group Training Course	Workshop/Seminar	0.5	12/31/2025	www.matrixfitness.com
Matrix Fitness	Sprint 8	Workshop/Seminar	0.3	12/31/2025	www.matrixfitness.com
Matrix Fitness	Sprint 8 GX	Workshop/Seminar	0.6	12/31/2025	https://www.matrixsprint8gx.com/
Maverick Fitness Holdings	Bike and Strider Foundations	Workshop/Seminar	0.3	12/31/2025	https://maverickfitnessholdings.com
Maverick Fitness Holdings	Connecting to Create: A Member Experience	Workshop/Seminar	0.5	12/31/2025	https://www.orangetheoryfitness.com/careers-studio-positions
Maverick Fitness Holdings	FLEXing - Personalizing the Group Fitness Experience	Workshop/Seminar	0.3	12/31/2025	https://www.orangetheoryfitness.com/careers-studio-positions
Maverick Fitness Holdings	Movement Workshop	Workshop/Seminar	0.2	12/31/2025	https://maverickfitnessholdings.com
Maverick Fitness Holdings	Rower Workshop	Workshop/Seminar	0.4	12/31/2025	www.maverickfitnessholdings.com
Max Academy	Fitness and Coaching Diploma	Home Study	1.9	12/31/2025	https://maxacademy.co/
MedEx Asia Co., Ltd.	Brain and Cognitive Health Exercise Specialist	Workshop/Seminar	1.2	12/31/2025	medextaiwan.com

MedEx Asia Co., Ltd.	Diabetes and Obesity Exercise Specialist Course	Workshop/Seminar	1.2	12/31/2025	medextaiwan.com
MedEx Asia Co., Ltd.	Female Exercise Physiology Specialist	Workshop/Seminar	1.2	12/31/2025	medextaiwan.com
MedEx Asia Co., Ltd.	Pain Science and Low Back Pain Exercise Specialist Course	Workshop/Seminar	1.2	12/31/2025	medextaiwan.com
MedEx Asia Co., Ltd.	Pre- and Postnatal Exercise Specialist Course	Workshop/Seminar	1.2	12/31/2025	medextaiwan.com
MedEx Asia Co., Ltd.	Special Population Exercise Specialist Course	Workshop/Seminar	1.2	12/31/2025	medextaiwan.com
Menstrual Cycle Health and Fitness	Menstrual Cycle Health and Fitness Coach	Home Study	0.6	12/31/2025	www.fitnessflowmethod.com
Mental Wellbeing Association	Embracing the Mental Wellbeing Renaissance	Workshop/Seminar	0.1	12/31/2025	https://www.mentalwellbeingassociation.org/
Mental Wellbeing Association	Mental Wellbeing Course for Fitness Professionals	Home Study	1.9	12/31/2025	https://www.mentalwellbeingassociation.org/
Merash Academy	Merash Free-form Course Instructor	Workshop/Seminar	1.6	12/31/2025	merash.net
Metabolic Mentor University	Functional Foundations	Home Study	0.5	12/31/2025	http://www.metabolicmentor.com/
Metabolic Mentor University	Hybrid Trainer	Home Study	1.9	12/31/2025	www.metabolicmentor.com
Metabolic Mentor University	Level 1 Functional Foundation	Home Study	1.3	12/31/2025	www.metabolicmentor.com
Metabolic Mentor University	Level 1 Functional Health Coach	Home Study	1.9	12/31/2025	www.metabolicmentor.com/
Metabolic Mentor University	Level 2 Functional Nutrition	Home Study	1.8	12/31/2025	http://www.metabolicmentor.com/
Metabolic Mentor University	Level 3 Functional Nutrition	Home Study	1.6	12/31/2025	www.metabolicmentor.com
Metabolism School	The Functional Nutrition and Metabolism Specialization	Home Study	1.9	12/31/2025	www.metabolismschool.com
Method Pilates	Method Pilates Training Program	Workshop/Seminar	1.9	12/31/2025	www.methodpilates.com
Michele Smith GETFIT2GO INC	BARREfusion Instructor Training	Home Study	0.7	12/31/2025	www.thesoulsquad.com
Michele Smith GETFIT2GO INC	SOULFUSION Instructor Training	Home Study	1.2	12/31/2025	www.thesoulsquad.com
Michele Smith GETFIT2GO INC	SOULkickboxing Instructor Training	Workshop/Seminar	1.1	12/31/2025	thechoreographyclub.com/thesoulsquad.com
Michele Smith GETFIT2GO INC	SOULstrength Instructor Training	Home Study	0.6	12/31/2025	www.thesoulsquad.com
Michele Smith GETFIT2GO INC	Wild Soul Fit Pro Summit	Conference	1.4	12/31/2025	www.thesoulsquad.com
Mind Pump Fitness Coaching	High-Converting Strategies to Grow Your Business (No Social Media Required)	Home Study	1.6	12/31/2025	https://mindpumpfitnesscoaching.com
Mind Pump Fitness Coaching	MIND PUMP FITNESS COACHING COURSE	Home Study	1.9	12/31/2025	www.mindpumpfitnesscoaching.com
Mind Pump Fitness Coaching	Mind Pump Fitness Coaching Interactive Workshop	Workshop/Seminar	0.5	12/31/2025	www.mindpumpfitnesscoaching.com
Mindbodygreen	peri/menopause+ program	Home Study	1.7	12/31/2025	https://institute.mindbodygreen.com/peri-menopause
Miss Pole, Inc.	Introduction to Pole Fitness Instructor Training Program (Level One)	Workshop/Seminar	1.2	12/31/2025	misspole.com
MNU	Mac-Nutrition Uni	Home Study	1.9	12/31/2025	www.Mac-NutritionUni.com
Mom in Balance	Mom in Balance Trainer   Pre/Postnatal and female fitness specialist	Home Study	1.9	12/31/2025	www.mominbalance.nl
Monj Health	MonjCOOKS for Coaches	Home Study	1.9	12/31/2025	https://learn.monj.com/courses/monjcooks-for-coaches
Montana State University Fitness	Cueing Series: Auditory Cueing and Word Choice	Workshop/Seminar	0.1	12/31/2025	
Montana State University Fitness	Cueing Series: Cueing for Motivation and Engagement	Workshop/Seminar	0.1	12/31/2025	
Montana State University Fitness	Cueing Series: Cueing for Options	Workshop/Seminar	0.1	12/31/2025	
Montana State University Fitness	Cueing Series: Non-Verbal Cueing	Workshop/Seminar	0.1	12/31/2025	
Montana State University Fitness	Cueing Series: Promoting Proper Warm-Up Routines	Workshop/Seminar	0.1	12/31/2025	
Montana State University Fitness	Cueing Series: Utilizing Music as a Cue	Workshop/Seminar	0.1	12/31/2025	
Motion Rehab	Integrated Myofascial Assessment (IMA)	Workshop/Seminar	1.8	12/31/2025	https://www.motionrehabhk.com/en-home/
Motion Rehab	Integrated Myofascial Therapy (IMT) Lv2	Home Study	1.9	12/31/2025	https://www.motionrehabhk.com/en-home/
Motion Rehab	Integrated Myofascial Therapy Lv1	Workshop/Seminar	1.9	12/31/2025	https://www.motionrehabhk.com/en-home/
Mountainside Fitness	In-House Muscle Format Training	Workshop/Seminar	0.5	12/31/2025	www.mountainsidefitness.com
Mountainside Fitness	Sport, Studio, Cycle Fuse & DJ Cycle In-House Training	Workshop/Seminar	0.8	12/31/2025	mountainsidefitness.com
Mountainside Fitness	Studio Cycle Choreography Training	Workshop/Seminar	0.5	12/31/2025	mountainsidefitness.com
Mountainside Fitness	The Mountainside Way Barre Training	Workshop/Seminar	0.8	12/31/2025	mountainsidefitness.com
Mountainside Fitness	The Mountainside Way Equipment Fundamentals	Workshop/Seminar	0.6	12/31/2025	mountainsidefitness.com
Mountainside Fitness	The Mountainside Way Group Fitness Training Workshop	Workshop/Seminar	0.8	12/31/2025	www.mountainsidefitness.com
Mountainside Fitness	The Mountainside Way Musicality Training	Workshop/Seminar	0.5	12/31/2025	www.mountainsidefitness.com
Mountainside Fitness	The Mountainside Way Pilates Training	Home Study	0.8	12/31/2025	mountainsidefitness.com
Move Union	Online Mat Pilates Instructor Teacher Training Program	Home Study	1.9	12/31/2025	www.moveunion.co
Movement Health 360	BPS-B Breathing, Posture & Scoliosis - Breathing Core Optimization & Corrective Breathing	Workshop/Seminar	0.6	12/31/2025	https://movementhealth360.com
Movement Health 360	BPS-P Breathing, Posture & Scoliosis-Integrated Posture Correction Motor Control Training	Workshop/Seminar	1.3	12/31/2025	https://movementhealth360.com
Movement Health 360	BPS-S Breathing, Posture & Scoliosis - Scoliosis & Posture Imbalance	Workshop/Seminar	0.6	12/31/2025	https://movementhealth360.com
Movement Health 360	M.A.S.O. Movement Analysis Synergists Optimization: Strength & Conditioning Series - Hip & Knee	Workshop/Seminar	0.6	12/31/2025	https://movementhealth360.com
Movement Health 360	M.A.S.O. Movement Analysis Synergists Optimization: Strength & Conditioning Series - Shoulder Complex	Workshop/Seminar	0.6	12/31/2025	https://movementhealth360.com
Movement Health 360	M.A.S.O. Movement Analysis Synergists Optimization: Strength & Conditioning Series - Trunk (LX, TX)	Workshop/Seminar	1.3	12/31/2025	https://movementhealth360.com
MovMed	Level 1	Workshop/Seminar	1.9	12/31/2025	movmed.net
MovMed	Level 2	Workshop/Seminar	1.6	12/31/2025	movmed.net
MovNat	MovNat L1	Workshop/Seminar	1.6	12/31/2025	https://www.movnat.com/
MovNat	MovNat L2	Workshop/Seminar	1.6	12/31/2025	https://www.movnat.com/
MovNat	MovNat L3	Workshop/Seminar	1.9	12/31/2025	https://www.movnat.com/
Muay Thai School USA	Muay Thai Personal Trainer	Home Study	1.9	12/31/2025	https://www.muaythaischoolusa.com
Munira Hudani, PT Inc	Diastasis Rectus Abdominis and the Postpartum Core	Home Study	1.9	12/31/2025	www.munirahudanipt.com
Muscle and Motion	Anterior Knee Pain	Home Study	1.0	12/31/2025	https://www.muscleandmotion.com/
Muscle and Motion	Functional Training Anatomy	Home Study	1.0	12/31/2025	https://www.muscleandmotion.com/
Muscle and Motion	The Anatomy and Biomechanics of Movement	Home Study	0.4	12/31/2025	www.muscleandmotion.com
Muscles in Motion	Northwest Strength Training Summit	Workshop/Seminar	0.5	12/31/2025	mymusclesinmotion.com
My Steady Mind	My Steady Mind's Cognitive Fitness Training Program	Home Study	1.8	12/31/2025	www.mysteadymind.com
MyFIIT	MyFIIT Training Course	Home Study	0.8	12/31/2025	MyFIITTraining.com
MyFIIT	SASS Training	Home Study	0.8	12/31/2025	TheMoveMentors.com
MYOBILITY®	MYOBILITY®	Workshop/Seminar	0.7	12/31/2025	myobilitymethod.com
<b>NASM</b>	<b>All NASM courses are approved with AFAA</b>	<b>Home Study</b>	<b>12/31/2025</b>		
National Exercise Trainers Association (NETA)	2025 Virtual Fit Fest	Conference	1.9	12/31/2025	
National Health Exercise	Acquisition and Application of the Theoretical Basis of Fascia	Workshop/Seminar	0.8	12/31/2025	
National Health Exercise	Fascia Knife Myofascial Release Instructor	Workshop/Seminar	0.8	12/31/2025	
National Health Exercise	Functional Suspension Trainer	Workshop/Seminar	0.8	12/31/2025	
National Health Exercise	KettleBell Trainer	Workshop/Seminar	0.8	12/31/2025	
National Health Exercise	Myofascial Stretch Instructor	Workshop/Seminar	0.8	12/31/2025	https://forms.gle/Ec5H2gMSbEHJLhg16
National Health Exercise	Myofascial Stretching Instructor	Workshop/Seminar	0.8	12/31/2025	
National Health Exercise	Self-Myofascial Release Practice	Workshop/Seminar	0.8	12/31/2025	
National Health Exercise	Self-Myofascial Release Practice	Workshop/Seminar	0.4	12/31/2025	
National Health Exercise	Sports Medicine Cupping Instructor	Workshop/Seminar	0.8	12/31/2025	
National Health Exercise	Sports Medicine Functional Suspension Training Instructor	Workshop/Seminar	0.8	12/31/2025	
National Health Exercise	Sports Medicine Kettlebell Training Instructor	Workshop/Seminar	0.8	12/31/2025	
National Health Exercise	Sports Medicine Massage Release Instructor	Workshop/Seminar	0.8	12/31/2025	
National Strength and Functional Training Academy-NSFTA	Integrated Six Pillars	Workshop/Seminar	0.7	12/31/2025	nsfta.org
NeuroFit	NeuroFit Trainer Program	Home Study	1.0	12/31/2025	https://neurofit.app/course
New York Pilates	New York Pilates Elite Reformer Certificate	Home Study	1.9	12/31/2025	https://www.newyorkpilates.com/instructor-training/

New York Pilates	New York Pilates Instructor Certificate	Home Study	1.9	12/31/2025	<a href="https://www.newyorkpilates.com/instructor-training/">https://www.newyorkpilates.com/instructor-training/</a>
Niche Pilates Studio	Niche Pilates Instructor Training: Foundations	Workshop/Seminar	0.5	12/31/2025	<a href="https://www.nichefitstudio.com">NicheFitStudio.com</a>
Niche Pilates Studio	Niche Pilates Instructor Training: Mat Certificate	Home Study	0.6	12/31/2025	<a href="https://www.nichefitstudio.com">NicheFitStudio.com</a>
Niche Pilates Studio	Niche Pilates Instructor Training: Reformer	Workshop/Seminar	1.5	12/31/2025	<a href="https://www.nichefitstudio.com">NicheFitStudio.com</a>
NONSOLOFITNESS SNC	Elite Aerobic Instructor	Home Study	1.0	12/31/2025	<a href="https://www.nonsolofitness.it">www.nonsolofitness.it</a>
NONSOLOFITNESS SNC	Elite H2O Trainer	Home Study	1.0	12/31/2025	<a href="https://www.nonsolofitness.it">www.nonsolofitness.it</a>
Noom	Noom Mindset Coach	Home Study	0.6	12/31/2025	
Noom	Senior Noom Mindset Coach	Home Study	0.5	12/31/2025	
Nordic Body Academy	Nordic Body Instructor Certificate Program	Home Study	1.9	12/31/2025	<a href="https://nordic-body-academy.teachable.com/p/nordic-body-certificate-program">https://nordic-body-academy.teachable.com/p/nordic-body-certificate-program</a>
Nordic Flow	Cold Plunge Fundamentals	Home Study	1.9	12/31/2025	<a href="https://nordicflow.io/pages/certifications">https://nordicflow.io/pages/certifications</a>
Nordic Flow	Level 1: Breathwork Immersion	Workshop/Seminar	1.9	12/31/2025	<a href="https://nordicflow.io/pages/certifications">https://nordicflow.io/pages/certifications</a>
Nordic Flow	Level 2 Breathwork Coach	Workshop/Seminar	1.9	12/31/2025	<a href="https://nordicflow.io/pages/certifications">https://nordicflow.io/pages/certifications</a>
o2 Collective	Behavioral Breathwork Facilitator	Workshop/Seminar	0.6	12/31/2025	<a href="https://www.o2collective.com">www.o2collective.com</a>
o2 Collective	Breathe Well	Workshop/Seminar	0.6	12/31/2025	<a href="https://www.o2collective.com">www.o2collective.com</a>
o2 Collective	Breathing Science   PHYSIOLOGY & PSYCHOLOGY	Home Study	1.2	12/31/2025	<a href="https://www.o2collective.com">www.o2collective.com</a>
o2 Collective	Breathwork Fundamentals	Home Study	0.9	12/31/2025	<a href="https://www.o2collective.com">www.o2collective.com</a>
o2 Collective	Breathwork Fundamentals Advanced	Home Study	0.5	12/31/2025	<a href="https://www.o2collective.com">www.o2collective.com</a>
Ohio State University - Recreational Sports	Midwest Fit Fest 2025	Conference	0.8	12/31/2025	<a href="https://go.osu.edu/mwff2025">go.osu.edu/mwff2025</a>
Onelife Fitness	Signature Series Upskill Workshop: --- Next-Level Coaching	Workshop/Seminar	0.5	12/31/2025	<a href="https://www.onelifefitness.com">www.onelifefitness.com</a>
OptimizeMe Nutrition	Three Pillars Method Masterclass (Course & Test)	Workshop/Seminar	1.9	12/31/2025	<a href="https://optimizeMENUTRITION.com/masterclass-coaches/">https://optimizeMENUTRITION.com/masterclass-coaches/</a>
Orangetheory (OT) Fitness	CHECK YO MEMBERS BEFORE YOU CORRECT YO MEMBERS	Workshop/Seminar	0.1	12/31/2025	<a href="https://www.orangetheory.com">orangetheory.com</a>
Orangetheory (OT) Fitness	COMMAND, COLOR, QUESTION-MASTERING THE ART OF CONCISE & DIMENSIONAL CUES	Workshop/Seminar	0.1	12/31/2025	<a href="https://www.orangetheory.com">orangetheory.com</a>
Orangetheory (OT) Fitness	Customize with Options & Challenges	Workshop/Seminar	0.1	12/31/2025	<a href="https://www.orangetheory.com">orangetheory.com</a>
Orangetheory (OT) Fitness	ELEVATE YOUR ENERGY IN YOUR NEXT LOBBY INTRO	Workshop/Seminar	0.1	12/31/2025	<a href="https://www.orangetheory.com">orangetheory.com</a>
Orangetheory (OT) Fitness	IF THEY'RE BORED, YOU'RE BORING!	Workshop/Seminar	0.1	12/31/2025	<a href="https://www.orangetheory.com">orangetheory.com</a>
Orangetheory (OT) Fitness	Momentum 2025	Conference	0.6	12/31/2025	<a href="https://www.orangetheoryfitness.com">orangetheoryfitness.com</a>
Orangetheory (OT) Fitness	OTFit Coach Fundamentals Certificate	Workshop/Seminar	0.9	12/31/2025	<a href="https://www.orangetheory.com">orangetheory.com</a>
Orangetheory (OT) Fitness	READY, SET, ROW	Workshop/Seminar	0.1	12/31/2025	<a href="https://www.orangetheory.com">orangetheory.com</a>
Orangetheory (OT) Fitness	TREAD LIKE A PRO	Workshop/Seminar	0.1	12/31/2025	<a href="https://www.orangetheory.com">orangetheory.com</a>
Overtime Athletics	Performance Coach U	Home Study	1.9	12/31/2025	<a href="https://www.otaniversity.com">otaniversity.com</a>
Own Your Eating	Own Your Eating Nutrition Certificate	Home Study	0.8	12/31/2025	<a href="https://courses.ownyoureating.com/courses/own-your-eating-nutrition-certificate-course">courses.ownyoureating.com/courses/own-your-eating-nutrition-certificate-course</a>
PMMG Healthbuddy Services Pvt Ltd (known as MHB Academy)	Advanced Certification in Nutrition & Exercise Coaching	Workshop/Seminar	1.9	12/31/2025	<a href="https://www.mhbademy.co">www.mhbademy.co</a>
PMMG Healthbuddy Services Pvt Ltd (known as MHB Academy)	Diploma in Nutrition and Lifestyle Coaching	Workshop/Seminar	1.9	12/31/2025	<a href="https://www.mhbademy.com/">www.mhbademy.com/</a>
Parkour Generations Americas / Parkour Generations Ltd.	ADAPT Level 1	Workshop/Seminar	1.9	12/31/2025	<a href="https://www.parkourgenerations.com">www.parkourgenerations.com</a>
pd LIFE / Nova Southeastern	Updates in Exercise Management of Parkinsons Disease	Workshop/Seminar	0.8	12/31/2025	<a href="https://parkinsonslife.org">parkinsonslife.org</a>
Perform Better	Three Day Functional Training Summit - Chicago, IL 2025	Conference	1.7	12/31/2025	<a href="https://www.performbetter.com/3-day-functional-training-summits/">https://www.performbetter.com/3-day-functional-training-summits/</a>
Perform Better	Three Day Functional Training Summit - Long Beach, CA 2025	Conference	1.7	12/31/2025	<a href="https://www.performbetter.com/3-day-functional-training-summits/">https://www.performbetter.com/3-day-functional-training-summits/</a>
Perform Better	Three Day Functional Training Summit - Providence, RI 2025	Conference	1.7	12/31/2025	<a href="https://www.performbetter.com/3-day-functional-training-summits/">https://www.performbetter.com/3-day-functional-training-summits/</a>
Performance Art Athletics, LLC	Vertical Foundation 2	Workshop/Seminar	0.8	12/31/2025	<a href="https://www.performanceartathletics.com/">https://www.performanceartathletics.com/</a>
Performance Art Athletics, LLC	Vertical Foundation Part 1	Home Study	1.0	12/31/2025	<a href="https://www.performanceartathletics.com">www.performanceartathletics.com</a>
Perry Academy	Perimenopause Certificate	Home Study	1.1	12/31/2025	<a href="https://www.perry.academy">www.perry.academy</a>
PFC Solutions Sdn Bhd	Performance & Recovery Summit 2025	Conference	1.6	12/31/2025	<a href="https://performance-recovery-summit.pfc.my">https://performance-recovery-summit.pfc.my</a>
PILATES FITNESS INC. & PHYSICALMIND INSTITUTE	Pilates Mat Course	Home Study	1.6	12/31/2025	<a href="https://WWW.BETTERBODYPILATES.COM">WWW.BETTERBODYPILATES.COM</a>
Plus Plyos Inc	Introduction to Coaching Plyometrics	Home Study	0.4	12/31/2025	<a href="https://www.plusplyos.com">www.plusplyos.com</a>
PlyoJam	Connect & Grow a Loyal Following	Workshop/Seminar	0.4	12/31/2025	<a href="https://www.plyojam.com">www.plyojam.com</a>
Pole Fitness Alliance	Level 1 Pole Instructor	Workshop/Seminar	1.5	12/31/2025	<a href="https://www.polefitnessalliance.com">www.polefitnessalliance.com</a>
PomSquad Fitness	Captain Training	Home Study	0.6	12/31/2025	<a href="https://www.pomsquadfitness.com">pomsquadfitness.com</a>
POUND® Rockout. Workout.	Generation POUND	Workshop/Seminar	0.8	12/31/2025	<a href="http://poundfit.com">http://poundfit.com</a>
POUND® Rockout. Workout.	LEVEL Up	Workshop/Seminar	0.9	12/31/2025	<a href="http://poundfit.com">http://poundfit.com</a>
POUND® Rockout. Workout.	Percussion & Musicality	Home Study	0.1	12/31/2025	<a href="https://www.poundfit.com">www.poundfit.com</a>
POUND® Rockout. Workout.	POUND	Workshop/Seminar	0.8	12/31/2025	<a href="http://poundfit.com">http://poundfit.com</a>
POUND® Rockout. Workout.	POUND Pro Jam	Conference	0.5	12/31/2025	<a href="http://poundfit.com">http://poundfit.com</a>
POUND® Rockout. Workout.	POUND Unplugged	Workshop/Seminar	0.7	12/31/2025	<a href="http://poundfit.com">http://poundfit.com</a>
POUND® Rockout. Workout.	The Science of Set Lists	Home Study	0.3	12/31/2025	<a href="https://www.poundfit.com">www.poundfit.com</a>
Power for Parkinson's	Power for Parkinsons® Introduction to Parkinson's Symptom-Focused Exercise	Home Study	0.6	12/31/2025	<a href="https://www.powerforparkinsons.org">www.powerforparkinsons.org</a>
Power Monkey Camp	Power Monkey Camp	Workshop/Seminar	1.9	12/31/2025	<a href="https://www.powermonkeycamp.com">powermonkeycamp.com</a>
Power Monkey Camp	Power Monkey Camp - Online	Home Study	1.9	12/31/2025	<a href="https://www.academy.powermonkeyfitness.com">academy.powermonkeyfitness.com</a>
Power Monkey Camp	Power Monkey Gymnastics/Weightlifting Course	Workshop/Seminar	1.6	12/31/2025	<a href="https://www.powermonkeyfitness.com/pages/courses">www.powermonkeyfitness.com/pages/courses</a>
Precision Nutrition	Change Psychology: How To Solve The Toughest Behavior-Change Challenges	Home Study	1.2	12/31/2025	<a href="https://www.precisionnutrition.com">www.precisionnutrition.com</a>
Precision Nutrition	Change Psychology: How to Talk to Clients to Help Them Change	Home Study	1.7	12/31/2025	<a href="https://www.precisionnutrition.com">www.precisionnutrition.com</a>
Precision Nutrition	Dietary Strategies: How to Coach a Macros Based Diet	Home Study	1.0	12/31/2025	<a href="https://www.precisionnutrition.com">www.precisionnutrition.com</a>
Precision Nutrition	Dietary Strategies: How to Coach a Plant Based Diet	Home Study	0.8	12/31/2025	<a href="https://www.precisionnutrition.com">www.precisionnutrition.com</a>
Precision Nutrition	Dietary Strategies: How to Coach an Intermittent Fasting Diet	Home Study	0.8	12/31/2025	<a href="https://www.precisionnutrition.com">www.precisionnutrition.com</a>
Precision Nutrition	Metabolism and Health: How To Promote Healthy Digestion	Home Study	1.8	12/31/2025	<a href="https://www.precisionnutrition.com/">https://www.precisionnutrition.com/</a>
Precision Nutrition	Nutrition Coaching for Athletes: How to Coach an Athlete	Home Study	1.5	12/31/2025	<a href="https://www.precisionnutrition.com">www.precisionnutrition.com</a>
Precision Nutrition	Nutrition Coaching for Athletes: How to Create Personalized Nutrition Programs for Athletes	Home Study	1.2	12/31/2025	<a href="https://www.precisionnutrition.com">www.precisionnutrition.com</a>
Precision Nutrition	Nutrition Coaching for Athletes: How to Solve Common Nutrition Challenges for Athletes	Home Study	1.6	12/31/2025	<a href="https://www.precisionnutrition.com">www.precisionnutrition.com</a>
Precision Nutrition	Nutrition for Metabolic Health: What Is Hunger, and How Can We Control It	Home Study	1.0	12/31/2025	<a href="https://www.precisionnutrition.com">www.precisionnutrition.com</a>
Precision Nutrition	Nutrition for Metabolic Health: What is Metabolism?	Home Study	1.9	12/31/2025	<a href="https://www.precisionnutrition.com">www.precisionnutrition.com</a>
Precision Nutrition	PN L2 Master Health Coaching	Home Study	1.9	12/31/2025	<a href="https://www.precisionnutrition.com/nutrition-certification-level-2-presale-list">https://www.precisionnutrition.com/nutrition-certification-level-2-presale-list</a>
Precision Nutrition	PN Level 1 Sleep, Stress Management, and Recovery Coaching Certificate	Home Study	1.9	12/31/2025	<a href="https://www.precisionnutrition.com/">https://www.precisionnutrition.com/</a>
Precision Nutrition	PN Level 1, Certificate in Nutrition and Coaching	Home Study	1.9	12/31/2025	<a href="https://www.precisionnutrition.com">www.precisionnutrition.com</a>
PregActive	PregActive Pregnancy and Postpartum Exercise Course	Home Study	1.9	12/31/2025	<a href="https://www.pregactive.com/Prenatal-Fitness-Course">https://www.pregactive.com/Prenatal-Fitness-Course</a>
Primal Health Coach Institute	Primal Fitness Coach Program	Home Study	1.7	12/31/2025	<a href="https://www.primalhealthcoach.com/primal-fitness-coach-certification/">https://www.primalhealthcoach.com/primal-fitness-coach-certification/</a>
Primal Health Coach Institute	Primal Health Coach Program	Workshop/Seminar	1.9	12/31/2025	<a href="https://www.primalblueprint.com">www.primalblueprint.com</a>
Pro Kettlebell	Neu Iron Pro Kettlebell Trainer Program	Home Study	1.9	12/31/2025	<a href="https://www.prokettlebell.com">prokettlebell.com</a>
ProFit Growth Summit	FitPro Growth Summit 2025	Conference	1.6	12/31/2025	<a href="https://www.fitprogrowthsummit.com">fitprogrowthsummit.com</a>
PRONatal Fitness	How to Train Your Pregnant Clients Like a PRO	Home Study	0.2	12/31/2025	<a href="https://www.pronatafitness.com">pronatafitness.com</a>
PRONatal Fitness	Pre/Postnatal Education for Group Fitness Instructors	Home Study	0.7	12/31/2025	<a href="https://www.pronatafitness.com">pronatafitness.com</a>
PRONatal Fitness	Pre/Postnatal Fitness Specialist	Home Study	1.9	12/31/2025	<a href="https://www.pronatafitness.com">pronatafitness.com</a>
PTAG	All PTAG courses are approved with AFAA	Home Study	12/31/2025		
Punk Rope, Inc.	Jump Rope Instructor Course	Home Study	0.9	12/31/2025	<a href="https://www.punkrope.com">www.punkrope.com</a>
PVOLVE	100-Hour Immersive Training	Workshop/Seminar	1.9	12/31/2025	<a href="https://www.pvolve.com">www.pvolve.com</a>
RaqiSa® Barre	RAQ THE BARRE, BY RAQISA Barre Fitness - Belly Dance Technique	Workshop/Seminar	0.8	12/31/2025	<a href="https://www.raqisa.com">www.raqisa.com</a>
Redefining Strength	The Dynamic Workout Design Training Black Book	Home Study	0.9	12/31/2025	<a href="https://academy.redefiningstrength.com/p/the-dynamic-workout-design-training-black-book">https://academy.redefiningstrength.com/p/the-dynamic-workout-design-training-black-book</a>
REFIT®	REFIT CONVENTION 2025	Conference	0.4	12/31/2025	<a href="https://www.refitrev.com">REFITREV.COM</a>



REFIT*	REFIT* Instructor Training	Workshop/Seminar	0.6	12/31/2025	<a href="http://shop.refitrev.com/collections/trainings">http://shop.refitrev.com/collections/trainings</a>
REFIT*	REV+FLOW Instructor Training	Workshop/Seminar	0.4	12/31/2025	<a href="http://refitrev.com">refitrev.com</a>
REFIT*	Self-Paced REFIT Instructor Training	Home Study	0.3	12/31/2025	<a href="http://REFITREV.COM">REFITREV.COM</a>
Regymen Fitness	Regymen Fitness Coaches Training	Workshop/Seminar	1.9	12/31/2025	
Rev6	Rev6 Essentials Course	Home Study	1.2	12/31/2025	<a href="http://rev6.fit">rev6.fit</a>
Rev6	Rev6 Level 1 Course	Home Study	1.9	12/31/2025	<a href="http://rev6.fit">rev6.fit</a>
Rev6	Rev6 Pelvic Floor Fitness Course	Home Study	1.9	12/31/2025	<a href="http://rev6.fit">rev6.fit</a>
Riot Dance Fitness	Riot Revolutionary Instructor	Workshop/Seminar	1.2	12/31/2025	<a href="http://www.riotdancefitness.com">www.riotdancefitness.com</a>
Ritmo Fit S.R.L.	Ritmo FitDance™	Workshop/Seminar	0.7	12/31/2025	
Rossiter Stretching LLC	Level 1: Head To Toe Foundations	Workshop/Seminar	1.6	12/31/2025	<a href="http://www.therossiterstretching.com">www.therossiterstretching.com</a>
Rossiter Stretching LLC	Level 2: More Power - More Techniques Foundations	Workshop/Seminar	1.6	12/31/2025	<a href="http://www.therossiterstretching.com">www.therossiterstretching.com</a>
Rossiter Stretching LLC	Level 3: Speed, Agility & Consistency Intermediate	Workshop/Seminar	1.6	12/31/2025	<a href="http://www.therossiterstretching.com">www.therossiterstretching.com</a>
Rossiter Stretching LLC	Level 4: More Specific - More Precise Advanced	Workshop/Seminar	1.6	12/31/2025	<a href="http://www.therossiterstretching.com">www.therossiterstretching.com</a>
Row House	Anatomy Course	Home Study	0.9	12/31/2025	<a href="https://rowhouseeducation.thinkific.com">https://rowhouseeducation.thinkific.com</a>
Row House	Row House University	Workshop/Seminar	1.9	12/31/2025	<a href="https://rowhouseeducation.thinkific.com">https://rowhouseeducation.thinkific.com</a>
Row House	Rowing Force Curve	Home Study	0.4	12/31/2025	<a href="https://rowhouseeducation.thinkific.com">https://rowhouseeducation.thinkific.com</a>
Rulz Fitness	Bellydance Fitness Instructor Training	Workshop/Seminar	1.9	12/31/2025	<a href="http://www.rulzfitness.com">www.rulzfitness.com</a>
Running Nutrition Specialist Certification	Running Nutrition Specialist	Home Study	1.0	12/31/2025	<a href="https://www.rnscertification.com/">https://www.rnscertification.com/</a>
SANTOSHA YOGA & PILATES INSTITUTE	Mat Pilates Teacher Training Program	Workshop/Seminar	1.9	12/31/2025	<a href="https://santoshayogainstitute.edu.au/">https://santoshayogainstitute.edu.au/</a>
SANTOSHA YOGA & PILATES INSTITUTE	Reformer Pilates Teacher Training Program	Workshop/Seminar	1.9	12/31/2025	<a href="https://santoshayogainstitute.edu.au/">https://santoshayogainstitute.edu.au/</a>
Sarah Mariano The Stretch Therapist Inc.	Performance Stretch System	Workshop/Seminar	1.7	12/31/2025	<a href="https://www.thestretchtherapists.com">https://www.thestretchtherapists.com</a>
Sarah Mariano The Stretch Therapist Inc.	Performance Stretch System, Level 2	Workshop/Seminar	1.7	12/31/2025	<a href="https://www.sarahmariano.com/">https://www.sarahmariano.com/</a>
Schexnayder Athletic Consulting	Interactive Training and Rehabilitation Clinic	Workshop/Seminar	1.0	12/31/2025	<a href="https://sacspeed.com/vp/">https://sacspeed.com/vp/</a>
ScoobyU	Introduction to Functional Nutrition online	Home Study	1.9	12/31/2025	<a href="https://scoobyhealth.com/pages/scoobyu">https://scoobyhealth.com/pages/scoobyu</a>
SculptXV	SculptXV Licensed Teacher Training	Workshop/Seminar	0.8	12/31/2025	<a href="http://www.sculptxv.com">www.sculptxv.com</a>
SCW Fitness Education	SCW Active Aging Nutrition Training	Workshop/Seminar	0.4	12/31/2025	<a href="http://www.scwfit.com">www.scwfit.com</a>
SCW Fitness Education	SCW Active Aging Training	Workshop/Seminar	0.7	12/31/2025	<a href="http://scwfit.com">http://scwfit.com</a>
SCW Fitness Education	SCW Anti-Obesity Medication (AOM) Fitness Programming	Workshop/Seminar	0.7	12/31/2025	<a href="http://www.scwfit.com">www.scwfit.com</a>
SCW Fitness Education	SCW Aqua Barre Training	Workshop/Seminar	0.6	12/31/2025	<a href="http://www.scwfit.com">www.scwfit.com</a>
SCW Fitness Education	SCW Aquatic Exercise Training	Workshop/Seminar	0.8	12/31/2025	<a href="http://scwfit.com">http://scwfit.com</a>
SCW Fitness Education	SCW Aquatic Personal Training	Workshop/Seminar	0.7	12/31/2025	<a href="http://www.scwfit.com">www.scwfit.com</a>
SCW Fitness Education	SCW Ballet Barre Training	Workshop/Seminar	0.7	12/31/2025	<a href="http://www.scwfitness.com/newsite.html">http://www.scwfitness.com/newsite.html</a>
SCW Fitness Education	SCW Boxing Training	Workshop/Seminar	0.7	12/31/2025	<a href="http://www.scwfit.com">www.scwfit.com</a>
SCW Fitness Education	SCW Chronic Disease & Fitness Specialist Training	Home Study	0.4	12/31/2025	<a href="http://www.scwfit.com">www.scwfit.com</a>
SCW Fitness Education	SCW Core Training	Home Study	0.4	12/31/2025	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	SCW Fall Prevention Training	Home Study	0.4	12/31/2025	
SCW Fitness Education	SCW FITNESS 2025 ACTIVE AGING Conference	Conference	1.5	12/31/2025	<a href="http://www.scwfit.com">www.scwfit.com</a>
SCW Fitness Education	SCW FITNESS 2025 ATLANTA MANIA CONFERENCE	Conference	1.7	12/31/2025	<a href="http://www.scwfit.com">www.scwfit.com</a>
SCW Fitness Education	SCW FITNESS 2025 CALIFORNIA MANIA Conference	Conference	1.7	12/31/2025	<a href="http://www.scwfit.com">www.scwfit.com</a>
SCW Fitness Education	SCW Fitness 2025 Dallas Mania Conference	Conference	1.7	12/31/2025	<a href="http://www.scwfit.com">www.scwfit.com</a>
SCW Fitness Education	SCW FITNESS 2025 DC MANIA Conference	Conference	1.7	12/31/2025	<a href="http://www.scwfit.com">www.scwfit.com</a>
SCW Fitness Education	SCW FITNESS 2025 FL MANIA Conference	Conference	1.7	12/31/2025	<a href="http://www.scwfit.com">www.scwfit.com</a>
SCW Fitness Education	SCW Fitness 2025 Midwest Mania Conference	Conference	1.7	12/31/2025	
SCW Fitness Education	SCW Fitness Corrective Exercise Training	Workshop/Seminar	0.6	12/31/2025	<a href="http://www.scwfit.com">www.scwfit.com</a>
SCW Fitness Education	SCW Fitness Meditation Training	Workshop/Seminar	0.4	12/31/2025	<a href="http://www.scwfit.com">www.scwfit.com</a>
SCW Fitness Education	SCW Flowing Yoga Training	Workshop/Seminar	0.7	12/31/2025	<a href="http://www.scwfit.com">www.scwfit.com</a>
SCW Fitness Education	SCW Foam Rolling Training	Home Study	0.6	12/31/2025	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	SCW Functional Flexibility Training	Home Study	0.8	12/31/2025	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	SCW Functional Pilates Training	Home Study	0.6	12/31/2025	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	SCW Functional Training	Workshop/Seminar	0.8	12/31/2025	<a href="http://www.scwfit.com">www.scwfit.com</a>
SCW Fitness Education	SCW Group Exercise Training	Workshop/Seminar	0.8	12/31/2025	<a href="http://scwfit.com">http://scwfit.com</a>
SCW Fitness Education	SCW Group Strength Training	Home Study	0.4	12/31/2025	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	SCW HIIT Training	Home Study	0.6	12/31/2025	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	SCW Kettlebell Training	Home Study	0.4	12/31/2025	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	SCW Kids in Motion Training	Home Study	0.8	12/31/2025	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	SCW Life Coach Training	Workshop/Seminar	0.7	12/31/2025	<a href="http://www.scwfit.com">www.scwfit.com</a>
SCW Fitness Education	SCW Menopause Wellness	Workshop/Seminar	0.6	12/31/2025	<a href="http://www.scwfit.com">www.scwfit.com</a>
SCW Fitness Education	SCW Moms in Motion Training	Home Study	0.8	12/31/2025	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	SCW Nutrition Coaching for Fitness Professionals	Workshop/Seminar	0.7	12/31/2025	<a href="http://www.scwfit.com">www.scwfit.com</a>
SCW Fitness Education	SCW Nutrition, Hormones & Metabolism Training	Home Study	0.8	12/31/2025	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	SCW Pilates Matwork Training	Workshop/Seminar	0.8	12/31/2025	<a href="http://scwfit.com">http://scwfit.com</a>
SCW Fitness Education	SCW Pilates Small Apparatus Training	Home Study	0.8	12/31/2025	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	SCW S.E.A.T. Training	Home Study	0.7	12/31/2025	<a href="http://www.scwfit.com">www.scwfit.com</a>
SCW Fitness Education	SCW Small Group Training	Workshop/Seminar	0.7	12/31/2025	<a href="http://www.scwfit.com/certifications">www.scwfit.com/certifications</a>
SCW Fitness Education	SCW Stretching & Flexibility	Conference	0.7	12/31/2025	<a href="http://www.scwfit.com">www.scwfit.com</a>
SCW Fitness Education	SCW Tai Chi Training	Home Study	0.8	12/31/2025	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	SCW Yoga I Training	Workshop/Seminar	0.7	12/31/2025	<a href="http://scwfit.com">http://scwfit.com</a>
SCW Fitness Education	SCW Yoga II Training	Home Study	0.4	12/31/2025	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	WATERinMOTION® Training	Workshop/Seminar	0.7	12/31/2025	<a href="http://www.scwfit.com">www.scwfit.com</a>
Semi Private Pro	Semi Private Training Course	Home Study	0.6	12/31/2025	<a href="http://semiprivatepro.com/getcertified">semiprivatepro.com/getcertified</a>
SH1FT	L1FT 101	Home Study	0.3	12/31/2025	<a href="http://www.sh1ftfitness.com">www.sh1ftfitness.com</a>
SH1FT	M1ND 101	Home Study	0.2	12/31/2025	<a href="http://www.sh1ftfitness.com">www.sh1ftfitness.com</a>
SH1FT	MOVE & MOBILITY Instructor Training Course	Home Study	0.6	12/31/2025	<a href="http://www.sh1ftfitness.com">www.sh1ftfitness.com</a>
SH1FT	R1DE 101	Home Study	0.3	12/31/2025	<a href="http://www.sh1ftfitness.com">www.sh1ftfitness.com</a>
SH1FT	SH1FT 101	Home Study	0.8	12/31/2025	<a href="http://www.sh1ftfitness.com">www.sh1ftfitness.com</a>
SHAY-MCENTEE WELLNESS WORKS INC.	BREATHING TECHNIQUES / STRESS MANAGEMENT	Workshop/Seminar	0.3	12/31/2025	
SHAY-MCENTEE WELLNESS WORKS INC.	ENERGY BREAK	Workshop/Seminar	0.3	12/31/2025	
SHINE Dance Fitness	10x Instructor Training	Workshop/Seminar	0.5	12/31/2025	<a href="http://www.shinedancefitness.com">www.shinedancefitness.com</a>
SHINE Dance Fitness	Level Up - Rockstar Instructor Training	Home Study	0.6	12/31/2025	<a href="http://www.shinedancefitness.com">www.shinedancefitness.com</a>
SHINE Dance Fitness	SHINE Dance Fitness Instructor Training	Workshop/Seminar	1.1	12/31/2025	<a href="http://www.shinedancefitness.com">www.shinedancefitness.com</a>
SHINE Dance Fitness	SHINE Dance Fitness Online Instructor Training	Home Study	1.0	12/31/2025	<a href="http://www.shinedancefitness.com">www.shinedancefitness.com</a>
SHINE Dance Fitness	SHINE LIGHT Instructor Training	Home Study	0.7	12/31/2025	<a href="http://www.shinedancefitness.com">www.shinedancefitness.com</a>
SHINE Dance Fitness	UPLIFT Instructor Training	Workshop/Seminar	1.5	12/31/2025	<a href="http://www.shinedancefitness.com">www.shinedancefitness.com</a>
SilverSneakers by Tivvy Health	Group Exercise for Hip Limitations	Home Study	0.2	12/31/2025	<a href="http://www.silverneakers.com">www.silverneakers.com</a>
SilverSneakers by Tivvy Health	SilverSneakers BOOM MIND	Home Study	0.2	12/31/2025	<a href="http://www.silverneakers.com">www.silverneakers.com</a>
SilverSneakers by Tivvy Health	SilverSneakers BOOM MOVE	Home Study	0.2	12/31/2025	<a href="http://www.silverneakers.com">www.silverneakers.com</a>

SilverSneakers by Tivity Health	SilverSneakers BOOM MUSCLE	Home Study	0.2	12/31/2025	www.silversneakers.com
SilverSneakers by Tivity Health	SilverSneakers Brain Health for Group Exercises	Home Study	0.3	12/31/2025	www.silversneakers.com
SilverSneakers by Tivity Health	SilverSneakers Circuit	Home Study	0.2	12/31/2025	www.silversneakers.com
SilverSneakers by Tivity Health	SilverSneakers Classic	Home Study	0.2	12/31/2025	www.silversneakers.com
SilverSneakers by Tivity Health	SilverSneakers EnerChi	Home Study	0.4	12/31/2025	www.silversneakers.com
SilverSneakers by Tivity Health	SilverSneakers Fall Prevention Education Series	Home Study	0.2	12/31/2025	www.silversneakers.com
SilverSneakers by Tivity Health	SilverSneakers Foundations	Home Study	0.5	12/31/2025	www.silversneakers.com
SilverSneakers by Tivity Health	SilverSneakers Fundamentals of Teaching Group Fitness	Home Study	0.5	12/31/2025	www.silversneakers.com
SilverSneakers by Tivity Health	SilverSneakers Leadership for Chronic Conditions and Disease	Home Study	0.4	12/31/2025	www.silversneakers.com
SilverSneakers by Tivity Health	SilverSneakers Nutrition for Optimal Aging	Workshop/Seminar	0.2	12/31/2025	www.silversneakers.com
SilverSneakers by Tivity Health	SilverSneakers Splash	Home Study	0.2	12/31/2025	www.silversneakers.com
SilverSneakers by Tivity Health	SilverSneakers Stability	Home Study	0.2	12/31/2025	www.silversneakers.com
SilverSneakers by Tivity Health	SilverSneakers Strength Progressions for Group Exercise	Home Study	0.2	12/31/2025	www.silversneakers.com
SilverSneakers by Tivity Health	SilverSneakers Stress Management Education Series	Home Study	0.4	12/31/2025	www.silversneakers.com
SilverSneakers by Tivity Health	SilverSneakers YOGA	Home Study	0.2	12/31/2025	www.silversneakers.com
Sling Bungee Fitness	Sling Bungee Instructor License	Home Study	1.1	12/31/2025	www.slingbungee.com
Soft Stretch Release Techniques	Soft Stretch Release Techniques (Sidelying / Prone Techniques)	Workshop/Seminar	1.9	12/31/2025	SRTtherapy.com
Soft Stretch Release Techniques	Soft-Stretch Release Techniques (Supine Techniques)	Workshop/Seminar	1.9	12/31/2025	SRTtherapy.com
Somatic Yoga School	Somatic Yoga Practitioner	Workshop/Seminar	1.5	12/31/2025	hello@somapoweryoga.com
SoulBody LLC	SoulBody Teacher Training	Workshop/Seminar	0.9	12/31/2025	www.soulbody.fitness
Southern Methodist University	TexFit 2025	Conference	0.7	12/31/2025	https://textfit25.weebly.com/
Spartan Race Inc.	Spartan DEKA Fitness Education Workshop	Home Study	0.6	12/31/2025	https://race.spartan.com/en/pages/coach-certification
Spartan Race Inc.	Spartan SGX	Home Study	1.7	12/31/2025	https://race.spartan.com/en/pages/coach-certification
SPECTRUM, Inc	Expanding Your Fitness Impact	Home Study	0.2	12/31/2025	www.spectrumsp.com
SPENGA	Spenga Instructor Training	Workshop/Seminar	1.9	12/31/2025	
SPENGA	SPENGA Instructor Training - PWR REVIVE	Workshop/Seminar	0.5	12/31/2025	www.spenga.com
Spin City Instructor Training	Spin City Active Flexibility Instructor Workshop	Home Study	0.8	12/31/2025	www.spincityinstructortraining.com
Spin City Instructor Training	Spin City Advanced Aerial Hoop Instructor (online)	Home Study	1.9	12/31/2025	www.spincityinstructortraining.com
Spin City Instructor Training	Spin City Advanced Pole Fitness Instructor (online)	Home Study	1.9	12/31/2025	www.spincityinstructortraining.com
Spin City Instructor Training	Spin City Anatomy and Physiology Foundations (online)	Home Study	1.9	12/31/2025	www.spincityinstructortraining.com
Spin City Instructor Training	Spin City Beginners Aerial Hoop Instructor (online)	Home Study	1.9	12/31/2025	www.spincityinstructortraining.com
Spin City Instructor Training	Spin City Beginners Aerial Silks Instructor (online)	Home Study	1.5	12/31/2025	https://www.spincityinstructortraining.com
Spin City Instructor Training	Spin City Beginners Aerial Sling Instructor (online)	Home Study	1.9	12/31/2025	www.spincityinstructortraining.com
Spin City Instructor Training	Spin City Beginners Coaching Instructor Training Course	Home Study	0.8	12/31/2025	www.spincityinstructortraining.com
Spin City Instructor Training	Spin City Beginners Pole Fitness Instructor (online)	Home Study	1.9	12/31/2025	www.spincityinstructortraining.com
Spin City Instructor Training	Spin City Beginners Trapeze Instructor Training Course	Home Study	1.9	12/31/2025	https://www.spincityinstructortraining.com
Spin City Instructor Training	Spin City Core Strength and Stability Instructor Workshop	Home Study	0.8	12/31/2025	www.spincityinstructortraining.com
Spin City Instructor Training	Spin City Double Point Hoop Instructor (online)	Home Study	0.8	12/31/2025	www.spincityinstructortraining.com
Spin City Instructor Training	Spin City Grounded Hoop Instructor (online)	Home Study	0.8	12/31/2025	www.spincityinstructortraining.com
Spin City Instructor Training	Spin City Intermediate Aerial Hoop Instructor (online)	Home Study	1.9	12/31/2025	www.spincityinstructortraining.com
Spin City Instructor Training	Spin City Intermediate Aerial Sling Instructor (online)	Home Study	1.9	12/31/2025	www.spincityinstructortraining.com
Spin City Instructor Training	Spin City Intermediate Pole Fitness Instructor (online)	Home Study	1.9	12/31/2025	www.spincityinstructortraining.com
Spin City Instructor Training	Spin City Pole Fabric Instructor (online)	Home Study	1.9	12/31/2025	www.spincityinstructortraining.com
Spin City Instructor Training	Spin City Pole Flow Instructor Course	Home Study	0.8	12/31/2025	www.spincityinstructortraining.com
Spin City Instructor Training	Spin City Spinning Pole Instructor (online)	Home Study	0.8	12/31/2025	www.spincityinstructortraining.com
Spin City Instructor Training	Spin City Strength And Conditioning For Pole And Aerial (online)	Home Study	1.0	12/31/2025	www.spincityinstructortraining.com
Spin City Instructor Training	Spin City Stretching and Flexibility for Pole and Aerial (online)	Home Study	1.9	12/31/2025	www.spincityinstructortraining.com
Spin City Instructor Training	Spin City Teaching Children Ages 5-10	Home Study	1.9	12/31/2025	https://www.spincityinstructortraining.com
Spinal Movement Strength	Evaluation and Correction of Motor Gait	Home Study	1.9	12/31/2025	
Sports Nutrition Academy	Sports Nutrition Online Course Level 1	Home Study	0.9	12/31/2025	www.snac.my
StackTrax LLC	Pickleball Training Specialist	Workshop/Seminar	0.8	12/31/2025	https://traxmethodtraining.com/pickleballtrainingspecialistcourse
Steve Nash Fitness World & Sports Club	MSINGI Master Trainer Certificate Course	Workshop/Seminar	1.2	12/31/2025	www.bcpti.ca
StickMobility	Group Training Course	Workshop/Seminar	0.4	12/31/2025	https://stickmobility.com/collections/certifications
StickMobility	Stick Mobility Essentials Course	Home Study	0.4	12/31/2025	www.stickmobility.com
StickMobility	Stick Mobility Level 1	Workshop/Seminar	1.3	12/31/2025	https://stickmobility.com/certification/
StickMobility	Stick Mobility Level 1	Home Study	1.3	12/31/2025	www.stickmobility.com
StickMobility	Stick Mobility Level 2	Workshop/Seminar	1.3	12/31/2025	www.stickmobility.com
StickMobility	StickMobility Level 2	Home Study	1.3	12/31/2025	www.stickmobility.com
Strength Through Focus University	Mat Pilates Teacher Training	Workshop/Seminar	1.9	12/31/2025	https://www.strengththroughfocus.university/
Strength Through Focus University	Reformer Pilates Teacher Training	Workshop/Seminar	1.9	12/31/2025	https://www.strengththroughfocus.com/university/
Stretch Center, LLC	Assisted Stretch Therapist Training with Stretch Center, LLC.	Home Study	1.9	12/31/2025	stretchcenter.com
Stretch Flo LLC	Stretch Flo Specialist	Workshop/Seminar	1.9	12/31/2025	stretchflo.com
Stretch Flo LLC	Stretch Flo Therapist	Workshop/Seminar	1.9	12/31/2025	stretchflo.com
Stretch Flo LLC	Stretch Flo Therapist	Workshop/Seminar	1.9	12/31/2025	www.stretchflo.com
Stretch to Win Institute	FREDERICK FASCIAL STRETCH PRACTITIONER – LEVEL 1	Workshop/Seminar	1.9	12/31/2025	https://stretchtowin.com/page/accreditation
Stretch to Win Institute	FREDERICK STRETCH THERAPY® PRACTITIONER – LEVEL 2	Workshop/Seminar	1.9	12/31/2025	www.stretchtowin.com
Stretch to Win Institute	LifeStretch® Instructor	Home Study	0.6	12/31/2025	https://stretchtowin.configio.com/search?cid=231
StretchA Method	StretchA Method: StretchA Fusion	Workshop/Seminar	1.9	12/31/2025	www.sandrajersby.com
StretchA Method	StretchA Method: StretchA Thai L-1	Workshop/Seminar	1.9	12/31/2025	www.sandrajersby.com
Stretching Your Life, inc	Active Isolated Stretching, the Mattes Method	Workshop/Seminar	1.6	12/31/2025	stretchingyourlife.com
StretchLab	Applied Stretching Theory and Practice	Home Study	1.9	12/31/2025	https://stretchlab.wisetail.com/eco_login
Strikeinetics	Strikeinetics Level 1 Coach	Home Study	1.6	12/31/2025	
Strong Education	Adaptive Fitness Trainer	Home Study	1.7	12/31/2025	www.certifystrong.com
Strong Education	Adaptive Special Needs Group Instructor	Home Study	1.4	12/31/2025	www.certifystrong.com
SUNDAY PILATES	SUNDAY PILATES	Workshop/Seminar	1.9	12/31/2025	www.sundaypilates.info
Surge Fit	On Demand Surge Fit Instructor Training	Home Study	0.8	12/31/2025	www.surge-fit.com
Surge Fit	Surge Fit Instructor Training	Workshop/Seminar	0.8	12/31/2025	www.surge-fit.com
Surge Fit	Surge Strength Instructor Training	Workshop/Seminar	0.8	12/31/2025	www.surge-fit.com
SWERK, LLC	Official SWERK Instructor	Workshop/Seminar	0.6	12/31/2025	sweatworkwerk.com
Synapse CCR	Custom Calibrated Resistance Specialist 1.0	Workshop/Seminar	0.8	12/31/2025	synapse-ccr.com
Taelered Training	Fitness Coach Academy	Home Study	1.8	12/31/2025	https://taelerdehaes.com/
Tailored Coaching Method	Online Coaching Specialist	Home Study	1.9	12/31/2025	https://tailoredcoachingmethod.com/
Taipei City Government, Department of Sports	2025 Taipei Sports Science Forum	Conference	0.5	12/31/2025	https://forms.gle/dRYeUVt6dzngFKU9
Take Uncommon Action	The TUA Method Level 1	Workshop/Seminar	1.9	12/31/2025	takeuncommonaction.com
Tampa Bay Bodies	Line Dance Young and Old	Workshop/Seminar	0.8	12/31/2025	Tampabaybodies.com
Temple Human Performance	PHYIOKINETIX: Level 1: Mobility	Workshop/Seminar	0.8	12/31/2025	templehp.com/workshops

Temple Human Performance	PHYSIOKINETIX: Advanced Functional Assessments	Workshop/Seminar	0.8	12/31/2025	templehp.com/workshops
Temple Human Performance	PHYSIOKINETIX: Level 2: Stability	Workshop/Seminar	0.8	12/31/2025	templehp.com/workshops
The BioMechanics Method	The BioMechanics Method Corrective Exercise Specialist Course	Home Study	1.9	12/31/2025	www.thebiomechanicsmethod.com
The Brand X Method	Brand X Professional Youth Coach	Home Study	1.0	12/31/2025	https://thebrandxmethod.com
The Coastal Yogi, LLC	The Coastal Method Yoga Sculpt Teacher Training	Workshop/Seminar	1.9	12/31/2025	https://www.thecoastalyogi.com
The FIT Institute	Fascial Abrasion Technique - FAT-Tool™ Technique	Workshop/Seminar	0.7	12/31/2025	https://www.thefitinstitute.com/training/
The Fitclub Academy - TFA (A Unit of TFA Fitness Education & Research LLP)	Fitness Nutrition Specialist	Workshop/Seminar	1.9	12/31/2025	https://tfaworld.org/
The Fitclub Academy - TFA (A Unit of TFA Fitness Education & Research LLP)	Functional Training Specialist	Workshop/Seminar	1.8	12/31/2025	https://tfaworld.org
The Fitt Cycle	The Fitt Cycle Macro Method & Training	Home Study	1.2	12/31/2025	https://www.thefittcycle.com
The GroupX Method	GroupX Method L.I.T. Method Training	Workshop/Seminar	0.3	12/31/2025	www.groupxmethod.com
The Houstonian Club	Houstonian CEC Conference	Conference	1.9	12/31/2025	www.houstonian.com/houstonian-cec-conference
The Inspired Life University	3 Secrets to Thriving as a Successful Fitness Leader	Workshop/Seminar	0.2	12/31/2025	www.inspiredwithkimberly.com
The Inspired Life University	Building Your Wellness Brand	Workshop/Seminar	0.2	12/31/2025	www.inspiredwithkimberly.com
The Inspired Life University	How to Become a Wellness Leader	Workshop/Seminar	0.2	12/31/2025	www.theinspiredifeuniversity.com
The Inspired Life University	How to Successfully Promote Your Brand Online	Workshop/Seminar	0.2	12/31/2025	www.inspiredwithkimberly.com
The Inspired Life University	Next Level Leadership	Workshop/Seminar	0.8	12/31/2025	www.inspiredwithkimberly.com
The Inspired Life University	P.O.W.E.R. Coach Training	Workshop/Seminar	0.8	12/31/2025	www.inspiredwithkimberly.com
The Inspired Life University	Wellness Advisor Training	Workshop/Seminar	0.8	12/31/2025	
The Inspired Life University	Wellness Is The New Fitness	Home Study	0.2	12/31/2025	www.theinspiredifeuniversity.com
The Inspired Life University	Wellness Leader Mentorship Experience	Workshop/Seminar	0.8	12/31/2025	www.theinspiredifeuniversity.com
The MINT Prjct	The MINT Prjct Trainer Certification Course	Home Study	0.5	12/31/2025	themintprjct.com
The Mobility Recipe	The Mobility Recipe - Mobility Training Specialist Course	Home Study	1.0	12/31/2025	https://www.mobilitytrainingspecialist.com/
The Nutritious Life Studio	The Nutritious Life Studio Master Certificate	Home Study	1.9	12/31/2025	https://www.nutritiouslife.com/tns
The Ready State	Movement & Mobility 101 - 2ND Edition	Home Study	1.2	12/31/2025	https://thereadystate.com/product/movement-mobility-101-v2/
The Ready State	Movement & Mobility 102 Coach's Course	Home Study	1.3	12/31/2025	https://thereadystate.com/movement-mobility-102/
The Ready State	Training the Injured Athlete	Home Study	1.2	12/31/2025	https://thereadystate.com/product/training-the-injured-athlete
The Recovery Lab	Recovery Lab Assisted Stretching Fundamentals	Home Study	0.7	12/31/2025	Recoverylab.co
The SO Academy	Module 1.0 Functional Mat Pilates	Home Study	1.9	12/31/2025	www.thesoacademy.com
The SO Academy	Module 1.0 Functional Reformer Pilates	Workshop/Seminar	1.9	12/31/2025	www.thesoacademy.com
The Stretching Institute	The Certificate in Stretching & Flexibility Fundamentals & Physiology of Flexibility, plus Advanced	Home Study	1.3	12/31/2025	https://stretchcoach.com/
The Whole Health Project	Trauma Aware Breath Coach Training	Home Study	1.9	12/31/2025	www.thewholehealthproject.co
The Whole Health Project	Trauma Aware Facilitation Training	Home Study	0.8	12/31/2025	www.thewholehealthproject.co
The Whole Health Project	Trauma Aware Meditation Teacher Training	Home Study	1.9	12/31/2025	www.thewholehealthproject.co
The Whole Health Project	Trauma Aware Yin Yoga Teacher Training	Home Study	1.9	12/31/2025	www.thewholehealthproject.co
The Zinn Method	The Zinn Method: Fascia & Mobility Essentials	Workshop/Seminar	0.3	12/31/2025	www.jessazinn.com
Tiger Tail USA	Tiger Tail(r) Active Recovery Instructor Training	Workshop/Seminar	0.8	12/31/2025	www.tigertailusa.com
Tiger Tail USA	Tiger Tail(r) Active Recovery Instructor Training Online	Home Study	0.8	12/31/2025	www.tigertailusa.com
Total Body Tabata LLC	Tabata Basic Instructor Training Self Study Course	Home Study	0.8	12/31/2025	http://www.totalbodytabata.com
Tough Agers LLC	Dementia Client Strategies for Trainers	Home Study	0.4	12/31/2025	toughagers.com
Tough Agers LLC	ToughAgers® 2.0 Instructors Course, Active Older Adult Fitness	Home Study	0.6	12/31/2025	toughagers.com
Tough Agers LLC	ToughAgers® 2.0 Instructors Course, Active Older Adult Fitness	Workshop/Seminar	0.6	12/31/2025	toughagers.com
TRAINER360	EVOLUTION360 TRAINER L1	Home Study	0.7	12/31/2025	https://www.evolution360.fit
TRAINER360	EVOLUTION360 TRAINER L2	Home Study	1.1	12/31/2025	www.trainer360.fit
Trampoline Fitness™	Trampoline Fitness	Workshop/Seminar	1.6	12/31/2025	https://trampolinefitness.com.au
Tress Marketing Solutions, LLC	Advanced Macronutrient Certificate	Workshop/Seminar	0.4	12/31/2025	fasterwaytofatloss.com
Tress Marketing Solutions, LLC	FASTER Way to Fat Loss Coach	Home Study	0.5	12/31/2025	https://www.fasterwaytofatloss.com/certification/
Tress Marketing Solutions, LLC	FASTER Way to Fat Loss Specialty Certificate in Group X	Workshop/Seminar	0.5	12/31/2025	www.fasterwaytofatloss.com
Tress Marketing Solutions, LLC	Hormone Specialist Certificate	Workshop/Seminar	0.4	12/31/2025	fasterwaytofatloss.com
TRIBE Team Training USA	TRIBE Team Training Coaching Foundations	Workshop/Seminar	0.5	12/31/2025	www.tribeamtraining.com
TRIBE Team Training USA	TRIBE Team Training TribeCORE	Workshop/Seminar	0.4	12/31/2025	www.tribeamtraining.com
TRIBE Team Training USA	TRIBE Team Training TribeFIT	Workshop/Seminar	0.4	12/31/2025	www.tribeamtraining.com
TRIBE Team Training USA	TRIBE Team Training TribeKIDS	Workshop/Seminar	0.4	12/31/2025	www.tribeamtraining.com
TRIBE Team Training USA	TRIBE Team Training TribeLIFE	Workshop/Seminar	0.4	12/31/2025	www.tribeamtraining.com
TRIBE Team Training USA	TRIBE Team Training TribePUNCH	Workshop/Seminar	0.4	12/31/2025	www.tribeamtraining.com
Tripod Your Core	Whole-Body Core Strengthening	Workshop/Seminar	0.2	12/31/2025	TripodyourCore.com
TrueTurn Inc.	TrueTurnPro Personal Trainer Course - Level 1	Workshop/Seminar	0.4	12/31/2025	www.trueturnpro.com
TRX	TRX Advanced Group Training Course (AGTC)	Workshop/Seminar	1.8	12/31/2025	TRXtraining.com
TRX	TRX Delivering Your Experience	Workshop/Seminar	0.1	12/31/2025	https://www.trxtraining.com/trx-academy
TRX	TRX for Battle Ropes	Home Study	0.2	12/31/2025	trxtraining.com/education
TRX	TRX For Cycling	Home Study	0.1	12/31/2025	
TRX	TRX for Elastic Resistance Training	Home Study	0.4	12/31/2025	trxtraining.com/education
TRX	TRX for Golf	Home Study	0.5	12/31/2025	www.trxtraining.com/education
TRX	TRX For Kettlebells	Home Study	0.2	12/31/2025	trxtraining.com/education
TRX	TRX for Medicine Balls and Slam Balls	Home Study	0.2	12/31/2025	trxtraining.com/education
TRX	TRX for RIP Training	Home Study	0.2	12/31/2025	trxtraining.com/education
TRX	TRX for Running	Home Study	0.1	12/31/2025	
TRX	TRX for the Female Athlete	Home Study	0.1	12/31/2025	www.trxtraining.com/education
TRX	TRX for The Post Natal Athlete	Workshop/Seminar	0.1	12/31/2025	www.trxtraining.com/education
TRX	TRX for the Prenatal Athlete	Home Study	0.1	12/31/2025	www.trxtraining.com/education
TRX	TRX For Yoga	Home Study	0.5	12/31/2025	TRXtraining.com
TRX	TRX FORCE Operator's Training Course (Level 1)	Workshop/Seminar	0.4	12/31/2025	www.trxtraining.com
TRX	TRX FORCE Operator's Training Course (Level 2)	Workshop/Seminar	0.8	12/31/2025	www.trxtraining.com
TRX	TRX FORCE Operator's Training Course (Level 3)	Workshop/Seminar	1.6	12/31/2025	www.trxtraining.com
TRX	TRX Functional Training Course (FTC)	Workshop/Seminar	0.7	12/31/2025	www.trxtraining.com
TRX	TRX Group Training Course (GTC)	Workshop/Seminar	0.8	12/31/2025	www.trxtraining.com
TRX	TRX Next Level HIIT	Home Study	0.2	12/31/2025	https://www.trxtraining.com/trx-academy
TRX	TRX Pilates Course	Workshop/Seminar	0.5	12/31/2025	https://www.trxtraining.com/pages/education
TRX	TRX Rehab Essentials	Home Study	0.3	12/31/2025	https://www.trxtraining.com/pages/education
TRX	TRX RIP Training Course (RTC)	Workshop/Seminar	0.8	12/31/2025	www.trxtraining.com
TRX	TRX Sports Medicine Suspension Training Course (SMSTC)	Workshop/Seminar	0.7	12/31/2025	
TRX	TRX Suspension Training Course (STC)	Workshop/Seminar	0.7	12/31/2025	www.trxtraining.com
TRX	TRX Suspension Training Course: Live Virtual Edition	Workshop/Seminar	0.7	12/31/2025	www.trxtraining.com/trx-academy
TRX	TRX Suspension Training Digital Course	Home Study	0.7	12/31/2025	www.trxtraining.com/education
TRX	TRX Training in 90min	Home Study	0.2	12/31/2025	https://www.trxtraining.com/trx-academy
TRX	TRX Training Lenses 2.0	Workshop/Seminar	0.1	12/31/2025	https://www.trxtraining.com/trx-academy
TRX	TRX TRAINING SUMMIT	Conference	0.6	12/31/2025	https://www.trxtraining.com/pages/training-summit-flori

TRX	TRX Training Through the Stages	Home Study	0.2	12/31/2025	<a href="https://www.txtrtraining.com/trx-academy">https://www.txtrtraining.com/trx-academy</a>
TRX	TRX Training Unplugged: Balancing Technology & Performance	Workshop/Seminar	0.2	12/31/2025	<a href="https://www.txtrtraining.com/trx-academy">https://www.txtrtraining.com/trx-academy</a>
TRX	TRX Virtual Training Course	Home Study	0.4	12/31/2025	<a href="http://www.txtrtraining.com/education">www.txtrtraining.com/education</a>
TRX	TRX Yoga Flow	Workshop/Seminar	0.7	12/31/2025	<a href="http://txtrtraining.com">txtrtraining.com</a>
TRX	TRX Yoga Foundations Online Course	Workshop/Seminar	0.7	12/31/2025	<a href="http://www.txtrtraining.com/education">www.txtrtraining.com/education</a>
TRX	TRX Yoga Hip Opening	Home Study	0.2	12/31/2025	<a href="http://txtrtraining.com">txtrtraining.com</a>
TRX	TRX Yoga Inversions	Home Study	0.2	12/31/2025	<a href="http://txtrtraining.com">txtrtraining.com</a>
TRX	YBELL COACHING COURSE	Workshop/Seminar	0.7	12/31/2025	<a href="https://www.txtrtraining.com/products/ybcc">https://www.txtrtraining.com/products/ybcc</a>
TRX	YBELL ONLINE INTRODUCTORY WORKSHOP	Workshop/Seminar	0.2	12/31/2025	<a href="https://www.txtrtraining.com/products/ybcc">https://www.txtrtraining.com/products/ybcc</a>
Tune Up Fitness Worldwide, Inc.	The Roll Model® Method - Ball Sequencing & Innovation	Workshop/Seminar	0.7	12/31/2025	<a href="http://www.tuneupfitness.com">www.tuneupfitness.com</a>
Tune Up Fitness Worldwide, Inc.	The Roll Model® Method - Correspondence Course	Workshop/Seminar	1.4	12/31/2025	<a href="http://www.tuneupfitness.com">www.tuneupfitness.com</a>
Tune Up Fitness Worldwide, Inc.	The Roll Model® Method -The Science of Rolling	Workshop/Seminar	0.8	12/31/2025	<a href="http://www.tuneupfitness.com">www.tuneupfitness.com</a>
Tune Up Fitness Worldwide, Inc.	Treat While You Train- Correspondence Course	Workshop/Seminar	1.1	12/31/2025	<a href="http://www.tuneupfitness.com">www.tuneupfitness.com</a>
Turn Up Dance Fitness (Turn Up With Tanci LLC)	Turn Up and Tone	Workshop/Seminar	0.7	12/31/2025	<a href="http://www.turnupdancefitness.com">www.turnupdancefitness.com</a>
Turn Up Dance Fitness (Turn Up With Tanci LLC)	Turn Up Dance Fitness	Workshop/Seminar	0.7	12/31/2025	<a href="http://www.turnupwithtanci.com">www.turnupwithtanci.com</a>
Turn Up Dance Fitness (Turn Up With Tanci LLC)	Turn Up Dance Fitness Conference 2025	Conference	1.8	12/31/2025	<a href="http://www.turnupdancefitness.com">www.turnupdancefitness.com</a>
Two-Brain Business	Two-Brain Business Mentorship	Home Study	0.9	12/31/2025	<a href="https://twobrainbusiness.com/">https://twobrainbusiness.com/</a>
United Endurance Sports Coaching Academy	Endurance Sports Nutrition Coach	Home Study	1.5	12/31/2025	<a href="http://www.coachendurancesports.com">www.coachendurancesports.com</a>
United Endurance Sports Coaching Academy	Endurance Strength and Conditioning Coach	Home Study	1.9	12/31/2025	<a href="http://www.uesca.com">www.uesca.com</a>
United Endurance Sports Coaching Academy	Running Coach Course	Home Study	1.9	12/31/2025	<a href="http://www.coachendurancesports.com">www.coachendurancesports.com</a>
United Endurance Sports Coaching Academy	Triathlon Coaching Course	Home Study	1.9	12/31/2025	<a href="http://www.coachendurancesports.com">www.coachendurancesports.com</a>
United Endurance Sports Coaching Academy	UESCA Cycling Coach Course	Home Study	1.9	12/31/2025	<a href="http://www.coachendurancesports.com">www.coachendurancesports.com</a>
United Endurance Sports Coaching Academy	Ultrarunning Coach Course	Home Study	1.9	12/31/2025	<a href="http://www.coachendurancesports.com">www.coachendurancesports.com</a>
UpBeat Barre	UpBeat Barre Training	Workshop/Seminar	0.9	12/31/2025	<a href="http://upbeatbarre.com">upbeatbarre.com</a>
UpBeat Barre	UpBeat LIFT	Home Study	1.5	12/31/2025	<a href="http://www.upbeatbarre.com">www.upbeatbarre.com</a>
UpBeat Barre	UpBeat PILATES	Home Study	0.9	12/31/2025	<a href="http://www.upbeatbarre.com">www.upbeatbarre.com</a>
Uplifted Yoga	200 Hour Yoga Teacher Training	Home Study	1.9	12/31/2025	<a href="https://www.brettlarkin.com/online-yoga-teacher-training/">https://www.brettlarkin.com/online-yoga-teacher-training/</a>
Uplifted Yoga	300 Hour Yoga Teacher Training	Home Study	1.9	12/31/2025	<a href="https://www.brettlarkin.com/300-hour-online-yoga-teacher-training/">https://www.brettlarkin.com/300-hour-online-yoga-teacher-training/</a>
US Fitness Holdings LLC	2025 Explosive Performance Mentorship	Workshop/Seminar	1.9	12/31/2025	<a href="http://onelifefitness.com">onelifefitness.com</a>
US Fitness Holdings LLC	APEX SIGNATURE INSTRUCTOR TRAINING	Workshop/Seminar	0.5	12/31/2025	<a href="http://www.onelifefitness.com">www.onelifefitness.com</a>
US Fitness Holdings LLC	APEX Yoga Intervals	Workshop/Seminar	0.5	12/31/2025	<a href="http://www.onelife.com">www.onelife.com</a>
US Fitness Holdings LLC	CORE	Workshop/Seminar	0.5	12/31/2025	
US Fitness Holdings LLC	LIIT - Low Intensity Interval Training	Workshop/Seminar	0.5	12/31/2025	<a href="http://www.onelifefitness.com">www.onelifefitness.com</a>
US Fitness Holdings LLC	MOVE	Workshop/Seminar	0.5	12/31/2025	
US Fitness Holdings LLC	PT Core Competencies	Workshop/Seminar	0.6	12/31/2025	<a href="http://explosiveperformance.com">explosiveperformance.com</a>
US Fitness Holdings LLC	SPARK Indoor Cycle	Workshop/Seminar	0.5	12/31/2025	
US Fitness Holdings LLC	Strength Lab	Workshop/Seminar	0.5	12/31/2025	
US Fitness Holdings LLC	Stretch & Recovery Specialist	Home Study	0.8	12/31/2025	<a href="http://onelifefitness.com">onelifefitness.com</a>
US Fitness Holdings LLC	SURGE Aqua Signature Class Instructor Training	Workshop/Seminar	0.5	12/31/2025	<a href="http://www.onelifefitness.com">www.onelifefitness.com</a>
USA Australia Sports School	Exercise Mechanics & Anatomy in Resistance Training	Workshop/Seminar	1.9	12/31/2025	
USA Australia Sports School	Functional Tools Mastery & Rehab Protocols	Workshop/Seminar	1.9	12/31/2025	
Valemee Fitness	Valemee Adaptive Fitness System Professional Level 1	Home Study	0.7	12/31/2025	<a href="http://valemee.com">valemee.com</a>
Valemee Fitness	Valemee Adaptive Fitness System Professional Level 2	Home Study	1.0	12/31/2025	<a href="http://valemee.com">valemee.com</a>
Veronica Garza Gonzalez	Certificacion de Pilates Mat	Workshop/Seminar	0.8	12/31/2025	
Veronica Garza Gonzalez	Pilates Reformer Certification	Workshop/Seminar	1.8	12/31/2025	
VertiMax	VertiMax Training Course	Workshop/Seminar	0.7	12/31/2025	<a href="http://www.vertimax.com">www.vertimax.com</a>
VertiMax	VertiMax Virtual Training Course	Home Study	0.6	12/31/2025	<a href="http://www.vertimax.com">www.vertimax.com</a>
VIDA Fitness	*TKO* Instructor Training	Workshop/Seminar	0.8	12/31/2025	<a href="https://vidafitness.com">https://vidafitness.com</a>
VIDA Fitness	Barre Instructor Training	Workshop/Seminar	1.9	12/31/2025	<a href="https://vidafitness.com">https://vidafitness.com</a>
VIDA Fitness	Coach-by-Color Cycling Instructor Training	Workshop/Seminar	0.8	12/31/2025	<a href="http://vidafitness.com">vidafitness.com</a>
VIDA Fitness	Stretch & Mobility Instructor Training	Workshop/Seminar	1.6	12/31/2025	<a href="http://vidafitness.com">vidafitness.com</a>
VIDA Fitness	SweatBoss Training	Workshop/Seminar	1.6	12/31/2025	<a href="http://vidafitness.com">vidafitness.com</a>
VIDA Fitness	Training the Pre & Postnatal Client	Workshop/Seminar	0.4	12/31/2025	<a href="https://vidafitness.com">https://vidafitness.com</a>
VIDA Fitness	VIDA 200 Hour Yoga Teacher Training	Workshop/Seminar	1.9	12/31/2025	<a href="https://vidafitness.com/yogateachertraining/">https://vidafitness.com/yogateachertraining/</a>
Vivobarefoot	Barefoot Movement Coach	Home Study	0.4	12/31/2025	<a href="http://www.vivobarefoot.com">www.vivobarefoot.com</a>
Vivobarefoot	Foot Health and Movement	Workshop/Seminar	0.3	12/31/2025	<a href="http://vivobarefoot.com">vivobarefoot.com</a>
Volzano Sport	FIFA Diploma in Football Medicine	Workshop/Seminar	0.7	12/31/2025	<a href="http://www.volzanosport.com">www.volzanosport.com</a>
WARRIOR Instructor Academy	WARRIOR Combat Instructor Training (LIVE)	Workshop/Seminar	0.8	12/31/2025	<a href="https://warriorinstructors.com/">https://warriorinstructors.com/</a>
WARRIOR Instructor Academy	WARRIOR Revolution Instructor Training   Self Study	Home Study	1.0	12/31/2025	<a href="http://warriorinstructors.com">warriorinstructors.com</a>
WARRIOR Instructor Academy	WARRIOR Rhythm™ Instructor Training (LIVE)	Workshop/Seminar	0.8	12/31/2025	<a href="https://warriorinstructors.com/">https://warriorinstructors.com/</a>
WARRIOR Instructor Academy	WARRIOR Strength™ Instructor Training (LIVE)	Workshop/Seminar	0.8	12/31/2025	<a href="https://warriorinstructors.com/">https://warriorinstructors.com/</a>
Wellness Law, LLC	Wellness Law Essentials	Home Study	0.6	12/31/2025	<a href="http://www.wellnesslaw.com">www.wellnesslaw.com</a>
WERQ Fitness	WERQ Dance Fitness Professional	Workshop/Seminar	0.8	12/31/2025	<a href="http://www.WERQfitness.com">www.WERQfitness.com</a>
WERQ Fitness	WERQ Like a Boss	Workshop/Seminar	0.4	12/31/2025	<a href="http://www.werqfitness.com">www.werqfitness.com</a>
Winter Park Chiro	Progressive Overload & Load-Management Strategies for Weekend Warriors and Athletes: Optimizing	Workshop/Seminar	0.3	12/31/2025	<a href="http://winterparkchiro.com">winterparkchiro.com</a>
Working Against Gravity	Working Against Gravity	Home Study	0.9	12/31/2025	<a href="http://www.workingagainstgravity.com/coach-certification">www.workingagainstgravity.com/coach-certification</a>
Workout Anytime Franchising LLC	Coach's Academy	Workshop/Seminar	0.6	12/31/2025	<a href="http://www.workoutanytime.com">www.workoutanytime.com</a>
Workout Anytime Franchising LLC	Performance Leadership Academy	Workshop/Seminar	1.2	12/31/2025	<a href="http://www.workoutanytime.com">www.workoutanytime.com</a>
Workout Anytime Franchising LLC	Profitable Personal Training Academy	Workshop/Seminar	1.3	12/31/2025	<a href="http://www.workoutanytime.com">www.workoutanytime.com</a>
WSWCF Academy	Calisthenics and Street Workout Personal Trainer	Home Study	1.9	12/31/2025	<a href="https://wswcfacademy.com/">https://wswcfacademy.com/</a>
XBODY USA LLC	XBody EMS USA Trainer	Workshop/Seminar	1.9	12/31/2025	
XCO Latin Workout by Jackie	XCO ATHLETICS / XCO LATINO ATLETICO	Workshop/Seminar	1.6	12/31/2025	<a href="http://WWW.XCOLATINBYJACKIE.COM">WWW.XCOLATINBYJACKIE.COM</a>
XCO Latin Workout by Jackie	XCO Latin Workout by Jackie	Workshop/Seminar	1.4	12/31/2025	<a href="https://xcolatinbyjackie.com">https://xcolatinbyjackie.com</a>
XCO Latin Workout by Jackie	XCO LATINO STEP / XCO STEP	Workshop/Seminar	1.7	12/31/2025	<a href="http://WWW.XCOLATINBYJACKIE.COM">WWW.XCOLATINBYJACKIE.COM</a>
XPERT Fitness	XPERT Aerial Hoop	Workshop/Seminar	1.6	12/31/2025	<a href="http://www.xpertpolefitness.com">www.xpertpolefitness.com</a>
XPERT Fitness	XPERT Aerial Silks	Workshop/Seminar	1.6	12/31/2025	<a href="http://www.xpertpolefitness.com">www.xpertpolefitness.com</a>
XPERT Fitness	XPERT Children's Pole & Aerial Teacher Training	Workshop/Seminar	1.6	12/31/2025	<a href="http://www.xpertpolefitness.com">www.xpertpolefitness.com</a>
XPERT Fitness	XPERT Flexibility Flow	Workshop/Seminar	1.6	12/31/2025	<a href="http://www.xpertpolefitness.com">www.xpertpolefitness.com</a>
XPERT Fitness	XPERT Pole Fitness Level 1 & 2	Workshop/Seminar	1.6	12/31/2025	<a href="http://www.xpertpolefitness.com">www.xpertpolefitness.com</a>
XPERT Fitness	XPERT Pole Fitness Level 3 & 4	Workshop/Seminar	1.6	12/31/2025	<a href="http://www.xpertpolefitness.com">www.xpertpolefitness.com</a>
XPERT Fitness	XPERT Spinning Pole Teacher Training	Workshop/Seminar	1.6	12/31/2025	<a href="http://www.xpertpolefitness.com">www.xpertpolefitness.com</a>
XTEND	XTEND 5 Day ERT	Workshop/Seminar	1.9	12/31/2025	<a href="http://www.xtendbarre.com">www.xtendbarre.com</a>
Xtreme Hip Hop with Phil	Xtreme Hip-Hop™ Instructor Training	Workshop/Seminar	0.7	12/31/2025	<a href="http://www.xtremehiphopwithphil.com">www.xtremehiphopwithphil.com</a>
YMCA of Greater Charlotte	YMCA of Greater Charlotte: YUniversity	Conference	1.9	12/31/2025	<a href="https://ymcagreatercharlotte.clubconnect.com/workshops">https://ymcagreatercharlotte.clubconnect.com/workshops</a>
Yoga with Kassandra Inc	Online Yin Yoga Teacher Training	Home Study	1.3	12/31/2025	<a href="http://www.yogawithkassandra.com/yytin">www.yogawithkassandra.com/yytin</a>
YOGABODY	Stretching Coach	Workshop/Seminar	1.9	12/31/2025	<a href="https://www.yogateacherscollege.com/">https://www.yogateacherscollege.com/</a>

YOGABODY	YOGABODY Breathing Coach	Workshop/Seminar	1.5	12/31/2025	<a href="https://www.yogateacherscollege.com/">https://www.yogateacherscollege.com/</a>
YogaFaith	YOGAFAITH MODULE ONE: In the Beginning	Home Study	1.9	12/31/2025	<a href="https://yogafaith.org/">https://yogafaith.org/</a>
YogaRenew Teacher Training	20 Hour Yin Yoga Teacher Training	Home Study	1.9	12/31/2025	<a href="https://www.yogarenewteachertraining.com/">https://www.yogarenewteachertraining.com/</a>
YogaRenew Teacher Training	200 HOUR YOGA TEACHER TRAINING COURSE INHATHA & VINYASA YOGA	Home Study	1.9	12/31/2025	<a href="https://www.yogarenewteachertraining.com/">https://www.yogarenewteachertraining.com/</a>
YOO Pilates & Barre Academy / YOO Health & Fitness Limited	ANIT™ LEVEL 1 Instructor Course	Workshop/Seminar	1.9	12/31/2025	<a href="http://www.yoopilatesbarre.fit">www.yoopilatesbarre.fit</a>
Z-Health Performance Solutions	Defying Gravity: Brain-Based Fall Prevention Online	Home Study	1.4	12/31/2025	<a href="https://zhealtheducation.com/">https://zhealtheducation.com/</a>
Z-Health Performance Solutions	Essentials for Elite Performance	Workshop/Seminar	1.9	12/31/2025	<a href="http://zhealtheducation.com/">http://zhealtheducation.com/</a>
Z-Health Performance Solutions	Essentials of Elite Performance Mini-Course (previously Neurofundamentals)	Home Study	1.0	12/31/2025	<a href="https://zhealtheducation.com/">https://zhealtheducation.com/</a>
Z-Health Performance Solutions	Post-Concussion Syndrome Rehabilitation: A Step-by-Step Approach	Home Study	0.5	12/31/2025	<a href="https://zhealtheducation.com/">https://zhealtheducation.com/</a>
Z-Health Performance Solutions	The Breathing Gym	Home Study	0.3	12/31/2025	<a href="https://zhealtheducation.com/">https://zhealtheducation.com/</a>
ZUMBA	2025 SYNC SUMMIT	Conference	1.9	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	2025 ZIN Academy Mexico	Conference	0.7	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	2025 Zumba Instructor Convention - ZINCON	Conference	1.9	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	Aqua Zumba Instructor Training	Workshop/Seminar	0.8	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	CIRCL Mobility	Home Study	0.8	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	Cue Like A Pro ELearning	Home Study	0.3	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	Fighting Elements ELearning	Home Study	0.3	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	Happiness Unlocked	Home Study	0.2	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	MINI ZIN™ JAM SESSIONS- APRIL 2025	Workshop/Seminar	0.1	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	MINI ZIN™ JAM SESSIONS- AUGUST 2025	Workshop/Seminar	0.1	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	MINI ZIN™ JAM SESSIONS- December 2025	Workshop/Seminar	0.1	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	MINI ZIN™ JAM SESSIONS- JULY 2025	Workshop/Seminar	0.1	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	MINI ZIN™ JAM SESSIONS- JUNE 2025	Workshop/Seminar	0.1	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	MINI ZIN™ JAM SESSIONS- MAY 2025	Workshop/Seminar	0.1	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	MINI ZIN™ JAM SESSIONS- November 2025	Workshop/Seminar	0.1	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	MINI ZIN™ JAM SESSIONS- OCTOBER 2025	Workshop/Seminar	0.1	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	MINI ZIN™ JAM SESSIONS- SEPTEMBER 2025	Workshop/Seminar	0.1	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	Self-Promotion is Your Superpower	Home Study	0.4	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	STRONG Nation ELearning	Home Study	0.4	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	STRONG Nation Instructor Training	Workshop/Seminar	0.8	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	Strong Nation On Demand Licensing	Home Study	1.2	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	STRONG NATION® with Weights	Home Study	0.5	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	SYNC LAB SESSION - APRIL 2025	Workshop/Seminar	0.3	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	SYNC LAB SESSION - AUGUST 2025	Workshop/Seminar	0.3	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	SYNC LAB SESSION - DECEMBER 2025	Workshop/Seminar	0.3	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	SYNC LAB SESSION - JULY 2025	Workshop/Seminar	0.3	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	SYNC LAB SESSION - JUNE 2025	Workshop/Seminar	0.3	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	SYNC LAB SESSION - MAY 2025	Workshop/Seminar	0.3	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	SYNC LAB SESSION - NOVEMBER 2025	Workshop/Seminar	0.3	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	SYNC LAB SESSION - OCTOBER 2025	Workshop/Seminar	0.3	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	SYNC LAB SESSION - SEPTEMBER 2025	Workshop/Seminar	0.3	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	SYNC LAB SESSIONS- FEBRUARY 2025	Workshop/Seminar	0.3	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	SYNC LAB SESSIONS- JANUARY 2025	Workshop/Seminar	0.3	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	SYNC LAB SESSIONS- MARCH 2025	Workshop/Seminar	0.3	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	TAKE THE LEAD: BUILDING CONFIDENCE + CONNECTIONS	Workshop/Seminar	0.4	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	ZIN™ ACADEMY SPAIN 2025	Conference	0.5	12/31/2025	<a href="https://spain.zumba.academy">https://spain.zumba.academy</a>
ZUMBA	ZIN™ JAM SESSIONS- APRIL 2025	Workshop/Seminar	0.3	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	ZIN™ JAM SESSIONS- AUGUST 2025	Workshop/Seminar	0.3	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	ZIN™ JAM SESSIONS- DECEMBER 2025	Workshop/Seminar	0.3	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	ZIN™ JAM SESSIONS- FEBRUARY 2025	Workshop/Seminar	0.3	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	ZIN™ JAM SESSIONS- JANUARY 2025	Workshop/Seminar	0.3	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	ZIN™ JAM SESSIONS- JULY 2025	Workshop/Seminar	0.3	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	ZIN™ JAM SESSIONS- JUNE 2025	Workshop/Seminar	0.3	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	ZIN™ JAM SESSIONS- MARCH 2025	Workshop/Seminar	0.3	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	ZIN™ JAM SESSIONS- MAY 2025	Workshop/Seminar	0.3	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	ZIN™ JAM SESSIONS- NOVEMBER 2025	Workshop/Seminar	0.3	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	ZIN™ JAM SESSIONS- OCTOBER 2025	Workshop/Seminar	0.3	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	ZIN™ JAM SESSIONS- SEPTEMBER 2025	Workshop/Seminar	0.3	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	Zumba Basic 1 Instructor Training	Workshop/Seminar	0.8	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	Zumba Gold Instructor Training	Workshop/Seminar	0.8	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	ZUMBA INSTRUCTOR LICENSING PROGRAM/BASIC STEPS 1	Home Study	1.0	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	Zumba Jump Start Gold Instructor Training	Workshop/Seminar	1.0	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	Zumba Jump Start Zumba-Kids & Kids Jr. Instructor	Workshop/Seminar	1.0	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	Zumba Kids + Kids Jr. Instructor Training	Workshop/Seminar	0.8	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	Zumba ProSkills Instructor Training	Workshop/Seminar	0.8	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	Zumba Rhythms 2	Workshop/Seminar	0.8	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	ZUMBA RHYTHMS 3	Workshop/Seminar	0.8	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	Zumba Step Instructor Training	Workshop/Seminar	0.8	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	Zumba Toning Instructor Training	Workshop/Seminar	0.8	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	ZUMBA VIRTUAL PRO	Workshop/Seminar	0.4	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>
ZUMBA	ZUMBA® WORLD RHYTHMS: HOUSE DANCE	Home Study	0.3	12/31/2025	<a href="http://www.zumba.com">www.zumba.com</a>